



Certificate of Publication



This is to confirm that
Savitha, Sajeeda begum, Kommineni Vinutha, B. Vamsi Krishna, M. Laya,
S. Kyathi, P. Sridevi

Published following article
Intermittent Fasting A Fast Forward to Wellness

Volume 9, Issue 5, pp: 940-945

www.ijprajournal.com

A Peer Reviewed and refereed Journal

**International Journal of Pharmaceutical Research
and Applications**

ISSN: 2456-4494

Publication Head