

## Geographical variation in antibacterial activity of Nepalese *Acorus calamus* (Bojho) against Multi Drug Resistant Bacteria

Ronak Shrestha\*, Rashmi Thimi #, Namuna Regmi #, Sushanta Sharma Poudel#, Rupa Nepal, Pratik Khanal, Ram Krishna Shrestha, Rajan Shrestha\*

*Department of Pharmacy, Modern Technical College, Pokhara University, Nepal*

*Department of Medical Lab Technology, Modern Technical College, Pokhara University, Nepal*

*Department of Medical Lab Technology, Modern Technical College, Pokhara University, Nepal*

*Department of Medical Lab Technology, Modern Technical College, Pokhara University, Nepal*

*Department of Medical Lab Technology, Modern Technical College, Pokhara University, Nepal*

*Department of Pharmacy, Modern Technical College, Pokhara University, Nepal*

*Department of Medical Lab Technology, Modern Technical College, Pokhara University, Nepal*

*Department of Pharmacy, Kathmandu University, Nepal*

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### ABSTRACT

With the increasing appearance of multi-drug resistant (MDR) pathogens, plant products have been evoked as a remedy to treat the resistant microorganism. This study compares the phytochemical composition and the antibacterial activity of Hexane, Dichloromethane (DCM) and Water fraction of the ethanolic extract of *Acorus calamus* rhizome collected from Chitwan (220m), Dhading (750m) and Solukhumbu (2700m) in Nepal.

The antibacterial activity of the fractions against the MDR *Staphylococcus aureus* and *Escherichia coli* was evaluated by comparing zone of inhibition (ZOI), minimum inhibitory concentration (MIC) and minimum bactericidal concentration (MBC). The phytochemical screening of the fractions from the different location showed a similar phytochemical composition and contained terpenoids, tannin, alkaloids, flavonoids, glycosides and phenolic compounds. Despite the similar phytochemical composition, Hexane fraction of Solukhumbu showed significantly higher ZOI than of Dhading with lowest MIC and MBC of 12.5 mg/mL and 25 mg/mL, respectively, against the MDR *S. aureus*. Likewise, Hexane fraction of Dhading showed significantly higher ZOI than of Solukhumbu with lowest MIC and MBC of 6.25 mg/mL and 12.5 mg/mL, respectively, against the MDR *E. coli*. This study demonstrates the variance in antibacterial activity of extract fractions of *A. calamus* rhizome collected from different site against the tested MDR bacteria.

**Keywords:** *A. calamus*, rhizomes, Plant extract, antibacterial activity, Multi Drug Resistance

### I. INTRODUCTION

Microbial resistance to antibiotics and the appearance of multi drug resistant (MDR) pathogen have resulted in difficulty in treating bacterial infections with conventional antimicrobials. It has become a major global concern and threat to public health. It has been estimated that by the year 2050 A.D the problem of bacterial resistance will increase awfully and cause millions of deaths per year (O'Neil 2014). Limited therapeutic options for the MDR infections have resulted challenges in the combat of bacterial infections. This has made physicians to use either relatively expensive drugs or drugs with significant side effect(s) (Boucher et al. 2009). As a result, strategies such preventive efforts to lower bacterial MDR, innovative nanoparticle-based formulations, novel plant-derived antimicrobial agents are currently being applied globally against MDR. (Parmanik et al. 2022)

*Staphylococcus aureus* are spherical cocci, its infection is among the most common bacterial infections and ranges from mild to fatal. A common staphylococcal infection includes folliculitis, abscess, wound infection, osteomyelitis, tonsillitis, otitis, sinusitis, lung abscess, meningitis, bacteremia, septicemia, pyemia, endocarditis etc. Likewise, *Escherichia coli* belong to the family Enterobacteriaceae. They are gram negative rods and are part of intestinal tract normal flora of warm-blooded animals. The virulent strains of *E.*

coli however, act as specific pathogens and causes clinical infections including diarrhea, dysentery, neonatal meningitis, pneumonia, septic infections of wound, septicemia, UTI, and abscesses in various organs.

Researchers have been screening medicinal plants in the quest for new and more effective antimicrobial compounds, (Adhikary et al. 2011; Gyawali et al. 2014; Rahamouz-Haghighi et al. 2014). *Acorus calamus* (commonly known as Bojho in Nepal) belongs to the Araceae family and is also one type of medicinal plants with many benefits. In Nepal, Bojho is found in the wild as well as are cultivated up to 2700 m altitude. Among the various parts of the plant, the rhizomes are extensively used by the people. The medicinal properties of rhizomes include but is not limited to antispasmodic, anthelmintic, aromatic, sedative and stimulant effects. It is being used in treatment of various health conditions such as bronchial congestion, chronic diarrhea, dysentery, epilepsy, intermittent fever, mental illnesses, and tumors (Imam et al. 2013). The rhizomes are also considered to have antifungal and antibacterial properties (Souwalak et al. 2005). Earlier studies on *A. calamus* have revealed the presence of various phytochemical compounds which are regarded as a responsible factor for its medicinal use (Muchtarmah et al. 2019; Rahamouz-Haghighi et al. 2014). In the study conducted by Gyawali et al. the essential oil of *A. calamus* showed antibacterial activity against *S. aureus* and *E. coli* (Gyawali et al. 2013). The ethanolic extract of *A. calamus* was found to be effective against *S. aureus*, *E. coli* and *C. albicans* while Water extract showed ineffectiveness against both bacteria (Rita et al. 2019). Likewise, chloroform extract of *A. calamus* was found to be effective against *S. aureus* (Pokharel et al. 2023). Maharjan et al. (2012) evaluated the antibacterial activities of medicinal plants and found that the minimum bactericidal concentration (MBC) of hexane extract of *A. calamus* was 25 mg/mL for *S. aureus* (ATCC 25923). Rita et al. (2019) found a positive correlation between antimicrobial property of *A. calamus* and its flavonoid and phenolic content. This indicates flavonoid and phenolic contents of *A. calamus* are responsible for its antimicrobial property. The major volatile phytochemical components in *A. Calamus L.* includes asarone, trans- $\beta$ -Ocimene, Isocalamendiol, Methyleugenol, 3-Carene,  $\beta$ -asarone, Cetene,  $\beta$ -Guaiene,  $\beta$ -copaene, Tridecane and  $\alpha$ -Pinene. (Atalar and Türkan 2018)

Although many studies have been carried out previously on the screening of antimicrobial properties of *A. calamus*, there has been paucity of data on its activity against MDR pathogen and on the minimum inhibitory concentration (MIC) and MBC value. This study aimed to find the effect of geographical variation on *in vitro* antibacterial activity of *A. calamus* rhizome extracts against MDR bacteria.

## II. MATERIALS AND METHODS

### Collection, identification and extraction of plant materials

Plant samples were collected from 3 different altitudes of Nepal, 220 m from Chitwan, 750 m from Dhading, and 2700 m from Solukhumbu. The collected plants were identified as *A. calamus* from National Herbarium and Plant Laboratories, Godawari, Nepal (Regd. no 079-80-336).

The rhizome of the plant was shade dried and powdered using knife mill. The milled 80 gm powder was soaked in 800 mL ethanol for 24 hours at room temperature. Following the maceration, it was filtrated using filter paper. The obtained filtrate was concentrated using a water bath. The hexane fraction of the ethanolic extract was collected with 100 mL of a 1:1 mixture of Water and hexane followed by the DCM fraction with 100 mL of a 1:1 mixture of Water and DCM using a separating funnel. Finally, 3 fractions viz. hexane, DCM and Water were concentrated using a water bath. The percentage yield of each solvent fraction was calculated using the formula "Percentage yield = (Weight of solvent fraction / Weight of sample)  $\times$  100". The stock solution of 100 mg/mL for each fraction was made in DMSO and kept in cleaned capped glass tubes. These tubes were then stored in the refrigerator (2-8°C) until further use.

### Phytochemical screening

Phytochemical screening of *A. calamus* extracts of each location was done using detection reagents for distinct groups of compounds as described by Muchtaromah et al (2019).

### Collection of microbial samples

The clinical isolates of MDR *S. aureus* and *E. coli* were collected from STAR Hospital Pvt. Lt (Lalitpur, Nepal). The MDR *S. aureus* was resistant to Ceftriaxone, Cefixime, Cefpodoxime, Ciprofloxacin, Cloxacillin, Clotrimazole, Gentamicin, Norfloxacin, Novobiocin and Ofloxacin but sensitive to Cefatrizine, Meropenem,

Nitrofurantoin and Piperacillin. The MDR E. coli was resistant to Amoxicillin, Ceftriaxone, Cefixime, Cefotaxime, Ciprofloxacin, Clotrimazole, Gentamicin, Meropenem, Ofloxacin and Piperacilline.

**Evaluation of antibacterial activity**

For the study of the zone of inhibition (ZOI) produced by the fractions against the test organisms, the agar well diffusion method was used as described by Maharjan et al. (2012). Briefly, sterile plates of about 4 mm thick Mueller-Hinton agar (MHA) were inoculated with fresh bacterial inoculum comparable with 0.5 McFarland Standard using sterile cotton swab. After adequate drying at room temperature, with the help of sterile cork-borer no.8, four wells of 8 mm diameter were made in the plates. In each well 100 µl of hexane or DCM or Water fraction or DMSO as negative control were added and incubated for 18 to 24 h at 37°C. The plates were then observed for a clear inhibition zone of bacterial growth around the wells. The diameter of inhibition zone was measured and recorded as ZOI. The triplicate study for each sample was performed.

For the determination of MIC, the serial two-fold macro dilution method was used as described by Baron et al. (1994). Briefly, a set of 8 test tubes holding 1 mL of 50mg/mL, 25mg/mL, 12.5mg/mL, 6.25mg/mL, 3.125mg/mL, 1.563 mg/mL, 0.781mg/mL, and 0.39mg/mL of the fractions in Mueller-Hinton broth (MHB) were prepared. 100mg/mL was used as negative control and 0mg/mL was used as positive control. To all the tubes except in negative control, 50 µL of inoculum with turbidity equal to 0.5 McFarland standard were added. The tubes were observed for developed turbidity after incubating for 24 h at 37°C. The first tube with the least concentration of the fraction in a series with no sign of apparent

growth as detected by lack of visible turbidity was considered as the MIC. The triplicate study for each sample was performed.

For the determination of MBC, one loop full of inoculum from 24 hours culture of test organism in negative control, positive control, 50mg/mL, 25mg/mL, 12.5mg/mL, 6.25mg/mL, and 3.125mg/mL solution of the fractions in MHB that was used in MIC study were taken and subculture in MHA. The plates were then incubated for 24 h at 37°C and observed for the growth of bacteria. The fraction concentration resulting in a 99.9% reduction in CFU/mL was taken as MBC. The triplicate study for each sample was performed.

**Ethical consideration**

Ethical clearance, Ref no 327/078/079 was taken from Star Hospital Research Center- Institutional Review Committee, an Institutional Review Committee of Star Hospital Pvt Ltd, Lalitpur, Nepal.

**III. RESULTS**

**Fractions yield increased with altitude**

The percentage yield of different solvent fractions of ethanol extract of A. calamus rhizome from different region of Nepal is presented in Table 1. The results showed that the cumulative percentage yield of fractions increased with altitude showing the highest total yield of 9.15% in Solukhumbu followed by 6.40% in Dhading and 5.00% in Chitwan. Similarly, the hexane fraction gave the highest yield followed by Water and DCM. The highest yield was obtained in hexane fraction of Solukhumbu with a yield percentage of 7.00% (w/w). The lowest yield was obtained in the DCM fraction of Dhading with a yield percentage of 0.60% (w/w).

**Table 1** Percentage yield of solvent fractions of ethanol extract of A. calamus from different region of Nepal

Types of Solvent	Yield % (w/w)		
	Chitwan	Dhading	Solukhumbu
Hexane	2.40	3.00	7.00
DCM	1.00	0.60	0.75
Water	1.60	2.80	1.40
Cumulative yield	5.00	6.40	9.15

**Fractions from different location showed similar phytochemical composition**

Phytochemical screening for hexane, DCM, and Water fraction of ethanolic extract of A. calamus collected from all locations showed similar

phytochemical composition (Table 2). Terpenoids, alkaloids and phenolic compounds were present in hexane, DCM, and Water fractions. Tannin and flavonoids were absent in the DCM fraction. Glycosides were absent in Hexane fraction and

volatile oils were absent in Water fraction. fractions.  
 Nonetheless, Saponins were absent in all the

**Table 2. Phytoconstituents of solvent fractions of ethanol extract of *A. calamus***

Phytoconstituent	Chitwan			Dhading			Solukhumbu		
	Hexane	DCM	Water	Hexane	DCM	Water	Hexane	DCM	Water
Terpenoids	+	+	+	+	+	+	+	+	+
Tannin	+	-	+	+	-	+	+	-	+
Alkaloids	+	+	+	+	+	+	+	+	+
Flavonoids	+	-	+	+	-	+	+	-	+
Glycosides	-	+	+	-	+	+	-	+	+
Phenolic	+	+	+	+	+	+	+	+	+
Saponins	-	-	-	-	-	-	-	-	-
Volatile oil	+	+	-	+	+	-	+	+	-

+ Presence, - Absence

**Hexane and DCM fractions from Solukhumbu showed the highest antibacterial activity against MDR *S. aureus***

Antibacterial activity of the three fractions of ethanolic extract of *A. calamus* rhizome collected from the three locations were performed against MDR *S. aureus* by determining ZOI, MIC and MBC studies. The results of the studies are presented in Figure 1. All fractions showed antibacterial activity against tested MDR *S. aureus*. The ZOI ranged from 20.7±1.2 mm for DCM fraction from Solukhumbu to 11.0±1.0 mm for Water fraction from Chitwan. The MIC value ranges from 12.5 mg/mL to 50 mg/mL and the MBC value ranges from 25 mg/mL to >50 mg/mL.

Comparing the ZOI between Hexane, DCM and Water fractions from the three locations, DCM fraction consistently showed the highest ZOI followed by Hexane and then by Water fractions from all locations. Among the locations, all the fractions from Solukhumbu showed the highest ZOI with DCM fraction of 20.7±1.2 followed by Hexane fraction of 20.3±0.6 mm, and Water fraction of 15.0±0.1 mm. The difference in ZOI was significant between Hexane-Water and DCM-Water fraction but was not significant

between Hexane-DCM fraction. Similar to the results of Solukhumbu, fractions of Chitwan as well as Dhading also showed significant difference in ZOI between Hexane-Water and DCM-Water fractions against MDR *S. aureus* (Figure 1a).

Likewise, comparing the ZOI within Hexane, DCM and Water fractions from the three locations, Solukhumbu showed significantly higher ZOI against MDR *S. aureus* for Hexane, DCM and Water compare to that of Chitwan and Dhading. The difference in ZOI between the locations for the same fractions were not significant for DCM fractions but it was significant between Solukhumbu-Dhading and Solukhumbu-Chitwan for Water fractions and between Solukhumbu-Dhading for Hexane fractions. (Figure 1b).

Next, MIC and MBC studies were performed against multi drug resistant *S. aureus*. The results of the studies are shown in Figure 1c and 1d respectively. The Hexane and DCM fraction from Solukhumbu and DCM fraction of Chitwan showed the lowest MIC of 12.5 mg/mL. Similarly, Hexane and DCM fraction from Solukhumbu showed the lowest MBC of 25 mg/mL against MDR *S. aureus*. All other fractions showed 50 mg/mL or higher MBC.

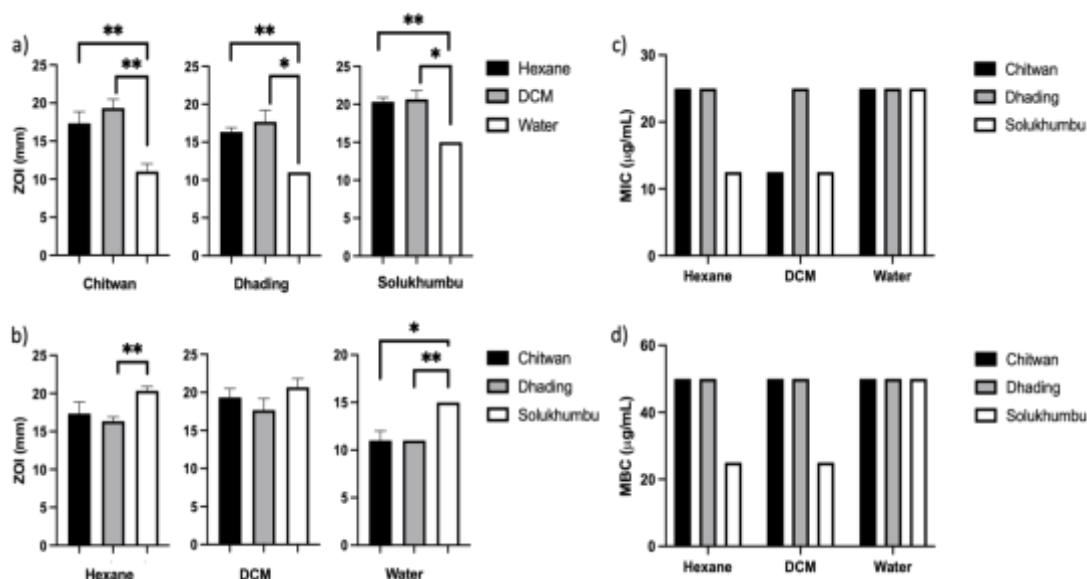


Figure 1: a) Fraction wise ZOI (control: 8 mm) b) Location wise ZOI (control: 8 mm) c) MIC and d) MBC of Hexane, DCM, and Water fraction of *A. calamus* rhizome collected from Chitwan, Dhading, and Solukhumbu against *MDR S. aureus* (n=3, \*P<0.05, \*\*P<0.01)

### Hexane fraction from Dhading showed highest antibacterial activity against MDR *E. coli*

Antibacterial activity of all the fractions were performed against *E. coli* by determining ZOI, MIC and MBC of the fractions and the results are presented in Figure 2. Similar to *S. aureus*, all the fractions showed antibacterial activity against *E. coli*. The ZOI ranged from 21.7±1.5 mm for Hexane fraction from Dhading to 14.0±1.7 mm for DCM fraction from Solukhumbu. The MIC value ranged from 6.25 mg/mL to 25 mg/mL and the MBC value ranged from 12.5 mg/mL to 50 mg/mL for *E. coli*.

Comparing the ZOI between Hexane, DCM and Water fractions from the three locations against MDR *E. coli*, Hexane and Water fraction showed similar ZOI but higher than DCM fractions for Chitwan and Solukhumbu. However, Hexane fraction showed higher ZOI than DCM followed by Water fraction for Solukhumbu. The difference in ZOI between Hexane-DCM, Hexane-

Water, and Water-DCM fraction for all locations was not significant except for Water-DCM fraction for Solukhumbu (Figure 2a). Likewise, comparing the ZOI within Hexane, DCM and Water fractions from the three locations, Dhading showed significantly higher ZOI than Solukhumbu against MDR *E. coli*. For Hexane and DCM fractions, all other differences in ZOI between other locations for the same fraction were not significant (Figure 2b).

The results of MIC and MBC studies against MDR *E. coli* are shown in Figure 2c and 2d respectively. The DCM fraction of Chitwan, and Hexane fraction of Dhading and Solukhumbu showed the lowest MIC of 6.25 mg/mL. Similarly, Hexane fraction from all locations and DCM fraction from Chitwan and Solukhumbu showed the lowest MBC of 12.5 mg/mL against MDR *E. coli*. All other fractions showed 25 mg/mL or higher MBC.



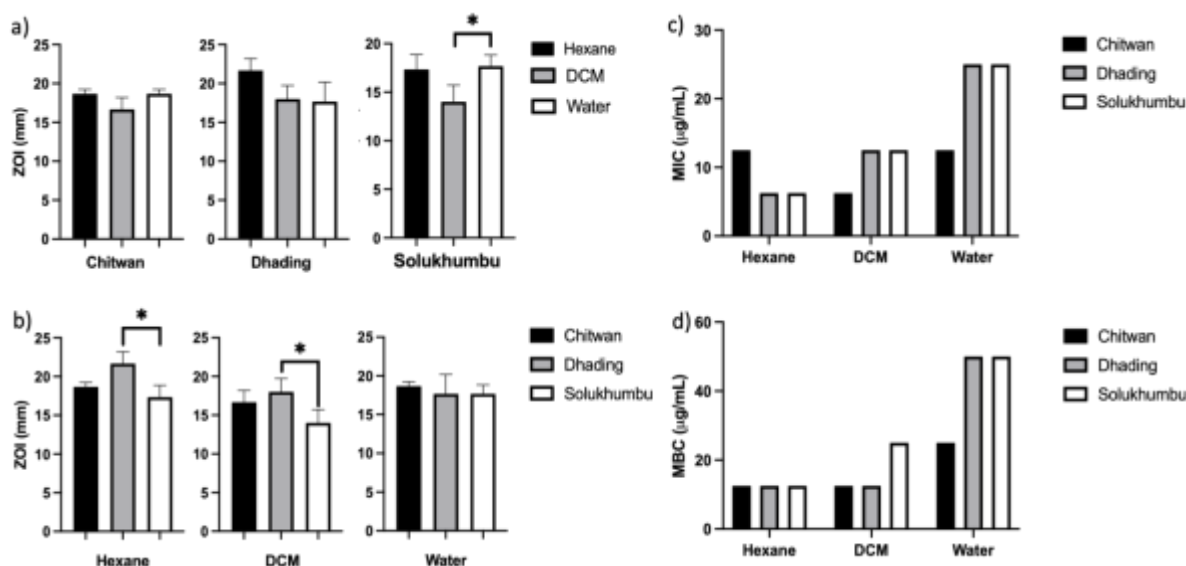


Figure 2: a) Fraction wise ZOI (control: 8 mm) b) Location wise ZOI (control: 8 mm) c) MIC and d) MBC of Hexane, DCM, and Water fraction of *A. calamus* rhizome collected from Chitwan, Dhading, and Solukhumbu against MDR *E. coli* (n=3, \*P<0.05, \*\*P<0.01)

Next, an MIC study was performed on multi drug resistant *S. aureus* and *E. coli*. The results of the MIC study are presented in Figure 3. The MIC value ranges from 12.5 mg/mL to 50 mg/mL for *S. aureus* and 6.25 mg/mL to 25 mg/mL for *E. coli*. The Hexane fraction from Solukhumbu, DCM fractions from Chitwan and Solukhumbu showed the lowest MIC of 12.5 mg/mL against MDR *S. aureus*. Likewise, the DCM fraction from Chitwan and the DCM fraction from Solukhumbu showed the lowest MIC of 6.25 mg/mL against MDRE. coli.

#### IV. DISCUSSION

The plant samples from three different elevation of Nepal were collected to evaluate the geographical variation in antibacterial activity of *A. calamus*. The samples were macerated using ethanol, then Hexane, DCM and Water fractions of the extracts were obtained and used for antibacterial evaluation of non-polar, semi-polar and polar phytoconstituents of the plant. It was observed that, the cumulative percentage yield increased with altitude and was highest for the Solukhumbu. Likewise, the amount of non-polar constituents in the fractions remained relatively higher than polar constituents followed by semi-polar constituents regardless the sample location. Interestingly, when comparing the yield of individual fractions, the amount of non-polar constituents was found highest in the highest altitude samples, semi-polar constituents was highest in the lowest altitude

sample, and polar constituents was highest in the intermediate altitude sample. To evaluate the effect of this variance in phytoconstituents, next phytochemical screening of the fractions was performed. It was observed that the phytoconstituents were similar within same type of solvent fraction collected from different locations. This indicates that amount of the phytoconstituent in each fraction of *A. calamus* may have changed depending on the geographic location of the samples but possibly without altering its constituents.

Next, antibacterial activity of the three fractions of ethanolic extract of *A. calamus* rhizome collected from the three locations were performed against MDR *S. aureus* and *E. coli* by determining ZOI, MIC and MBC. The effectiveness of the *A. calamus* acetone extracts have been previously reported against Tetracycline resistant *E. coli*, *P. aeruginosa*, *K. pneumonia* and Chloramphenicol resistant *S. aureus*, *K. pneumonia* and *A. baumannii* (Vakayil et al. 2021). It was found that all three fractions of *A. calamus* rhizome from each location had some degree of antibacterial effect against both MDR *S. aureus* and MDRE. coli that are resistant to at least ten common antibiotics. The antibacterial activity was significantly higher in non-polar Hexane fractions and semi-polar DCM fractions than polar Water fractions against MDR *S. aureus* (Figure 1a) for all locations but the hexane fraction of Solukhumbu showed significantly higher ZOI than

that of Dhading. Similarly, higher antibacterial activity was observed in non-polar Hexane fractions and polar Water fractions than semi-polar DCM fractions against MDR E coli but the difference was statistically significant for Water-DCM fractions of Solukhumbu only. The highest ZOI in Hexane fractions can be related to yield in Hexane fractions which is highest among the fractions, but interestingly lowest yield DCM fractions too showed similar degree of antibacterial activity (Table 1) at least against MDR S. aureus. The antibacterial activity for non-polar and semi-polar fractions that was observed in this study is similar to that of earlier reported results, where the author reported that the methanolic extract effectively inhibited the gram-negative bacteria, the gram-positive bacteria and fungi. However, the antibacterial effect observed for the Water fraction in this study is different from the earlier reports where aqueous extract of *A. calamus* was found inactive against the gram-negative bacteria including *E. coli*, *P. mirabilis*, *P. aeruginosa* but with moderate antibacterial activity against the gram-positive bacteria *B. subtilis* and *S. Aureus*. (Muchtarmah et al. 2019, Sharma et al. 2022).

Likewise, it was also observed that *A. calamus* extracts were more effective against gram-negative bacteria than gram-positive bacteria, as the extract showed the lowest MIC at 6.25 mg/mL for MDR *E. coli* while for MDR *S. aureus* the lowest MIC was 12.5 mg/mL. This might be due to the differences in morphology and constitution of cell walls of microorganisms which will affect the sensitivity to extract (Balakumbahan et al. 2010). Hexane and DCM fractions of Solukhumbu showed lowest MIC, MBC and highest ZOI than other place fractions for MDR *S. aureus* (Figure 1b, 1c and 1d) but Hexane fractions of Dhading showed lowest MIC, MBC and highest ZOI than other place fractions for *E. coli* (Figure 2b, 2c and 2d). This variation in antimicrobial activity of same solvent fraction from different geographical location suggest that the differences in factors such as geography of plants, quantity of secondary metabolites in extract and the bacterial strain can significantly affect antibacterial activity (Gyawali et al., 2022).

## V. CONCLUSION

This study evaluated the antibacterial activity of three different fraction of ethanolic extracts of *A. calamus* collected from three different locations in Nepal (Chitwan, Dhading and Solukhumbu). This study showed that all three

fractions of ethanolic extracts of *A. calamus* rhizome has antibacterial activity against MDR *S. aureus* and MDR *E. coli*. This study also highlighted that the antibacterial property depends upon the plant locations, solvents used for extraction and its fractions, and bacterial strains against which it is being tested. Hence, sources of plants, extraction methods and types of solvent used for extraction of plant material must be carefully studied to optimize the antibacterial properties of plant.

## Authors' contribution statement

Ronak Shrestha, Pratik Khanal and Rajan Shrestha conceptualized the work. Rashmi Thimi Namuna, Regmi Sushanta, and Sharma Poudel collected the samples and did the lab work. Ronak shrestha supervised the whole project, Pratik Khanal supervised the extraction process,. Rupa Nepal and Ram Krishna Shrestha supervised the antimicrobial studies. Ronak Shrestha and Rajan Shrestha analyzed and interpret data and prepared the final manuscript.

**Conflict of Interest:** The authors do not have any conflict of interest pertinent to this work.

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