

Alternative Medicine: Therapies and Treat the Diseases by new ways

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ABSTRACT::

Indispensable drug is a term that describes medical treatments that are used rather of traditional (mainstream) curatives. Some people also relate to it as “ integrative, ” or “ reciprocal ” drug. Indispensable drug is the most extensively used remedy systems, in the treatment of colorful conditions. Indispensable drug is used extensively because there are a large health care druthers to be more harmonious within the own values and beliefs towards health. Indispensable drug is more compatible with cases, offers more particular autonomy and control over the health care opinions. It's accepted worldwide because of its presentation atibility and adequacy in adding the beliefs regarding the nature and meaning of wealth and illness. This review deals with colorful indispensable curatives used similar as Ayurveda, homeopathy, acupuncture, naturopathy, yoga, herbal drug, massage remedy; effectiveness of the indispensable drug; assessment of the effectiveness of indispensable drug; sources of information about the indispensable drug; indispensable drug curatives in treatment of colorful conditions; perceived benefits of indispensable drug and thereby concluding with the increased position of acceptance of indispensable drug, its wide use in colorful conditions and their treatment with colorful indispensable curatives. crucial words Indispensable drug, Ayurveda, Homeopathy, Acupuncture, Naturopathy, Yoga, Herbal drug, Massage remedy, conditions, Treatment.

I. INTRODUCTION:

Alternative drug is a type of any health care emedy or a system which isn't accepted generally in the ultramodern biomedicine or curatives that are generally offered in place of or as a cover for the conventional curatives(1). The main sluice of medical practice generally includes the Allopathic drug. The colorful volition curatives used are homeopathy, acupuncture, naturopathy, herbal drug, diet fashions, folk drug, faith mending, Ayurveda drugs, chiropractic, yoga, massage

remedy and music remedy. Courses in the indispensable drug are also known as reciprocal drug; private medical insurance agencies decreasingly include the indispensable drug options among their content. In numerous countries indispensable drugs and the

Curatives are generally regulated with nearly no conditions to prove the efficacy or long term safety. Indispensable drug assiduity is roaring(2) and numerous companies dealing alterative drugs appear to have raising share prices on the world stock requests. The term reciprocal drug and the indispensable drug relate to a set of health care practices that aren't a part of the country's own traditional or the conventional drug and aren't completely integrated into the dominant health care system. numerous cases consult their croaker or the indispensable health care providers similar as the naturopaths, herbalists, chiropractors, homeopaths and the interpreters of Chinese or the Ayurveda drug for the indispensable drug remedy. Pediatricians are getting generally more open to indispensable drug. Forty two percent of Canadians use Indispensable drug curatives(3) Indispensable drug is used not so important because of their dissatisfaction with the conventional drug but largely because that they find these health care druthers to be more harmonious with their own values and beliefs towards health and life.

ALTERNATIVE MEDICINE AND ITS EFFECTIVENESS:

Alternative drug has a wide use by over 40 percent of the total U.S population which has been a considerable challenge to the conventional health care guru which has shown a necessity to appreciate the different mending approaches of conventional drugs the treatment approaches and the dimension issues. In addition one must understand how the conventional exploration methodologies and the substantiation reporting limit or conflict with the capability to directly assess the effectiveness of indispensable curatives and where to find dependable information about similar curatives. Effectiveness of care



generally implies the positive outgrowth of the treatment which is the result of combination of the factors like efficacy of an intervention, the approach to the case, response of the case and setting in which care is given. Effectiveness also reflects the aspects of placebo or the expectation effect. Due to the costs, safety issues and the dominance of the pharmaceutical interventions, the demonstrating efficacy reckoned heavily on a single tool for the dimension of a natural remedial effect – Randomized controlled clinical trial (RCT). The RCT approach to determining of all the clinical aspects of the indispensable invention are generally important, given the largely personalized and the multifaceted treatment protocols generally employed. The RCT exploration fashion generally tests a well specified and formalized treatment, delivered slightly in a standard setting to specified subjects and also includes agreements with subjects to misbehave and cleave to the protocol generally for a price. Due to this design the efficacy studies specifically count the multiple, real world clinical factors which include the approach to the case, treatment setting, life style issues and the adherence to drug protocol.

EXAMPLES FOR THE ASSESMENT OF EFFECTIVENESS OF ALTERNATIVE THERAPIES:

An illustration of an analysis of the weight of substantiation in the volition and the reciprocal drugs from the composition Rheumatology, ‘Herbal Medicines for the treatment of Osteoarthritis A methodical review’ published in the journal. This composition also includes the treatment of osteoarthritis with Nonsteroidal anti seditious medicines(NSAID’s) by the authors of(from Exeter University, UK and the University of Maryland School of Medicine, US) causes about 2000 deaths a time. The hunt for the literature of RCT’s of herbal remedies for the osteoarthritis was done and set up those 12 trials and 2 systemic reviews of which some of these were unreplicated studies. A set of Eleven remedies were studied Articulin- F(an ayurvedic herbal mineral formulation); avocado/ soybean unsaponifiables(ASU); capsaicin(deduced from hot chili peppers, applied topically); devil’s claw(African factory, active agent iridoid glycoside); eazmov(Ayurvedic herbal admixture); gusto; gitadyl(combination of feverfew, aspen and milfoil); phytodolor(three condiment combination); reumalex(white willow dinghy, guaiacum, black cohosh, sarsaparilla and poplar

dinghy); surcharging nettle and willow dinghy. After reviewing the weight of substantiation the ensuing recommendations were made relatively strong(3 favorable trials) substantiation for the phytodolor, capsaicin. PRINCIPLES OF mending OF VARIOUS ALTERNATIVE curatives The reciprocal and the indispensable drugs remedial systems emphasize some or all of the following principle to a lesser degree than the conventional drugs. They give a frame for understanding the reciprocal and indispensable remedy approaches to mending that discrepancy with the biomedical model of care Emphasize effective communication between the case and healer, which builds the trust and hence promotes integration; Promote the body’s tone- mending capacities(important principle); Emphasize the tone- care and commission of the case in the mending process; Fete the mind, body and spirit as interactive and thick; Address underpinning causes of illness- including the environmental emotional and spiritual factors rather than just the clinical instantiations; help ill health by remaining in balance and harmony with the psychosocial and physical terrain; Enhance heartiness with the optimal diet, exercise and reduced stress life style; Customize the treatment to particular case, rather than fastening on the complaint condition; Emphasize the use of natural non-pharmaceutical substances or non-surgical ways in the care of case; Appreciate the electromagnetic and energetic nature of the mortal organism and the significance of vitality in mending; Admit the mending trip and that the return to wholeness can be a gentle and gradational experimental process.

SOURCES OF INFORMATION ABOUT ALTERNATIVE MEDICINE ON INTERNET:

The internet coffers generally give the information and satisfy the requirements of both health care workers and croakers . The ensuing list is useful starting point and penetrating these websites leads to different indispensable drugs websites.

Metdirectories A metadirectory system provides for the inflow of data between one or further directory services and databases, in order to maintain synchronization of that data, and is an important part of identity operation systems. The metadirectories that offer hyperlinked rosters of the indispensable drug websites are- The Indispensable drug Home runner www.pitt.edu/cbw/altmhtml provides the

information about the indispensable drugs with access to the databases, internet coffers, mailing lists and government coffers. The point Alternative Medicine Health Care Information coffers – McMaster University < www-hsl.mcmaster.ca/tomflem/altmed.html > offers access to the general coffers on indispensable drugs on the World Wide Web. Links to the runners are inclusive or encyclopedic in nature. Each link generally offers access to multiple indispensable drugs motifs. The links to inclusive coffers are followed by a list of veritably specific coffers on single motifs. This is an excellent point to pierce and also has numerous applicable hyperlinks. The point National Center for reciprocal and Indispensable drug(NCCAM) National Institutes of Health(NIH) is patronized by the office of Alternative Medicine established in 1992 as a part of the National Institutes of Health.(4) DATABASE Databases allow the druggies to search for papers on specific motifs regarding indispensable drugs. Alt-HealthWatch www.softlineweb.com/althealth includes the full textbook database of peer reviewed journals, diurnals, academic and professional publications, magazines, consumer newsletters and journals, exploration reports and the association newsletters concentrated on volition, reciprocal and intertwined approaches to health care. Alt- Health Watch provides the information regarding the professional and consumer situations across the full diapason of 200 curatives, modalities and the colorful perspectives addressed by intertwined drug. The International Bibliographic Information on Dietary.

Supplement (IBIDS) <odp.od.nih.gov/ods/databases/ibids.html> is the database of published, International, scientific literature on dietary supplements, including the vitamins, minerals and botanicals. This database contains 300 000 scientific citations and abstracts. It provides a journal list of more than 1500 publications with links to websites where the users may order the full journal articles. Southwest school of Botanical Medicine-Plant Abstracts includes the European and Asian plants and provides an alphabetical listing of lants that have received some investigations. The abstracts from the foreign medical and pharmacological journals include both human and animal research.

VARIOUS ALTERNATIVE THERAPIES AND THEIR TREATMENT ON VARIOUS DISEASES:

Ayurveda:

Ayurveda(ayush = life, vid = wisdom-Sanskrit) is the ancient medical systems within ancient Vedic tradition offering the wealth of knowledge for meaning full life and health(5). Ayurveda, part of atharvaveda, the last bone of the four Vedas is dateless and unbounded it has applicability indeed to the present day. The gospel of Ayurveda believes that everything in this macrocosm is composed of five rudiments, the panchabhootas. They, in turn constitute the three doshas or bio-energetic forces that govern our health and determine our constitution. Mental and the spiritual health are determined by the trigunas or psychic forces. The ultramodern threat factor thesis pales into nullity in the view of utmost elaborate knowledge in Ayurveda. T.Z. Holwell, presented the colorful details of ancient Indian vaccination styles to the London Royal College of Physicians on 1747(6). colorful detailed textbooks was for the physiology, symptomatology, surgery, medicine remedy and diet. The descriptions of the angina pain and its origin were explained(7). “ Athaathohradrogaprathishedamvyakyawamyah YathovaachaBaghavanDhanvantharim“ AyaammyatheMaaruthajeHradayamThudyathe, NirmaathyatheDheeryatheCha Spotyathe, PaatichaThrinoshadaahachoshaamsyuhuPaithikecha, DhoomaayamCha MoorchaCha Swedhahako. ” In the below chapter the symptoms of heart conditions and brewing death by heart attacks is described by Bhaghvan Dhanvanthari(God of Healing). There are eight branches of Ayurveda integrated at all situations Surgery, drug, gynecology, pediatrics, toxicology, otorhinolaryngology, revivification and the virilification remedy.

The oath of Indian physician is much more elaborate compared to that of the Hippocratic Oath. In a classic, the Greek historian described how Aryans (cultured men-Sanskrit) migrated from India to Greece via Sumeia and many other countries[8]. History shows the much data how the ancient Indian texts and pundits were taken to Greece by the army of Alexander the Great. Charaka Samhitha and the Susrutha Samhitha, were the most famous of all the texts, many others like MadhavaNidhaana are also said to be significant. Several thousands of medicinal plants mentioned in the ancient texts hold the key to future inexpensive pharmacology. Charaka, the great Ayurveda sage wrote. “That is designated as Ayurveda or the science of life wherein are laid down the good and bad of life, the happy and unhappy life and what is wholesome and what is unwholesome of life, as

also the measure of life”[9]. In order to complement modern medicine with all of its disadvantages, Ayurveda fits the bill perfectly with less expensive and equally effective methods good for long term care and is highly effective.

Ayurveda is not just an alternative medicine but the key basis of India’s health.

Homeopathy: Homeopathy is defined as the remedial system using medication of substances whose effect when administered to healthy subjects correspond to the instantiations of the complaint (symptoms, clinical signs and pathological conditions) in the individual case. Homeopathy as an evolution and reciprocal drug and a holistic drug can break some of the ultramodern medical problems. This system was developed by Samuel Hahnemann (1755- 1843) a German doctor in 1810 and treatment for conditions with about 3000 homeopathic remedies was addressed grounded on the golden principles and now it's rehearsed throughout the world (10). Homeopathy is grounded on two main headlines (11). The first principle- ‘like cures like principle’ (similia similibus curentur), states that cases with particular signs and symptoms can be helped by a homeopathic remedy that produces these signs and symptoms in healthy individuals. The alternate principle countries that homeopathic remedies retain the natural exertion after repeated dilution and hence indeed when adulterated beyond Avogadro’s number. The origin of homeopathic drugs includes the following probabilities of Herbal > 80, minerals 10-15 and Beast about 5. The Food and Drug Administration of the United States of America in 1938 honored all the Homeopathic remedies as “drug”, not a supplement or vitamin. Homeopathic remedies were proven to be effective, safe and cost-effective. After this study Switzerland joined the countries of Germany, England, France, Denmark and Luxembourg and handed the homeopathic remedies under insurance (12). Now a day’s homeopathy is honored as the alternate important drug of world in terms of the extent of the cases covered. 40% of the French people use these homeopathic drugs for common cold wave and disinclinations. In Germany, the most generally used treatment for Hay Fever (a seasonal perceptivity) is homeopathy (13).

A scientist named Cohort revealed that homeopathy could effectively reduce patients’ disease severity and improve their quality of life [14] from his study on 3981 patients with allergic rhinitis, headache and atopic dermatitis.

Homeopathy could significantly decrease the pulmonary discharge in patients with Chronic obstructive pulmonary diseases (COPD) who admitted in the Intensive care unit (ICU) and mechanically ventilated and the patients were separated and discharged from the ventilator device faster than the control arm [15]. The effect of Homeopathic remedies efficacy on animals and herbals has been proven and these evidences discourage induction in homeopathy (the use of *Blatta orientalis* in Indian guinea pig and rat has been led to reduction of acetyl choline, histamine, eosinophil, immunoglobulin E (IgE) and ast cell in hypersensitive lungs accompanied with bronchospasm [16]. Gamma interferon production rate by T cells has been increased up to 24 % after the homeopathic remedies use. This also discourages the induction in homeopathy [17].

Acupuncture: Acupuncture means “to puncture with a needle”. The term acupuncture implies two different words from Latin: acus means needle and puncture means insertion [18]. It is the best known of alternative and complementary therapies. Acupuncture is a treatment method that originated more than 3000 y ago in China and also practiced in most of the world [19]. Traditional Chinese medicine defines acupuncture as: the stimulation of certain points on or near the surface of the human body through any technique of point of stimulation with or without the insertion of needles, these include the use of electrical, magnetic, light and sound energy, cupping and moxibustion (the burning on or over the skin of selected herbs), to normalize the physiologic functions or to treat various conditions of the human body [20]. The practice of acupuncture consists of inserting fine, solid needles (usually 32 to 36 gauges) into selected body locations (acupuncture points).

It describes there are 365 points located in systematic fashion on meridians or “channels of energy flow” that are mapped onto the surface of the body. The key principles in traditional Chinese medicine (TCM) are that both wellness and illness result from an imbalance of yin and yang. Yin refers to the feminine aspect of life: nourishing, lower, cool, deficient, inside, receptive, protective, soft and yielding. Yang is the male counterpoint: hard, dominant, energetic, upper, hot, excessive, outside and creative. The movement between these opposite forces, named Qi, is considered to be the essential element in the healing system of CM. Within the wide usage of acupuncture, patients refer to acupuncturist for a variety of indications.

Acupuncture may be useful in difficult conditions such as asthenic states (“tired all the time”, “low energy”), autonomic dysregulation disorders (Anxiety, sleep disturbance, bowel dysfunction) and immune dysregulation disorders (recurrent infections and inflammations)[21]. In many acupuncture practices, the most common indications are mainly for chronic pain unresponsive to standard therapy. The ancient method of acupuncture has gained significant popularity in our era, most of the patients select acupuncture as part of their therapeutic plan because of its long history of use, safety and reports of efficacy. Physicians may also wish to expand the scope of their practice by taking additional training to administer acupuncture, even if one doesn’t add this training, knowing how to refer the credible, well trained acupuncturists and for what indications is increasingly important in evolving model of integrative, combining the best of both scientific medicine and traditional systems of care.

Naturopathy:

Naturopathic drug is a distinct system of primary health care an art, wisdom, gospel and practice of opinion, treatment and forestallment of illness(22). It's distinct type of primary health care drug that generally blends age-old mending traditions with scientific advances and current exploration. It's guided by unique set of principles that fete the body's ingrain mending capacity, emphasize the complaint forestallment and encourage individual responsibility to gain optimal health. Principles of naturopathic drug The mending power of nature – naturopathic recognizes the body's natural mending capability and trusts that the body has the ingrain wisdom and intelligence to heal itself given the proper guidance and tools Identify nd treat causes – ND's attempt to identify and treat the underpinning causes of illness, rather than fastening on individual presenting symptoms; First do no detriment – ND's begin with minimum interventions and do to advanced position interventions only as determined necessary; Croaker as schoolteacher – ND's educate cases, involve them in the mending process and emphasize the significance of croaker - case relationship; Treat the whole person – naturopathic drug takes into account all aspects of an existent's health including physical, internal, emotional, inheritable, environmental, social and spiritual factors; Prevention –naturopathic drug emphasizes optimal heartiness and the forestallment of

complaint. Treatment addresses the case's beginning condition rather than the individual presenting symptoms. The naturopathic croaker (ND) strives to completely understand each case's condition and view symptoms as the body's means of communicating and underpinning imbalance. The main modalities the ND's use are diet, clinical nutrition, behavioral change, hydrotherapy, homeopathy, botanical drug, physical drug, medicinals and minor surgery(23). Naturopathy can also be traced back to the European “ nature cure, ” rehearsed in 19th century, which was a system for treating complaint with natural modalities similar as water, fresh air, diet and sauces. In 20th- century developed in theU.S and Canada, combining nature cure, homeopathy, spinal manipulation and other curatives(24). Naturopathy is most directly viewed as a “ whole system ” medical practice(25), a paradigm guiding the selection and tradition of complex, individualized, ultimodality treatments rules. Naturopathy has defined reduction to single modality.

Naturopaths will take care of reviewing dietary and lifestyle patterns and may offer prescriptions in these areas at a level of detail that exceeds what is commonly provided by allopathic primary care physicians. Naturopathic physicians having a good training and expertise in herbal medicine, which allopathic physicians generally lack. According to Ayurveda, the indigenous system of Indian medicine, which predates naturopathy by thousands of years, dairy products properly prepared, re a “stavic” food, of the highest order of nutritional value. Treatment modalities those utilized by the ND's include the diet and clinical nutrition, behavioral change, hydrotherapy, homeopathy, botanical medicine and physical medicine, also perform minor office procedures and surgery, administer vaccinations and prescribe many prescriptive drugs[26]. Proper nutrition is the foundation of a naturopathic practice; here the food is utilized for both health promotion and disease prevention.

Yoga:

Yoga is specified as a mind and body remedy comprising of colorful breathing and relaxation ways. This includes the contemplation, postures and expression enumeration to ameliorate the internal illness and physical illness(27). Yoga nidrais a type of relaxation fashion, a form of sleep to attain a form of joyful mindfulness which isn't attained with other forms of yoga(28).



Iyengaryoga generally helps in postural alignment and movement; this generally promotes the use of blocks, mats, robes and belts(29). Hatha yoga incorporates yoga postures(asanas), reathing exercises(pranayama's), contemplation(dyana), balancing of contrary parcels(heat/ activation with cool/ comforting) for internal health development(30), kripalu(31) and awareness grounded stress reduction(32) also include in the Yoga. Sudarshankriya yoga helps n metrical breathing ways performed within sitting posture eyes and mouth kept unrestricted(33). Yoga is used to treat colorful conditions and diseases like anxiety, depression, menstrualirregularity, fibromyalgia, hypertension and stress also used in the treatment of cancer. Yoga in treatment of anxiety Anxiety is most common psychiatric diseases with colorful comorbidities like depression, restless leg pattern, cancer and hypertension. The advanced costs of pharmacological curatives, gave rise to the use of indispensable styles of treatment(34). Yoga is used as a remedy to lower the heart rate and blood pressure in case of people suffering with anxiety(35). Symptoms associated with anxiety include short and choppy breaths yoga is suitable to treat the warning signs of anxiety(36). Yoga works because of the activation parasympathetic nervous system and increases the neurotransmitter Gamma aminobutyricacid(GABA) in the brain and thereby relieving anxiety. Yoga also decreases anxiety in cases with psychiatric diseases(anxiety, stress or depression). Yoga also helps to reduce the physiological and cerebral responses to stress.

Herbal drug

Herbal drugs are the use of medicinal shops for the forestallment and treatment of colorful conditions. Herbal drug is substantially grounded on the remedies those containing active principles at veritably low attention, or counting on magical-energetic principles. Traditional drugs are sum aggregate of practices grounded on propositions, belief and experience of different societies and times used in the conservation of health substantially in the forestallment, opinion, enhancement and treatment of illness. The mind body drug is considered as indispensable or the reciprocal mode of traditional western drug and colorful modes used are a part of the mind body connection. A successful treatment using this herbal drugs and the assessment of efficacy isn't different from that ofconventionaldrug. Herbal medicinal shops are used in the treatment of colorful types of conditions similar as Garlic(

Allium sativumL.) used for the treatment of Influenza and Diarrheaetc.

Massage remedy:

Massage remedy is substantially used to manage a health condition or top increase the heartiness, by manipulating the soft apkins of the body. Massage remedy is defined as the soft towel manipulation substantially for the remedial purposes done by the trained therapists(37). This remedy is substantially used to relieve pain. Massage remedy has been followed using the mechanical bias in addition to the therapists, applied to single or multiple body corridor. Swedish/ classical massage is the main type of massage remedy in several countries, clinical massage and sports massage is substantially used for muscle spasms. Other colorful massage curatives are Shiastu, Rolfing, reflexology and craniosacralremedy. Massage curatives are substantially used to treat several types of pain similar as low reverse pain, shoulder pain, neck pain and pain from

osteoarthritis of the knee and headache. Massage remedy is also known to be the spare remedy to help prepare the case for exercise or any other interventions. Massage remedy is infrequently administered as main treatment. Massage remedy in baby growth Massage remedy goods baby growth by weight gain in babies, 34 studies of massage remedy for the unseasonable babies in the y 2017 has estimated the effect of massage remedy on babies with enhancement.

Massage remedy in HIV/ AIDS Massage remedy shown a better response for quality of life, anxiety and depression in case of cases suffering with mortal immunodeficiency contagion(HIV) Acquired immunodeficiency pattern(AIDS). In the y 2010 the review of 4 studies has proven that quality of life for people has been increased in case of HIV/ AIDS cases, in the y 2013 massage remedy has been proven for its use in reducing anxiety and depression in cases suffering with HIV/ AIDS.

BENEFITS OF ALTERNATIVE MEDICINE:

The most frequently endorsed benefits are get relief for my symptoms, the pain or discomfort is less or goes away, feel better and the treatment works better for my particular health problem than standard medicines. The treatment promotes health rather than just focusing on illness. NarendraModi prescribes Ayush traditional ways and endorsed traditional ways to boost immune system, also suggested people to follow the protocol of ministry



of Ayurveda, Yoga and Naturopathy, Unani, Siddha and Homeopathy to fight with various diseases. Narendra Modi said that Ayurveda is not just an alternative today but is one of the key bases of the Country's health policy. Bhadra Ayurveda and panchakarma are the permanent cure for joint pains and determined to be expert treatment for Arthritis, Spondylitis and all types of joint pains. Oscar Fernandes a Congress leader shares story of cow urine curing cancer, known as the virtues of "gaumutra". The virtues of Indian systems of medicine were also praised and said that knee joint pain has been cured completely with the help of "vajrasana" in yoga stating that Yoga is our wealth. Our Indian systems of medicine will provide a lot of reliefs even before going to a doctor. Cow cuddling is believed to promote positivity and reduce stress by boosting oxytocin in humans, the calming effects of curling with a pet or emotional support animal, it seems, are accentuated when cuddling with larger mammals. CAM has a large and growing in this country and all over the world. The increasing use of CAM represents significant shift in the health care received by the populations of industrialized countries.

II. CONCLUSION:

Alternative medicine has become popular and many of the professionals working in occupational and environmental medicine feel the need to learn about it and implement it. Many adults and children, several patients, ambulatory patients use alternative medicine in addition to the traditional therapies. A wide spread of increase in the use of alternative medicines and practicing has been noted in the recent years. There is a need for the alternative medicine industry and also its health professionals to improve its self regulation and standards. The public has gained accurate information about the alternative medicines within the internet and alternative medicine websites where the safety and efficacy information is clearly presented. Several challenges have been set for the researchers to find more appropriate ways of studying the effectiveness of complementary and alternative therapies. Various alternative therapies are assigned to treat various diseases, most of the alternative therapies are used to treat various diseases which could be mentioned as problem with the conventional medicine therapy. CAM is and increasingly important system which implies good patient compliance. Hence alternative medicine serves as the important therapies in treatment of several diseases and increases the level

of acceptance in patients which is reported to be a problem with some conventional therapies and serves to a greater degree within some or all of its principles.

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