



Certificate of Publication



This is to confirm that
Rajesh Kumar Modak, DR. Vivek Chauhan (Pt)
Published following article

Comparative Study between Pilates Exercises and Yoga in Young Adults
with Non Specific Low Back Pain.

Volume 6, Issue 3, pp: 487-508

www.ijprjournal.com

A Peer Reviewed and refereed Journal

**International Journal of Pharmaceutical Research
and Applications**

ISSN: 2249-7781

Publication Head