

## A Review On: Various Inhibitors and Drugs Used In Skin Whitening Agents

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**ABSTRACT**-The production of melanin takes place by the process of melanogenesis. Melanin is responsible for pigmentation of skin, eye and hair. Whitening agents are used for cosmetic purposes and useful to treat various disorders such as hyperpigmentation, melanoma, etc. The enzyme involved for the catalytic activity in the process of melanogenesis is tyrosinase. Thus, till date numerous tyrosinase inhibitors have been developed on the recent years many skin whitening agents act as competitive inhibitors of tyrosinase. Some agents inhibit maturation of tyrosinase. In this review we focus/discuss/present the overview the process of melanogenesis and the drugs involved in inhibition of tyrosinase catalytic activity, various skin disorder.

**KEY WORDS**-Tyrosinase inhibitors, melanogenesis, skin whitening agents.

### INTRODUCTION-

Skin color is influenced by a number of intrinsic factors, including skin types and genetic factors and extrinsic factors including sunlight exposure and environment pollution. The recent research by cosmetic companies and research institutions has been focusing on development of novel whitening agents that selectively suppress the activity of tyrosinase (TYR) to reduce hyperpigmentation and avoiding cytotoxicity to normal healthymelanocytes. It is estimated approximately 15% of the world population invest in skin whitening agents with Asia is being dominated. Global industry analysts (GIA) have predicted that the universal market for skin lighteners will reach \$23 billion by 2020, driven by new markets in Asia, particularly India, Japan and China. Melanin is produced from epidermis melanocytes in an appropriate ratio 1:36 with basal

keratinocytes. Under normal physiological conditions, pigmentation has a beneficial effect on the photo-protection of human skin against harmful UV injury and plays an important evolutionary role in camouflage and animal mimicry. However, an excessive production of melanin causes dermatological problems such as freckles, solar lentigo (age spots) and melasma. In the Western culture it is still considered desirable to obtain a (bronze) tan. Despite warnings about the consequences of excessive sun or UV exposure, the artificial tanning business has expanded strongly in the last decades. In the Eastern world, however, a centuries long tradition exists whereby a light complexion is regarded as equivalent to youth and beauty. Development of preparations for bleaching hyperpigmented lesions or to safely achieve overall whitening is one of the challenges for cosmetic industry. In recent years, the interest in skin whitening has grown tremendously.

Human skin contains specialized cells, called melanocytes, which are located at the base of the epidermis. These cells are programmed to manufacture a brown pigment, called melanin, in response to exposure of skin to sunlight. Since melanin acts as a sunscreen, the production of this pigment by melanocytes is a defense response of the skin to the damaging and potential skin cancer causing rays of the sun. In addition to UV radiation, other factors can stimulate melanocytes to make melanin. Hormones, such as those in birth control pills can cause melanocyte "activation", and exposure of the skin to any event that causes inflammation, such as acne, dermatitis, exposure to chemicals, etc., can also result in increased melanin production by melanocytes.

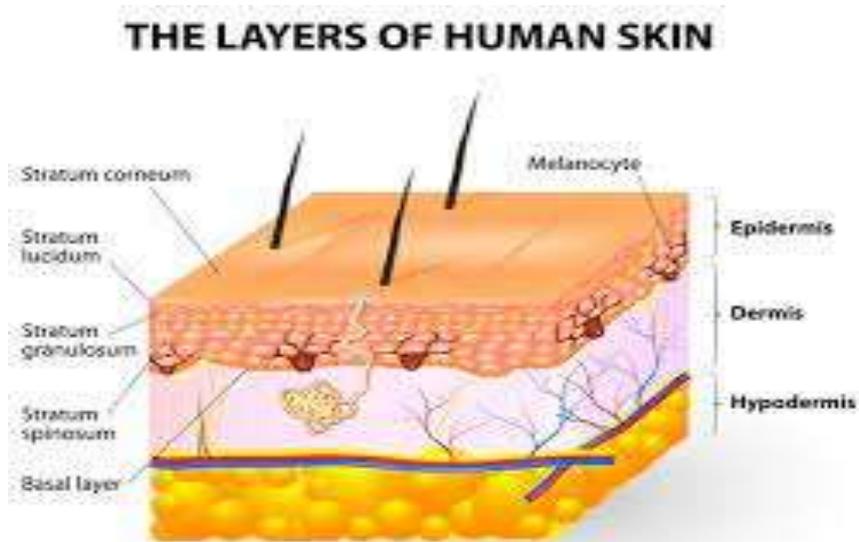
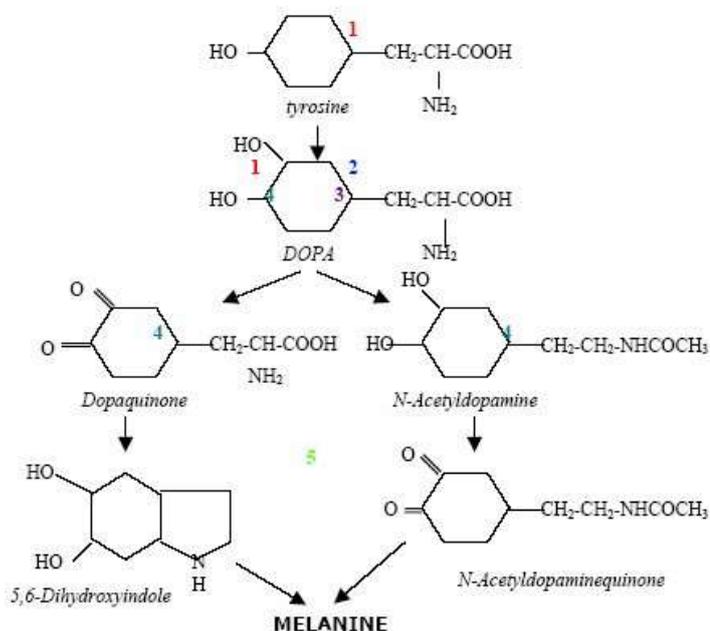


FIG.LAYERS OF SKIN

#### MELANOGENESIS-

Melanin is mainly produced by melanocytes that are localized in the epidermis, the outermost layer of the skin; it is also this layer that determines skin colour in humans. Melanin is primarily synthesized in melanosomes, which function as specialized organelles in melanocytes. Melanogenesis and chemical reactions inside the melanosomes, resulting in the production of two types of melanin: Eumelanin and pheomelanin. Eumelanin is an insoluble polymer that is dark brown-black in colour, whereas pheomelanin is a soluble polymer light red-yellow in colour that also contain sulphur. Both eumelanin and pheomelanin are formed by the conjugation of cysteine or

glutathione. To gain an understanding of the mechanism of whitening agents, a summary of the signalling pathways associated with skin melanogenesis. The pigmentation process starts with the oxidation of L-tyrosine to L-dopaquinone (DQ) in the presence of the rate-limiting enzyme TYR. Following DQ formation, the resulting quinone undergoes intramolecular cyclization and oxidation, where it serves as a substrate for the synthesis of eumelanin and pheomelanin. During the process of melanogenesis, hydroxylation of L-tyrosine to form L-3,4-dihydroxyphenylalanine (L-DOPA) is the rate-limiting step of the whole process, which is catalysed by TYR.



- 1 : Polyphenol oxydase
- 2 : DOPA decarboxylase
- 3 : Transacetylase
- 4 : Non enzymatique auto-oxidation
- 5 : Polymerisation

FIG.SYNTHESIS OF MELANINE

### TARGETING TYROKINASE AS KEY ENZYME-

HQ is potentially mutagenic to mammalian cells and linked to a number of adverse reactions including contact dermatitis, irritation, transient erythema, burning, prickling sensation, leukoderma, chestnut spots on the nails, hypochromia. Arbutin, a prodrug of hydroquinone, is a natural product and reduces or inhibits melanin synthesis by inhibiting tyrosinase. However, natural forms of arbutin are chemically unstable and can release hydroquinone which is catabolized to benzene metabolites with the potential toxicity for bone marrow. Kojic acid use in cosmetics has been limited, due to its carcinogenicity and its instability during storage. L-Ascorbic acid is sensitive to heat and degrades easily. Ellagic acid is insoluble and thus poorly bioavailable, and for the tranexamic acid the melanogenic pathway remains undetermined. Thus, it is in great need of developing new tyrosinase inhibitors with drug-like properties.

### Resveratrol analogue

Resveratrol (3,5,4-trihydroxy-trans-stilbene, 9) a widely distributed stilbene in nature such as in grapes, exhibited the inhibitory activity against mushroom tyrosinase through the mechanism of Kcat (suicide substrate) type inhibition. In vitro analysis in a-MSH-stimulated B16 murine melanoma cells, resveratrol inhibited the cellular melanin production via suppression of melanogenesis-related proteins such as tyrosinase, TRP-1, TRP-2 and microphthalmia-associated transcription factor (MITF) expression without any cytotoxicity up to 200  $\mu\text{M}$ . The inhibitory effects of resveratrol have been confirmed in an in vivo model using UV irradiated brownish guinea pigs. In this study, treatment of resveratrol with UVB-irradiated dorsal skin of guinea pigs visually decreased the hyperpigmentation. In an effort to improve the activity of resveratrol, demonstrated a study with a series of resveratrol analogue.

One of the most obvious cellular targets for depigmenting agents is the enzyme tyrosinase. The scientific literature on tyrosinase inhibition

shows that a large majority of the work has been conducted since 2000 and has mostly been devoted to the search for new depigmenting agents. Notably, many of these studies deal with tyrosinase inhibitors from natural sources and are mostly of Asian origin. However, early pioneering work in the field has been performed much earlier using 4-hydroxyanisole. This compound could serve as an alternative substrate for tyrosinase causing depigmentation both in vivo and in vitro. Since this and various other substituted phenolic compound can generate potentially toxic quinone products they were used in various studies aimed at the induction of toxicity mediated by tyrosinase in melanoma cells. Considerable interest in tyrosinase inhibitors exists also in the food industry because the activity of this enzyme is responsible for the browning of fruit and vegetables. Cysteine or ascorbic acid can be used to prevent the enzymatic browning of fruit and vegetables by binding the o-dopaquinone intermediates. More recently also 4-hexylresorcinol has been utilized for this purpose. Since safety considerations are very strict in food industry, the search for new, natural tyrosinase inhibitors without negative side effects is of utmost importance in this field of research. Work on synthetic and natural tyrosinase inhibitors has been recently reviewed in several papers. The tyrosinase inhibitors can be classified as competitive, uncompetitive, mixed type and non-competitive inhibitors. The nature of tyrosinase inhibition can be disclosed by measuring enzyme inhibition kinetics using Lineweaver-Burk plots with varying concentrations of L-DOPA as the substrate. This can be seen on example of polyphenol extracts from acerola (West Indian cherry) or a chalcone derivative isolated from *Morus nigra* (black mulberry) which has been described in recent work of Hanamura et al. and Zhang et al. Knowledge of the type of inhibition may be important in order to achieve better skin lightening effects since combined treatments may result in synergistic effects. This has been shown in case of the competitive tyrosinase inhibitor, arbutin and the non-competitive inhibitor, aloesin.

A 2009 paper by Chang states that a large majority of tyrosinase inhibitors show reversible inhibition. In irreversible inhibition, covalent binding with the enzyme may cause its inactivation by altering the active site of the enzyme and/or by conformational changes to the protein molecule. Irreversible inhibition may also occur via the so-called suicide inhibition mechanism as described in the model by Land et al.

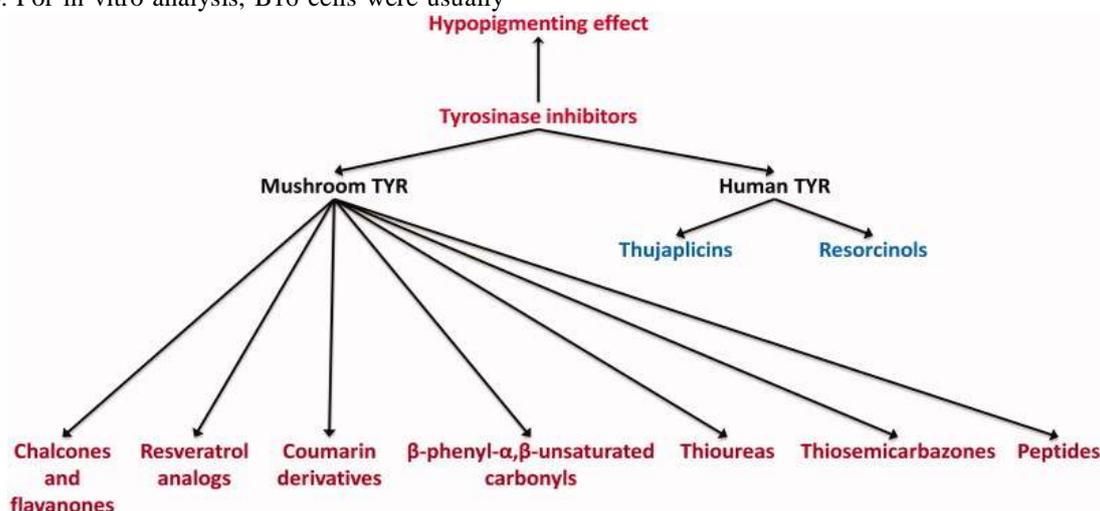
Also, two 8-hydroxy isoflavones isolated from soy germ koji showed suicide inhibition of tyrosinase and have been tested with promising results in an in vivo assay with 60 volunteers. In we summarize the large number of studies using tyrosinase inhibitors from natural sources that have appeared, mostly in the last decade. In many of the investigations, the active ingredients from extracts of various species have been isolated and identified. In case the mode of tyrosinase inhibition was established, a comparison with IC50 values of well-known inhibitors such as kojic acid and arbutin was often made. In some of the studies specific side groups (with substitutions to C4, C5 or C8 position) of resorcinol's isolated from the breadfruit (*Artocarpus incisus*) or from a 'bitter root' (*Sophora flavescens*) proved of great importance to their inhibitory potential. In some cases, modifications to the natural compounds were made, e.g., the De-glycosylation of stilbene compounds by cellulase treatment of the *Veratrum patulum* extract resulted in improved tyrosinase inhibition. Thus, exact knowledge on enzyme inhibition mechanisms is helpful for designing new whitening products based on targeting the key enzyme of melanogenesis, tyrosinase. Although tyrosinase plays a major role in melanin synthesis, one should realize that the regulation of skin pigmentation exists at various levels and therefore, different modes of interference are possible. There are indications that combined approaches could be more successful than targeting tyrosinase only.

#### Mushroom tyrosinase inhibitors

Tyrosinase from the mushroom *Agaricus bisporus* is frequently used as an enzymatic in vitro model for developing the skin whitening substances targeting human tyrosinase. Because of the commercial availability of mushroom tyrosinase (mTAR), most of the research has been studied with this enzyme. For screening of the compounds, the popular whitening agents, such as kojic acid, arbutin or hydroquinone, were used as a positive control. As a result, in recent years, numerous mushroom tyrosinase inhibitors from natural and synthetic sources have been identified. The inhibitory strength was expressed as IC50 value, which is the concentration of the inhibitor needed to inhibit half of the enzyme activity in the tested condition. The Ki value is the reflective of ligand-binding affinity to the enzyme. The lower Ki value means higher binding affinity, whereas higher Ki value means lower binding affinity. The Ki value for non-competitive inhibitors is essentially

the same numerical value as the IC<sub>50</sub> of the inhibitors, whereas for competitive inhibitors, the K<sub>i</sub> is about one-half that of the numerical values of IC<sub>50</sub>. For in vitro analysis, B16 cells were usually

used because they are relatively easy to culture in vitro and shares the melanogenesis mechanisms of normal human melanocytes.



### Induction of Pigmentation

For the development of effective skin whitening, we also need to understand processes that regulate the induction of pigmentation. Constitutive pigmentation is reflected by the phenotypes of the different skin types with varying pigmentation based on their genetic diversity. The facultative pigmentation acquired on top of the constitutive level can be obtained via different stimuli of which ultraviolet radiation (UVR) is well known as provoking the “tanning response”.

Various pathways can be induced by the signalling through basic fibroblast growth factor (bFGF), hepatocyte growth factor (HGF), stem cell factor (SCF), endothelin-1 (ET-1), adrenocorticotrophic hormone and α- melanocyte stimulating hormone (ACTH and α-MSH) via their respective receptors present on melanocytes and thus stimulating their pigment production. These signalling pathways could also serve as a means of specific targeting the melanogenic pathway.

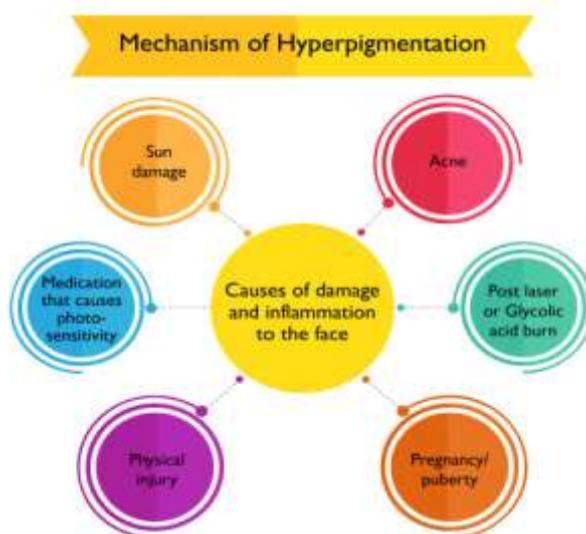
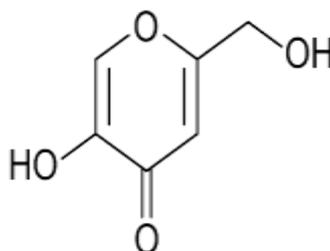


FIG.MECHANISM OF HYPERPIGMENTATION

## DRUGS USED IN DEPIGMENTATION PROCESS- 1.KOJIC ACID



STRUCTURE-KOJIC ACID

The KA (the name 'kojic acid' was derived from "Koji") is a chemical product that is obtained from various types of fungi such as *A. flavus*, *A. oryzae*, *A. tamarii*, and *A. parasiticus*. It is also produced from the fermentation of some Asian foods (e.g. soy sauce and rice wine), which acts as a primer for fungus or inoculum [38–44]. Kojic acid was first marketed in 1955. The Charles Pfizer and Company, USA, was the first company to try to build this product. In recent years, kojic acid producing companies include two in China and three companies in Japan, Switzerland, and the USA. Rapid growth of industries and discovery of the potential uses of kojic acid and its derivatives, generated great demands for this product. KA is classified in the group of organic acids, which is obtained from different types of fungi during aerobic fermentation process. Its chemical structure is identified as 5-hydroxy-2-

hydroxymethyl- $\gamma$ -pyrone. Some of these species are capable of producing KA in large amounts, but genetic modifications could alter their ability to greater performance. As mentioned earlier, KA as a skin whitening, skin lightener or depigmenting agent is used in cosmetic formulations. It is naturally produced by various species of *Penicillium* and *Acetobacter* and various species of acetic acid bacilli. Several methods are suggested for the analysis of KA in various industries, including voltammetry, spectrophotometry, column chromatography with ultraviolet detection, thin-layer chromatography, gas chromatography with or without flame ionization, mass spectrometry detection, bio gel P-2 column chromatography, and high-performance liquid chromatography with photodiode-array or ultraviolet detection.

A	B	C
<ul style="list-style-type: none"><li>•KA</li><li>•KASL</li><li>•Melanobleach-K</li><li>•OriStar KA</li><li>•Rita KA</li><li>•Tonelite KA</li><li>•AEC KA</li></ul>	<ul style="list-style-type: none"><li>•5-hydroxy-2-hydroxymethyl-4-pyrone</li><li>•5-hydroxy-2-hydroxymethyl-4H-pyran-4-one</li></ul>	<ul style="list-style-type: none"><li>•Dermawhite HS</li><li>•Melarrest A</li><li>•Melarrest L</li><li>•Vegewhite</li><li>•Botacenta SLC 175</li></ul>

FIG.SCHEMATIC DIAGRAM OF TRADE NAME,TECHNICAL NAME OF KOJIC ACID

Transdermal penetration, depigmentation and development of methods

The topical absorption of KA according to pharmacokinetic absorption studies in rats and human skin, is estimated to be 0.03–0.06 mg/kg/day. The genotoxic risk of KA as a skin lightening agent for humans is less. The in vitro percutaneous absorption values of KA in human skin resulted in 17%, and the maximum potential

human systemic exposure dose (SED) would be 1.7 mg or 0.028 mg/kg/day for a 60 kg adult human. This SED range is based on the application area of hands and face. The results of an oral/topical pharmacokinetic study in rats showed 18% of systemic exposure after topical application. Pharmacokinetic studies in rats after oral and subcutaneous administration to rats, showed that KA was rapidly absorbed and metabolized. The

percutaneous absorption of KA in human skin was investigated in vitro and recovered <sup>14</sup>C-equivalents (%) were determined by liquid scintillation counting in the skin excess ( $75.8 \pm 9.3$ ), stratum corneum ( $3.7 \pm 2.2$ ), epidermis ( $9.2 \pm 4.3$ ) and the receptor fluid ( $7.8 \pm 6.8$ ). KA showed a significant tendency to penetrate into the dermis and epidermis (penetration rate of  $16.98 \pm 10.28\%$ , corresponding to  $3.58 \pm 2.38$  <sup>14</sup>C-meq/cm<sup>2</sup> of

treated skin area). Percutaneous absorption of KA in six healthy postmenopausal Japanese women were measured before and after applying a cream containing 1% KA. All the concentrations in plasma were only slightly above the quantitation limit of 1 ng/ml. So, it was proved that KA had not the potential role for transdermal penetration into the blood.

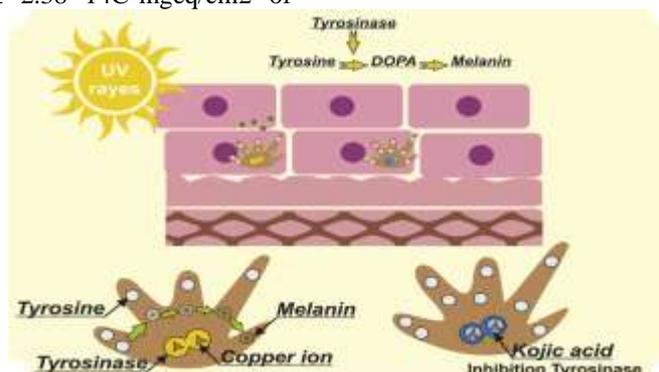


FIG-TYROSINASE INHIBITORY MECHANISM OF KA IN MELANIN BIOSYNTHESIS FOR CREATING MELANIN BY KA.

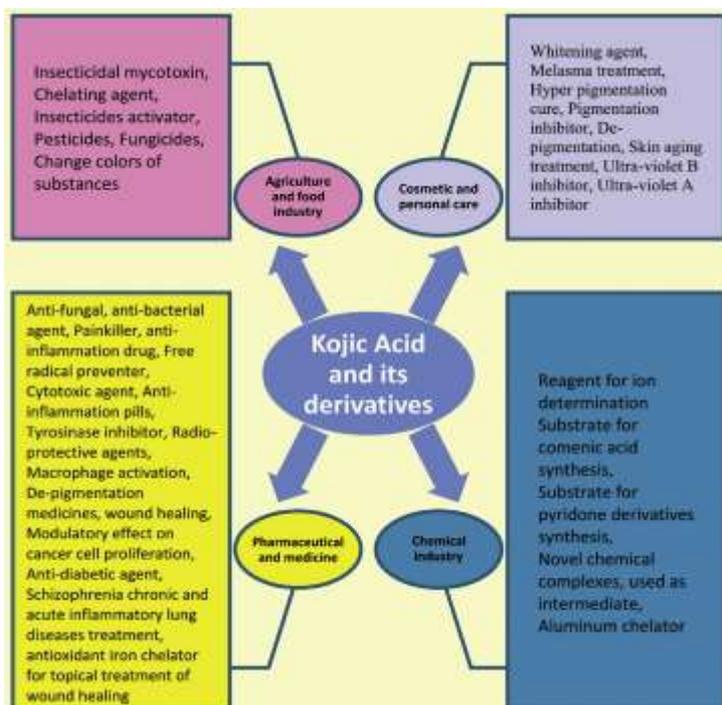


FIG-. KEY FUNCTION OF KA AND ITS DERIVATIVES IN DIFFERENT INDUSTRIES.

Characteristics and applications of KA in cosmetic and pharmaceutical preparations

The most important applications of KA are as follows:

- a-Bleaching properties and skin protection in contrast to ultraviolet light in cosmetic products
- b-Dental care products

In some studies, melanogenic inhibitory properties of KA have been proven in vitro. Due to the carcinogenicity of HQ and its prohibition in Asia, the FDA has introduced KA as an alternative for HQ. Recently, chelates of KA and manganese and zinc metals have been introduced as protective agents against gamma and radio rays. KA and its derivatives have become increasingly important due to various biological activities, including antimicrobial and antiviral, antitumor, antidiabetic, anticancer, anti-Speck, anti-parasitic,

and pesticidal and insecticidal activities. In addition, KA and its derivatives are used as antioxidant, anti-proliferative, anti-inflammatory, radio protective and skin lightening agent in drug and cosmetic products, due to their tyrosinase inhibitory activity. Furthermore, KA could be developed as a chemo sensitizer to enhance efficacy of commercial antifungal drugs or fungicides. Potential application of KA and its derivatives has been studied in veterinary medicine, cosmetic and chemical industry

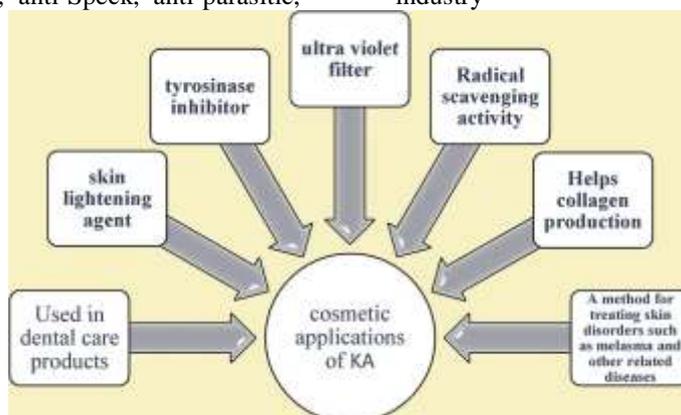
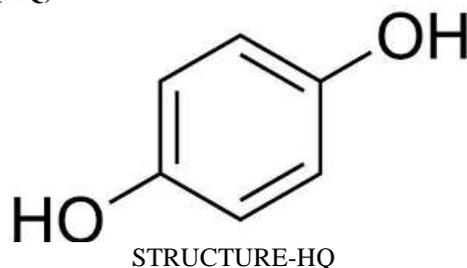


FIG-APPLICATIONS OF KOJIC ACID

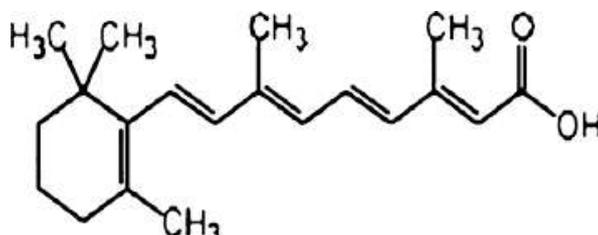
### 2,1,4-DIHYDROXYBENZENE (HQ)



Most pharmacological depigmenting agents target the activity of tyrosinase, a key enzyme in melanin synthesis. Tyrosinase is a copper-containing transmembrane glycoprotein that is the rate limiting enzyme in melanogenesis. HQ, a powerful tyrosinase inhibitor, is the most extensively investigated antimelanogenic agent. HQ competes with the tyrosinase substrate (i.e., tyrosine) and prevents its enzymatic oxidation to dihydroxyphenylalanine. In addition, oxidative products of HQ cause oxidative damage to membrane lipids and proteins, including tyrosinase. In a randomized, double-blind, placebo-

controlled trial, Ennes et al reported that 38% of patients treated with 4% HQ achieved clinical clearance of melasma in 12 weeks, compared with only 8% of patients in the control group. In another randomized, double-blind trial, Haddad et al compared the efficacy of 4% topical HQ with a skin-whitening complex consisting of Arctostaphylos uvaursi, biofermented Aspergillus, grapefruit extract, and rice extract in 30 patients with melasma. HQ showed a 77% improvement, whereas the skin-whitening complex showed a 67% improvement.

### 3.TRETIONIN



STRUCTURE-TRETIONIN

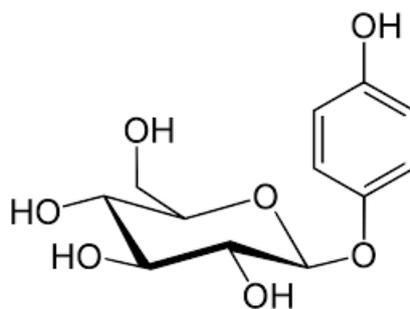
Tretinoin is another topical pharmacological agent that acts by inhibiting the activity of tyrosinase. This topical retinoid was first used in combination with HQ to enhance its penetration; however, it was later recognized that retinoid alone has an effect on pigmentation by inhibiting the activities of tyrosinase and dopachrome conversion factor. Concentrations ranging from 0.025% to 0.1% have been used to treat pigmentation disorders and skin aging. In 1993, a randomized controlled trial evaluating the efficacy of topical 0.1% tretinoin was conducted in patients with melasma by Griffiths et al. After 40 weeks of using tretinoin, 68% of the patients were rated as “much improved” or “improved”, whereas only 5% of the vehicle group showed “improvement”. However, the rate of adverse reaction was also high in the study groups. Moderate cutaneous adverse effects (erythema and irritation) occurred in 88% of patients in the tretinoin group and in 29% of the vehicle group. In another study performed by Kimbrough-Green et al, tretinoin also exhibited good clinical efficacy with a high rate of adverse events. Moreover, a review article by Kang et al reported that topical retinoids

were effective for the treatment of pigmentary disorders, either as monotherapy or in combination with other topical agents.

#### Triple-combination cream

Triple-combination cream (TCC), which contains 4% HQ, 0.05% tretinoin, and 0.01% fluocinolone acetonide, is the most effective topical treatment for melasma reported to date. TCC is the only HQ-containing drug approved by the United States Food and Drug Administration for the treatment of melasma. As mentioned earlier, HQ and tretinoin show depigmenting effects by inhibiting the activity of tyrosinase. Fluocinolone acetonide is a corticosteroid that reduces levels of cytokines, including endothelin-1 and granulocyte macrophage colony-stimulating factor, which mediate UV-induced pigmentation. Apart from their individual depigmenting effects, each ingredient of the TCC can help in reducing the potential side effects of the other ingredients. Steroids reduce the irritation caused by HQ, and tretinoin ameliorates corticosteroid-induced epidermal thinning.

### 4.ARBUTIN



STRUCTURE-ARBUTIN

Arbutin, derived from the bearberry plant, is a naturally occurring HQ beta-D-glucopyranoside. It is commonly used in the production of cosmetic agents and is known to exhibit depigmenting activity at nontoxic

concentrations. Arbutin has been demonstrated to suppress tyrosinase activity without affecting its messenger RNA expression, and to inhibit 5,6-dihydroxyindole-2-carboxylic acid (DHICA) polymerase activity. In a randomized, open-label

study conducted by Ertam et al, melanin level was significantly decreased in 10 melasma patients

treated with 1% arbutin for 6 months.

## 5. AZELIC ACID.

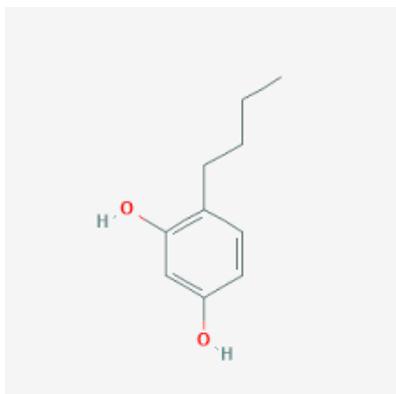


### STRUCTURE - AZELAIC ACID

Azelaic acid is a naturally derived dicarboxylic acid present in *Malassezia furfur*. It inhibits tyrosinase activity, leading to the hypopigmented macules commonly observed in tinea versicolor. Bali-na and Graupe compared the efficacy of 20% azelaic acid and HQ in the treatment of melasma. In that 24-week trial, 64.8%

of patients treated with azelaic acid exhibited "good" or "excellent" results, whereas 72.5% of patients treated with 4% HQ also reported the same results. Thus, it was concluded that there was no significant difference in efficacy between these two treatments, and severe side effects (e.g., allergic sensitization or exogenous ochronosis) were not observed with azelaic acid.

## 6.4-N-BUTYLRESORCINOL



### STRUCTURE-4-N-BUTYLRESORCINOL

4-n-Butylresorcinol also directly inhibits the activities of tyrosinase and tyrosinase-related protein-1 (TRP-1). We have demonstrated the efficacy of this compound in several previous clinical trials. In a randomized controlled split-face trial, 0.1% 4-n-butylresorcinol cream showed rapid efficacy with excellent tolerability in patients with melasma. In another randomized, double-blind, vehicle-controlled, split-face study, liposome-encapsulated 4-n-butylresorcinol had significantly reduced the melanin index after 8 weeks of application, without any occurrence of adverse events.

New approaches to developing depigmenting agents

The data described herein indicate that HQ is not a safe tyrosinase inhibitor and that it is necessary to develop novel topical agents for the treatment of pigmentary disorders. 4-n-Butylresorcinol may be used to produce a safe cosmetic agent, with the clinical efficacy required of a pharmacological agent. Furthermore, a multitarget approach is necessary because the combined use of two agents with different mechanisms of action can produce more powerful, additive effects. For example, 4-n-butylresorcinol acts mainly by inhibition of

tyrosinase activity and has no effect on MITF. However, when combined with hinokitiol, an additive effect is produced which reduces MITF expression. The combination of two agents with different mechanisms may therefore be another useful strategy for increasing the efficacy of these agents.

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#### CONCLUSION-

Whitening agents are largely represented in global landscape. The need for and fair skin is highly capitalized by both the cosmetic and dermatologistologic industries. Tyrosinase has become important targets for the development of hypo-pigmenting agents and thus tyrosinase is mostly studied target for inhibiting the melanogenesis. Many drugs such as HQ, arbutin, kojic acid, etc. are used as tyrosinase inhibitors but they also show many side effects as discussed in review. Thus, there is great need for development of novel drugs with no side effects.

The review also focuses on recent studies on skin whitening agents such as chalcones, coumarin derivatives, thiourea, etc. repurposing of existing drugs has become one of the important approaches in drug discovery program of development potent melanogenesis inhibitor. In conclusion there is great need for development of novel drugs as skin whitening agents. Therefore, more clinical studies are needed for designing and developing new products.

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