

# Diversified Antimicrobial potency of Gourakshan product against Biofilm Producing Organisms

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Date of Submission: 05-05-2024

Date of Acceptance: 15-05-2024

## ABSTRACT

The current study was carried out to check the activity of Gorakshan product against Biofilm producing organisms. Total 20 clinical samples were collected during study and further processed for isolation and identification. The frequently encountered organisms from clinical samples are *S.mutans*, *E.coli*, *P. aeruginosa*, *S.typhi* and *S.aureus*. The biofilm producers were confirmed on the basis of Congo red agar method and Tube method. *S.mutans* and *S.typhi* were found to be biofilm producers. In further study antimicrobial activity of Gorakshan product was checked against biofilm producers. Snanadivilayan, Cow urine and Panchgavyasoap was found to be effective in controlling the organism.

**Keywords:** Cow urine, Snanadivilayan, Angrajsoap, Panchgavya soap and Maraham, Oral sample and Clinical sample

## I. INTRODUCTION

India is the land of traditions with its roots in ancient science directly linking social rituals and scientific reasons behind them in India, a cow is called Gau Mata and Kamdhenu due to its nourishing nature like a mother. Kamdhenu is the nature of the sacred cow who believed accomplish desired things. Panchgavya is treasure of health benefits and medicinal properties. The Ayurvedic system of medicine has described the significance of using cow milk, ghee, urine, dung, and curd each of which is termed 'gavya' (i.e., obtain from 'Gau' means cow) for the treatment of various diseases. Each product possesses different components and uses for human health Agriculture and other purposes. Panchgavya has been derive from two words, 'panch' meaning five and gavya meaning obtained from 'Gau' means cow (Bajaj et al.,2021).

For millennia, the cow has been central to Indian economy, life and culture. There are innumerable references-Vedic and subsequent, to the sacred significance of cow. The benefits of cow have been described at length in relation to Agriculture, Environment, Health, Economy and

Spiritual progress. The socio-political issues surrounding cow as a sacred animal have raised acrimonious debates. But such harangues should not prevent us from an open-minded enquiry into the medicinal value of cow products. To those who have any aesthetic repugnance to such a domain of study need to be reminded of the current major developments in the human gut microbiome and successful faecal transplants against the infections with *Clostridium difficile* (Raut and Vaidya, 2018).

## II. MATERIAL AND METHODS

### Collection of products–

Product like Distilled cow urine, Soaps, Maraham and Snanadivilayan are obtained from General store of local market, Akola.

### Collection of sample –

Oral infections samples such as dental caries, dental plaque and periodontal disease were collected from MSB Dental Clinic by using a sterile swab and urine and blood samples were collected from GMC Akola by using a EDTA tube.

### Isolation and Identification–

Using the swabbing technique, dental swab and urine samples and blood samples were inoculated on Nutrient agar.

The inoculation was then let to incubate for 24 hrs at 37°C. After isolation the isolates were processed for confirmation by morphological study.

On the basis of staining procedure morphology of isolates were observed. The confirmation of isolates was done by Biochemical Characterization in which sugar fermentation test and IMViC test was done.

On the basis of Cultural Morphology and Biochemical Characterization the isolates were tentatively confirmed (Bergey's Manual of Determinative Bacteriology, 1939).

On the basis of microscopic examination the isolates were confirmed i.e. *S.aureus*, *Escherichia coli*, *S.mutans*, *Salmonella typhi* and *Pseudomonas aeruginosa*.

The isolates were streaked on selective medium such as *S. aureus* grow on Mannitol salt agar, *Escherichia coli* grow on EMB agar, *S. mutans* grow on Salivarius agar, *Salmonella typhi* grow on Bismuth Sulfite agar and for *Pseudomonas aeruginosa* grow on Citrimide Agar and observed the colony.

#### **Biofilm production –**

The confirm isolates were study for the biofilm production with the help of Congo Red agar and tube method there is three isolates were not produced biofilm i.e. *E. coli*, *S. aureus* and *P. aeruginosa* and remaining two isolates were produced biofilm i.e. *S. mutans* and *S. typhi*. This biofilm producing isolates were use for the Antimicrobial activity test.

#### **Tube Method**

A loopful of the isolated bacteria from overnight cultured media was inoculated in each glass tube containing 10 ml of trypticase soy broth with 1% glucose. The inoculated tubes were then incubated at 37°C. After incubation for 24 hours, tubes were emptied and washed with phosphate buffer saline and left to dry. Crystal violet (0.1%) was used to stain the dried tubes for 15 minutes. Excess stain was then removed by washing the tubes with deionized water. The tubes were then dried in inverted position and examined for biofilm production. Presence of a visible film lining the bottom and the wall of the tube indicated positive result for biofilm production while formation of a stained ring at the air-liquid interface was an evidence of a negative result (Sultan et al., 2019)

#### **Congo Red Agar Method**

Congo red agar is a specially prepared medium composed of brain heart infusion (BHI) broth (37 g/l) supplemented with sucrose (50 g/l), agar No 1 (10 g/l) and Congo red (0.8 g/l). We prepared a concentrated aqueous solution of the Congo red stain that was then autoclaved at 121°C for 15 minutes. Finally it was added to the autoclaved BHI agar with sucrose at 55°C. Prepared CRA plates were inoculated with the isolated uropathogens and aerobically incubated at 37°C for 24 hours. Appearance of black dry crystalline colonies on the CRA plates indicated biofilm production while the colonies of biofilm non-producer remained pink or red colored. (Sultan et al., 2019)

#### **Antimicrobial activity Test –**

Antimicrobial activity of the soaps was carried out by agar diffusion technique firstly 10 gm of soaps extract was prepared by adding 100 ml of distilled water. It was prepared in a conical flask for the further use and remaining product like Distilled cow urine, Snanadivilayanand Maraham are directly used. The Molten Muller Hinton agar was inoculated with 100 µL of standardized test organisms and holes were bored equidistantly with a sterile cork borer of 6 mm in diameter. The bottom was sealed with a drop of agar and filled with different concentrations of the soap solutions (Oladosu Peters O. et al., 2018).

And the plates were incubated at 37°C for 18 to 24 hrs. Post incubation plates were observed for zone of inhibition around the wells, measured and recorded using transparent meter rule.

### **III. RESULTS AND DISCUSSION**

During the described work, a total of 20 clinical samples were collected from different pathology labs and 4 hospitals such as Government Medical College, Akola, MSB Dental Clinic, Akola. All the samples were collected under sterile conditions by wearing gloves and mask. A sterile tubes was used for sample collection (Table 1).

The samples were carried in the Microbiology Laboratory of Shri Shivaji College of Arts, Commerce and Science, Akola. Further it is processed for isolation and identification of bacteria. Isolation was done by inoculating samples on various selective media such as EMB Agar, *Pseudomonas* Isolation Agar, Bismuth Sulfite Agar, Mannitol Salt Agar and Mitis Salivarius Agar. The Cultural and Morphological characters were studied.

The obtained isolates were further checked for Biofilm formation ability of that organism. The confirmation Biofilm producer was done on the basis of the Test performed were Congo Red Agar Method and Test Tube Method. On the basis of test performed *S. mutans* and *S. typhi* were found to be biofilm producers whereas *P. aeruginosa*, *S. aureus*, *E. coli* are non-biofilm producing bacteria.

Loimaranta Vuokko et al., (2020) showed that both xylitol and erythritol inhibited real-time biofilm formation of the used *S. mutans* strains in the presence of 1% sucrose, but the sensitivity of the strains to polyols differed. The polyol-induced inhibition of the real-time biofilm formation was only partly explained by a decrease in the number of viable *S. mutans* cells or the amount of polysaccharides in the biofilms.

The ability of *P. aeruginosa* to form biofilm in wound has confirmed on the result of Harrison Balestraet al., (2003), who reported that biofilm formation by certain pathogens such as *P. aeruginosa* can sometimes be rapid and the presence of such organisms in wounds could lead to the development of biofilms within a period of 24 to 48 hours after colonization. Our results were accordance to the above results. (Table 2)

Further study was continued with the antimicrobial activity of different Gourakshan Product against biofilm producing organism was also checked. Angaraj soap and Marham shows very less zone of inhibition against isolates. So they were considered as Resistant whereas Panchagavya Soap shows zone of inhibition observed was 20 mm for *S. mutans* and 16mm for *S. typhi*. Similar zone of 21mm for *Snanadivilayan* against *S. mutans* and zone of

17mm against *S. typhi* was observed. Cow urine was best showing zone of 24 mm and 22.3 mm for *S. mutans* and *S. typhi* respectively. Both products were found to be effective remedy in controlling the infectious microflora. (Table 3 Graph 2)

Chaudhari Varsha, 2016 reported that the results of the zone of inhibitions using the organisms showed that there were significant differences ( $P < 0.05$ ) on the various microorganisms used for the study. *Staphylococcus aureus* have more zone of inhibition (42mm) while *Bacillus* have zone of inhibition (30mm). Significant differences were observed in the zone of inhibition in all types of antiseptic and herbal soaps used for the study. These results are in correlation of our results. We found *S. mutans* and *Salmonella typhi* having significant zone of inhibition against the Panchgavya Soap and *Snanadivilayan* (Gaurakshan Products). (Table 3)

**Table No 1: Isolates obtained from various clinical samples**

Sr No	Sample	Isolate obtain
1	A1	<i>E.coli</i> , <i>S. mutans</i> ,
2	A2	<i>S. mutans</i> , <i>S. aureus</i>
3	A3	<i>S. mutans</i> , <i>E.coli</i>
4	A4	<i>E. coli</i> , <i>S. mutans</i>
5	A5	<i>S. mutans</i> , <i>S. typhi</i>
6	A6	<i>S. aureus</i> , <i>P. areuginosa</i>
7	A7	<i>E.coli</i> , <i>S. typhi</i>
8	A8	<i>S. typhi</i>
9	A9	<i>S. aureus</i> , <i>P. areuginosa</i>
10	A10	<i>S. aureus</i> , <i>E.coli</i> ,
11	A11	<i>S. aureus</i> , <i>P. areuginosa</i>
12	A12	<i>S. mutans</i> , <i>S. typhi</i> ,
13	A13	<i>S. typhi</i> <i>P. areuginosa</i>
14	A14	<i>S. aureus</i> , <i>P. areuginosa</i>
15	A15	<i>E.coli</i> , <i>S. mutans</i> ,
16	A16	<i>S. mutans</i> , <i>S. aureus</i> , <i>P. areuginosa</i>
17	A17	<i>S. typhi</i> <i>P. areuginosa</i>
18	A18	<i>S. mutans</i> , <i>S. typhi</i>
19	A19	<i>S. typhi</i> , <i>E.coli</i> ,
20	A20	<i>S. typhi</i> <i>P. areuginosa</i>

**Table 2 : Frequency Distribution of Bacteria Found in various samples**

Sr.No.	Name of organisms	No. of Isolates (out of 40)	Percentage
1	<i>Escherichia coli</i>	7	17.5
2	<i>Staphylococcus aureus</i>	7	17.5
3	<i>P. aeruginosa</i>	8	21
4	<i>S. mutans</i>	9	23
5	<i>Salmonella typhi</i>	9	23

**Table 3 : Biofilm formation**

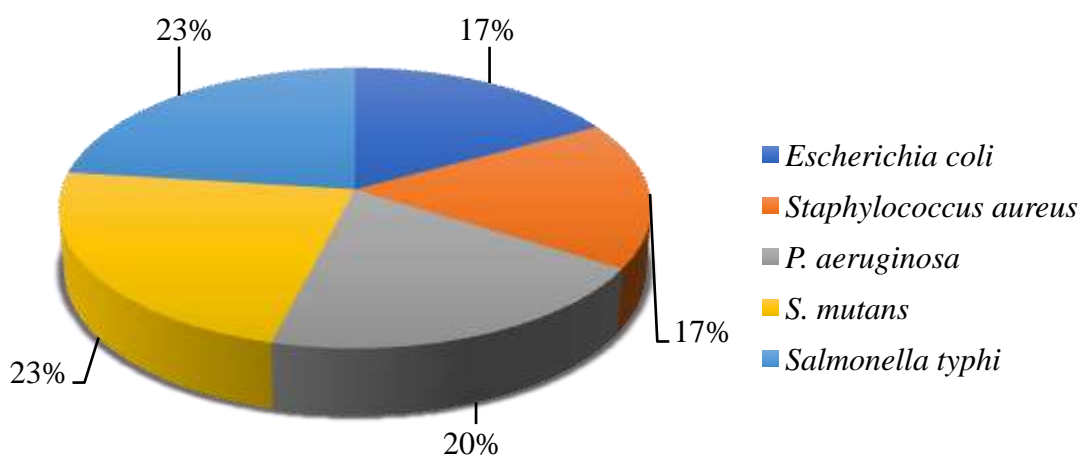
Sr.No.	Name of organisms	Biofilm Test
1	S. mutans	Positive
2	P. aeruginosa	Negative
3	Staphylococcus aureus	Negative
4	Salmonella typhi	Positive
5	Escherichia coli	Negative

**Key:- Positive Test = Biofilm Producers, Negative Test = Non-Biofilm Producers**

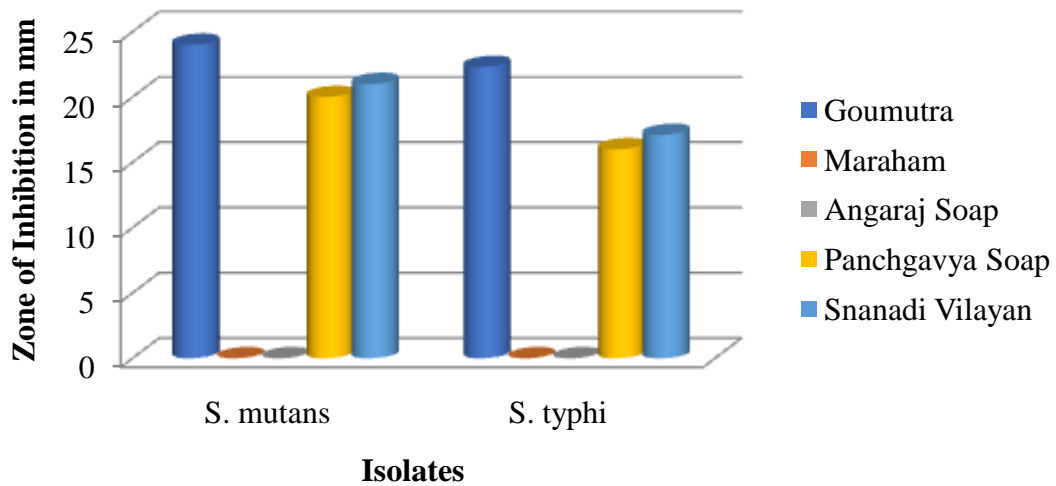
**Table 4: Antimicrobial Activity of different Gorakshan Products against clinical isolates (Biofilm Producers) obtained.**

Sr. No.	Isolates	Zone of inhibition (in mm)				
		Goumutra	Maraham	Angaraj Soap	Panchgavya Soap	SnanadiVilayan
1	S. mutans	24.0	R	R	20.0	21.0
2	S. typhi	22.5	R	R	16.0	17.1

**Graph 1 Frequency Distribution of Bacteria Found in various samples**



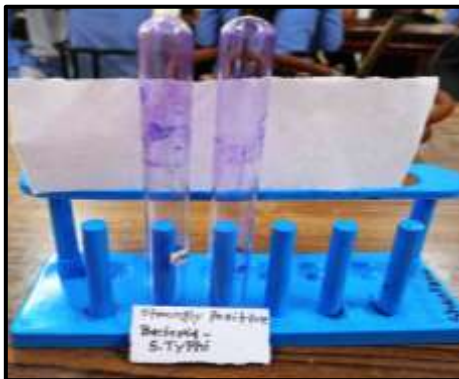
**Graph 2 : Antimicrobial Activity of different Gorakshan Products against clinical isolates (Biofilm Producers) obtained.**



**Biofilm Producing Bacteria S. typhi by Plate Method**



**Biofilm Producing Bacteria S. mutans by Plate Method**



**Biofilm Producing Bacteria S. typhi by Tube Method**



**Biofilm Producing Bacteria S. mutans by Tube Method**



**Antimicrobial Activity of Gorakshan products products against biofilm producing organism**

#### IV. CONCLUSION

The conclusion drawn from the study are –

- 1) The cow products studied during the present work was found to have high antibacterial activity.
- 2) As compare to other cow product tested Snanadivilayan was found to be best.
- 3) Least activity was shown by ointment prepared by using cow product.

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