

## Rapid Detection technic for food born pathogens

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### ABSTRACT

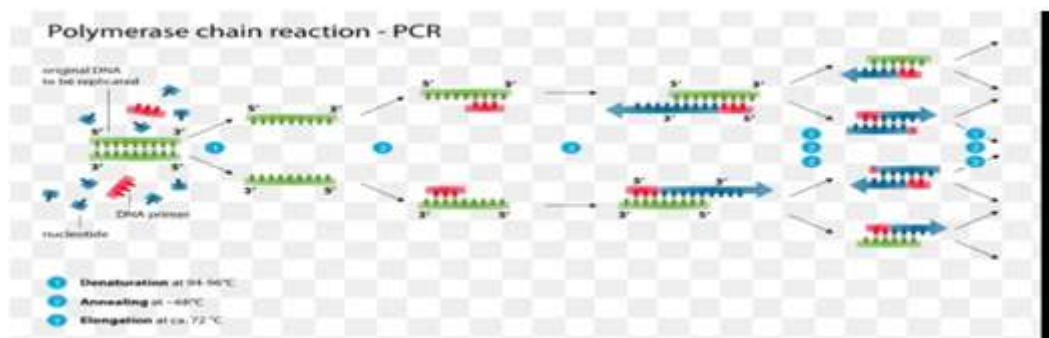
Food safety is increasingly becoming an important public health issue, as foodborne disease present a widespread and growing public health problem in both developed and developing countries. The rapid and precise monitoring and detection of foodborne pathogens are some of the most effective ways to control and prevent human foodborne infections. Traditional microbiological detection and identification methods for foodborne pathogens are well known to be time consuming and laborious as they are increasingly being perceived as insufficient to meet the demands of rapid food testing. Recently, various kinds of rapid detection, identification, and monitoring methods have been developed for foodborne pathogens, including nucleic-acid-based methods, immunological methods, and biosensor-based methods, etc. This article reviews the principles, characteristics, and applications of recent technic and food born pathogen.

**Keywords:** Rapid Detection Technic for food born pathogen, different techniques for food born pathogens, real-time PCR.

### I. INTRODUCTION

1. The occurrence of foodborne diseases has increased over the years which result in major public health problem worldwide. Foodborne pathogens can be found in various foods. So it is important to detect foodborne pathogens to provide safe food supply. To prevent foodborne diseases,

the conventional methods used to detect foodborne pathogen are time consuming and laborious. Hence, a variety of methods have been developed for rapid detection of foodborne pathogens and it is required in many food analyses. Rapid detection methods can be categorized into nucleic acid-based, biosensor-based and immunological-based methods. This article emphasizes on the principles and application of recent rapid methods for the detection of foodborne bacterial pathogens. Detection methods included are simple polymerase chain reaction (PCR), multiplex PCR, real-time PCR, nucleic acid sequence-based amplification (NASBA), loop-mediated isothermal amplification (LAMP) and oligonucleotide DNA microarray which classified as nucleic acid-based methods; optical, electrochemical and mass-based biosensors which classified as biosensor-based methods; enzyme-linked immunosorbent assay (ELISA) and lateral flow immunoassay which classified as immunological-based methods. In general, rapid detection methods are generally time-efficient, sensitive, specific and labor-saving. The developments of rapid detection methods are vital in prevention and treatment of foodborne diseases. So it's help to save a life to being in danger like in case of covid-19. It's very difficult to recover with disease (many things are involve like vaccines, drugs, herd immunity, economy, population etc.) As we know drug and vaccine making a laborious and time consuming process.



## Technique for detection of foodborne pathogens:-

The conventional methods for detecting the foodborne bacterial pathogens present in which food are based on culturing the microorganisms on agar plates followed by standard biochemical process. Conventional methods are usually inexpensive and simple but these methods can be time consuming as they depend on the ability of the microorganisms to grow in different culture media such as pre-enrichment media, selective enrichment media and selective plating media. Usually conventional methods require 2 to 3 days for preliminary identification and more than a week for confirmation of the species of the pathogens. Recently, different rapid methods with high sensitivity and specificity have been developed to overcome the limitations of conventional methods for the detection and identification of foodborne pathogens. Rapid detection methods are important, particularly in food industry, as they are able to detect the presence of pathogens in raw and processed foods in less time. Rapid methods are less time consuming, labor-saving and able to reduce human errors. These are following:-

1. Nucleic acid-based methods
2. Immunological methods
3. Biosensor-based methods.

### 1. Nucleic acid-based methods:-

Nucleic acid-based methods operate by detecting specific DNA or RNA sequences in the target pathogen. This is done by hybridizing the target nucleic acid sequence to a synthetic oligonucleotide (probe or primers) which is complementary to the target sequence. There are used in many bacterial pathogens such as *Clostridium botulinum*, *Vibrio cholerae*, *Staphylococcus aureus*. These are of following types:-

#### a. Simple PCR Method

PCR have been used in the detection of numerous foodborne pathogens like *Listeria monocytogenes*, *Escherichia coli* O157:H7, *Staphylococcus aureus*, *Campylobacter jejuni*, *Salmonella* spp. and *Shigella* spp.

In this method, double-stranded DNA is denatured into single strands (94°C), and after that annealing with primers (68°C) which followed by extension of the primers complementary to the single

stranded DNA (72°C) and with a thermostable DNA polymerase. These steps are revised, resulting in doubling of the initial number of target sequences with each cycle. Ethidium-bromide-stained used as a dye in electrophoresis gel for visualising the Source: Bolton et al (2000).

### b. Multiplex PCR

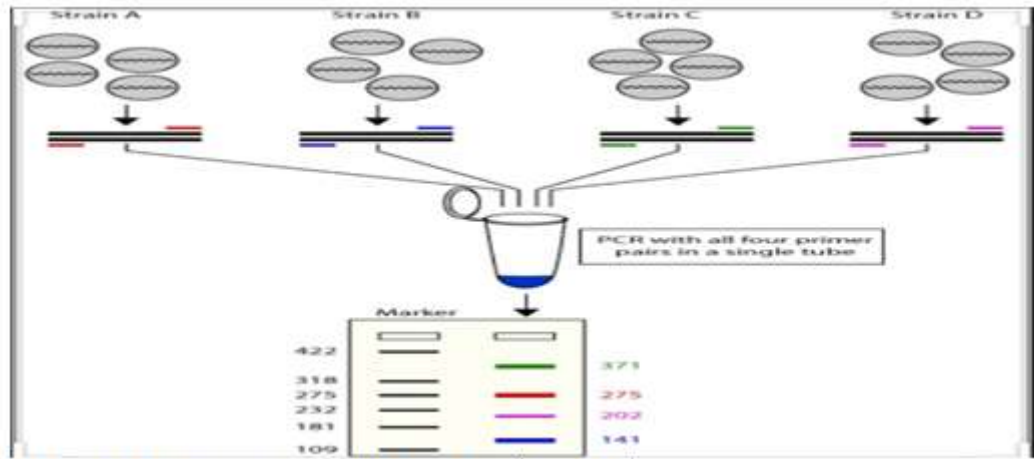
Chen et al. (2012) had carried out mPCR for the simultaneous detection. Multiplex PCR (mPCR) is the process in which several specific primer sets are combined into a single PCR assay. The design of the primers is a key factor in the development of a multiplex PCR assay. There may be some interaction between the multiple primer sets, so the primer concentrations may have to be adjusted in order to generate reliable yields of all the PCR products. Meanwhile, the primer sets should be designed with a similar annealing temperature. Source: Bolton et al (2000). Source: Bolton et al (2000).

### c. Quantitative PCR

Quantitative PCR (qPCR), also called real-time PCR, is a process capable of continuously monitoring the PCR product formation throughout the reaction. It is rapidly being applied in food microbiology. Using this method we allow quantifying one specific microorganism in food and studying its behavior as a consequence of the influence of the environment (i.e., food composition, temperature, pH, oxygen, etc.) by studying expression of suitable target genes. After this process noneed for post-amplification treatment of the samples, such as gel electrophoresis, so reducing the time of analysis.

### d. Nucleic acid sequence-based amplification (NASBA)

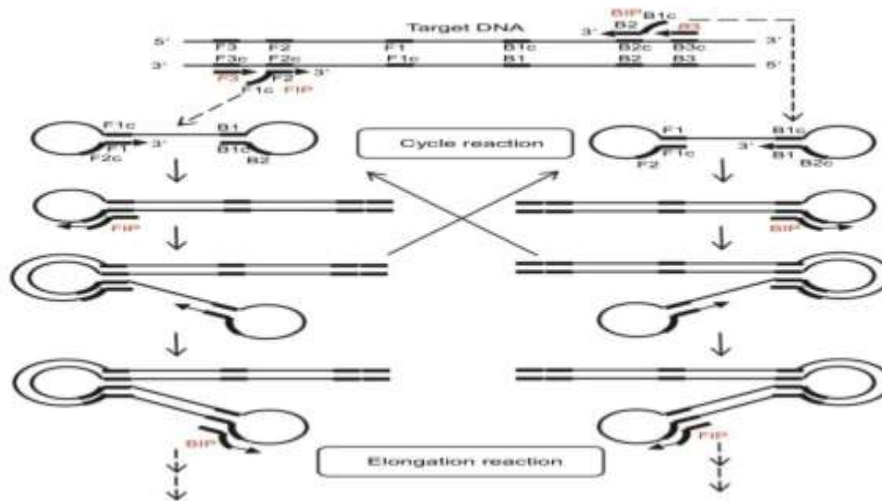
NASBA is normally used for the amplification of RNA, then the single-stranded RNA template is converted into complementary DNA (cDNA) by the reverse transcriptase during the reaction. NASBA reaction occurs at around 41°C.



**Loop-mediated isothermal amplification (LAMP)**

LAMP is based on auto-cycling strand displacement DNA synthesis carried out by Bst DNA polymerase large fragment under

isothermal conditions between 59°C and 65°C for 60 min. In LAMP, four primers comprising two inner primers and two outer primers are used to target six specific regions of target DNA



Source: Bolton et al (2000).

**Biosensor-based methods**

It is an analytical device that consists of two main elements: a bioreceptor and a transducer. The bioreceptor is responsible for recognizing the target analyte which can be either be a:

1. **Biological material: enzymes, antibodies, nucleic acids and cell receptors.**

2. **Biologically derived material: aptamers and recombinant antibodies**

3. **Biomimic: imprinted polymers and synthetic catalysts.**

The biosensors can be optical, electrochemical, mass-based, thermometric, micromechanical or magnetic.

Biosensors are easy to operate and they do not require sample pre-enrichment (unlike nucleic acid based methods and immunological methods which require sample pre-enrichment for concentrating the pathogens before detection).

**a. Optical biosensor**

1. The most commonly used optical biosensor for the detection of foodborne pathogen is surface plasmon resonance (SPR) biosensor because of their sensitivity. SPR employs reflectance spectroscopy for the pathogen detection. In SPR, bioreceptors are immobilized on the surface of a thin metal

**b. Electrochemical biosensors**

1. Electrochemical biosensors are further classified into several types such as:-

Amperometric, impedimetric, potentiometric, and conductometric according to the measurement of changes in current, impedance, voltage and conductance respectively, which caused by food borne pathogen-bioreceptor interactions.

**c. Mass-based biosensors**

1. Mass-based or mass-sensitive biosensors operate based on the detection of small changes in mass. Mass-based biosensors involve the use of piezoelectric crystal which will vibrate at a certain frequency when induced by an electrical signal of a certain frequency. The bioreceptors (e.g., antibodies) for the detection of food borne pathogens (e.g., antigens) are immobilized on this crystal. Once the target antigens bind to the antibodies immobilized on the crystal, this will cause a measurable change in the vibrational frequency of the crystal which correlates with the added mass on the crystal surface.

**3. Immunological-Based Methods**

The detection of food borne pathogens by immunological-based methods is based on antibody-antigen interactions, whereby a particular antibody will bind to its specific antigen. The binding strength of a particular antibody to its antigen determines the sensitivity and specificity. Immunological-based methods involve the use of polyclonal and monoclonal antibodies. It is of following types:-

**a. Enzyme-linked immunosorbent assay (ELISA)**

1. ELISA is also commonly used for the detection of toxins present in foods such as Clostridium perfringens  $\alpha$ ,  $\beta$ , and toxin, staphylococcal enterotoxins A, B, C, and E, botulinum toxins and Escherichia coli enterotoxins.

2. ELISA is one of the most commonly used immunological methods for the detection of food borne pathogens. Sandwich ELISA is the most effective form of ELISA where by it involves two antibodies. The primary

antibody is usually immobilized onto the walls of the microtiter plate wells.

The target antigen like bacterial cells or bacterial toxins from the food sample binds to the immobilized primary antibody and the remaining unbound antigens are washed out. After that, an enzyme-conjugated secondary antibody is added and it will bind to the antigen and the remaining unbound antibodies are washed out. The complex antigens and sandwiched between two antibodies is formed and it can be detected by adding a colorless substrate which will be converted into a colored form in the presence of the enzyme.

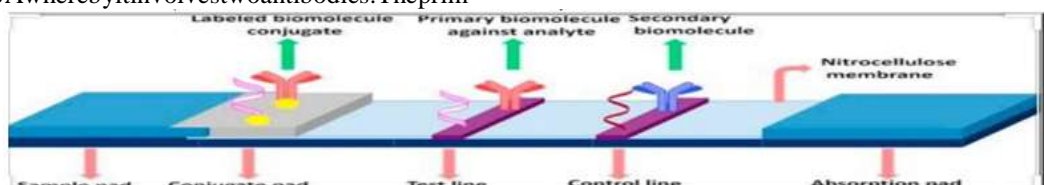
3. There are different types of enzymes can be used in ELISA, some of the most commonly used enzymes include horseradish peroxidase (HRP), alkaline phosphatase and beta-galactosidase which produced coloured product. The colour product is further detected for presence or absence of food borne pathogens.

**b. Lateral flow immunoassay:-**

1. Lateral flow immunoassay is also used for detection of other food borne bacterial pathogens such as Listeria spp. and Salmonella (Kim et al., 2007; Shukla et al., 2011)

2. Its device is made up of four sections which are arranged orderly on a plastic backing, with sample pad starting at the bottom, followed by conjugate pad, nitrocellulose membrane and then absorbent pad. The sample fluid will migrate along the four sections of lateral flow immunoassay via capillary action. The sample fluid encounters and mixes with the conjugate, which can be antibody or antigen labeled by a color particle, at the conjugate pad and then passes through the lines in the nitrocellulose membrane that immobilized with antibody or antigen. The color particle can bind to the antibody or antigen immobilized at test line depending on the analytes present in the sample.

The color can be visualized approximately two to 10 min after the addition of sample.



Source: Zhao et al (2014).

**The advantage and disadvantage are following:**

Detection method	Advantages	Limitations	References
Nucleic acid based			
Simple PCR	<ul style="list-style-type: none"> <li>* High sensitivity</li> <li>* High specificity</li> <li>* Automated</li> <li>* Reliable results</li> </ul>	Affected by PCR inhibitors, Requires DNA purification. Difficult to distinguish between viable and non-viable cells	Mandaletal.,2011; Zhang, 2013; Park et al.,2014
Multiplex PCR	<ul style="list-style-type: none"> <li>* High specificity</li> <li>* Automated</li> <li>* Reliable results</li> </ul>	Affected by PCR inhibitors  Difficult to distinguish between viable and non-viable cells	
	High sensitivity	<ul style="list-style-type: none"> <li>• Primer design is crucial</li> </ul>	
	Detection of multiple pathogens		
Real-time PCR	High sensitivity	High cost.	
	<ul style="list-style-type: none"> <li>• Rapid cycling</li> </ul>	Difficult for multiplex real-time PCR assay	

	Does not require post-amplification products processing	Affected by PCR inhibitors. Difficult to distinguish between viable and non-viable cells. Requires restrained personnel.	
	Real-time monitoring PCR amplification products		
NASBA	Sensitive Specific Low cost Does not require thermal cycling system. Able to detect viable microorganisms.	Requires viable microorganisms. Difficulties in handling gRNA.	Lauri and Mariani, 2009; Zhao et al., 2014
LAMP	Allows detection of specific	Primer design is complicated.	Zhao et al., 2014
	serotype • Labor-saving.	Insufficient to detect unknown or unsequenced targets.	

	Enables detection of multiple pathogens.		
Oligonucleotide DNA microarray	Highly sensitive	High cost.	
2. Biosensor-based. Optical biosensors	Highly specific. Enables real-time or near real-time detection. Label-free detection system.	High cost. 90th	Ivnitski et al., 1999; Mandal et al., 2011; Zhang, 2013
Electrochemical biosensors	Can handle large numbers of samples. Label-free detection. Automated.	Not suitable for analyzing samples with low amount of microorganisms. <ul style="list-style-type: none"> <li>• Analysis may be interfered by food matrices</li> <li>• Many washing steps</li> </ul> Mass-based biosensors	Ivnitski et al., 1999; Mandal et al., 2011; Zhang, 2013



	Cost effective.		
Mass-based biosensors	<p>Easy to operate</p> <ul style="list-style-type: none"> <li>• Low sensitivity</li> <li>• Label-free detection of bacteria</li> </ul>	<p>Long incubation time.</p> <p>Many washing and drying steps.</p> <ul style="list-style-type: none"> <li>• Regeneration of crystal surface may be problematic</li> </ul>	<p>Ivnitski et al., 1999; Mandal et al., 2011; Zhang, 2013</p>
	<ul style="list-style-type: none"> <li>• Real-time detection</li> </ul>		
Immunological-based *ELISA	<ul style="list-style-type: none"> <li>• Specific</li> <li>• Can be automated so that it is more time efficient and labor-saving</li> <li>• False negative results</li> <li>• Allows the detection of bacterial toxins.</li> <li>• Can handle large numbers of samples</li> </ul>	<ul style="list-style-type: none"> <li>• May result in cross-reactivity with closely related antigens.</li> <li>• Pre-enrichment is required in order to produce the cell surface antigens.</li> <li>• False negative results.</li> <li>• Requires labeling of antibodies or antigens.</li> </ul>	<p>Zhang, 2013; Park et al., 2014; Zhao et al., 2014</p>



Lateral flow Immunoassay	Low cost. Reliable	Requires labeling of antibodies or antigens.	Zhao et al., 2014
	<ul style="list-style-type: none"> <li>• Easy to operate</li> <li>• Sensitive</li> <li>• Specific</li> <li>• Allow the detection of bacterial toxins.</li> </ul>		

## II. CONCLUSION:

Here article conclude that the rapid detection technique are more effective than conventional method in the circumstances of different food borne pathogen disease. Because these are cost effective, less time consuming. These are the primarily requirements for today's time. As we know the detection of food borne pathogen is good step towards living a disease free life. We know conventional tech. are also their but the rapid detection are giving speed to work and cost effective. It includes nucleic acid-based methods such as NASBA and LAMP are available for the detection of foodborne pathogens and their toxins. NASBA and LAMP are relatively sensitive, specific and cost efficient. They do not require thermocycling system therefore they are useful especially in low resource settings. Also, numerous biosensors-based methods have recently emerged and employed in the field of foodborne pathogen detection due to their rapidness and cost effectiveness. Biosensors-based methods are easy to operate and they do not require trained personnel, furthermore the technique can be used for the detection of foodborne pathogens without sample pre-enrichment. But, improvement in food matrixes detection is still needed for these methods for on-site detection. Immunological-based methods such as ELISA and lateral flow immunoassay are also used for the detection of foodborne bacterial pathogens and their toxins. Immunological methods work best in the absence of interfering molecules in the sample such as non-targeted cells, DNA or proteins. Combination of several rapid methods for the detection of a particular foodborne

pathogen is also possible as the use of only one detection method may not be sufficient to confirm the detected pathogen. Further studies on the effect of different combinations of rapid methods for foodborne pathogen detection are required in order to develop the most effective and accurate detection method.

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