

## Assessing the Efficacy of Anthocyanin Based Natural pH Indicator against Phenolphthalein

Salu F S<sup>\*1</sup>, Vidya C S<sup>\*2</sup>, Dr. Uma Nath U<sup>\*3</sup>, Athira A S<sup>\*4</sup>, Dr. R Xavier Arulappa<sup>\*5</sup>, Dr. Prasobh G R<sup>\*6</sup>

*1\* Student, Eighth semester B Pharm, Sree Krishna College of pharmacy and Research Centre, Parassala, Thiruvananthapuram, Kerala, India -695502*

*2\* Student, Eighth semester B Pharm, Sree Krishna College of pharmacy and Research Centre, Parassala, Thiruvananthapuram, Kerala, India-695502*

*3\*Professor, Department of Pharmaceutical Chemistry and Analysis, Sree Krishna College of Pharmacy and Research Centre, Parassala, Thiruvananthapuram, Kerala, India -695502*

*4\*Associate Professor, Department of Pharmaceutical Chemistry and Analysis, Sree Krishna College of Pharmacy and Research Centre, Parassala, Thiruvananthapuram, Kerala, India-695502*

*5\*HOD, Department of Pharmaceutical Chemistry and Analysis, Sree Krishna College of Pharmacy and Research Centre, Parassala, Thiruvananthapuram, Kerala, India-695502*

*6\*Principal, Sree Krishna College of Pharmacy and Research Centre, Parassala, Thiruvananthapuram, Kerala, India - 695502*

Date of Submission: 15-02-2025

Date of Acceptance: 25-02-2025

### ABSTRACT

The color of acid-base indicators changes when the medium's pH changes, and the extracts of different plants exhibit sharp color changes when the reacting medium's pH changes. Because synthetic acid base indicators have some drawbacks, such as a difficult manufacturing process, high cost, and the potential to pollute the environment or injure users, a study has been conducted to replace them with natural extract. To find out their indicator activity, Hibiscus, Butterfly pea flower, Pomegranate, Red onion, Grape, and Dragon fruit extracts are compared to phenolphthalein indicator. Four different types of neutralization titrations like HCl Vs NaOH, HCl Vs NH<sub>3</sub>, CH<sub>3</sub>COOH Vs NaOH, and CH<sub>3</sub>COOH Vs NH<sub>3</sub> are done to get precise and accurate results. This research work proves that we can use natural extract as a substitute for synthetic acid base indicator in various acid-base titrations.

**Keywords:** pH indicator, Phenolphthalein, Anthocyanin, Hibiscus, Butterfly pea, Pomegranate, Red onion, Dragon fruit, Grapes.

### I. INTRODUCTION

#### INTRODUCTION TO NATURAL pH INDICATORS

A natural indicator is a type of indicator found in nature that may determine whether a chemical is acidic or basic. Plant dyes and pigments are brilliantly colored chemicals that

change color when the pH changes. Flavonoids, Flavonols, Acylated flavonoids, Anthocyanins, Glucosylated acylated anthocyanin, Quinines, Imines, Polymethines, Napthaquinones, Anthraquinonoids, Indigoids, Dihydropyranes, Diarylmethanes, and Carotene are examples of organic and inorganic compounds that contribute to the color of plant tissues. Some of these compounds change color with pH, which can be used as a natural indicator. The hue and stability of these pigments are influenced by pH, light, temperature, and structural features. Anthocyanins are strong, water-soluble pigments that give many fruits, vegetables, and flowers their red, purple, and blue hues.

The majority of commercially available standard synthetic indicators are expensive. Additionally, they are both poisonous and combustible. They also demonstrate downsides such as availability, environmental pollution, and chemical pollution. Furthermore, the use of synthetic markers in food applications is being avoided or reduced to a greater extent due to their possibly harmful effects on humans. To solve the shortcomings of synthetic indicators, scientists are conducting substantial research in the field of natural materials, which are less dangerous to humans, cost-effective, readily available, and environmentally acceptable. Natural pigments or dyes found in plants are rarely harmful, pollution-free, and simple to make or extract.

Examples of Anthocyanin Containing species: Flowers: Hibiscus, Butterfly pea, Rose. Fruits: Grapes, Pomegranates, dragon fruit, Apple, Strawberries. Vegetables: Red Cabbage, Red Onion, Beetroot.

## INTRODUCTION TO PLANTS

### ➤ HIBISCUS



Fig no:1 Hibiscus

**Scientific Name:** Hibiscus sabdariffa L  
**Family:** Malvaceae

### ➤ BUTTERFLY PEA



Fig no:2 Butterfly pea

**Scientific Name:** Clitoria ternatea L.  
**Family:** Fabaceae

### ➤ POMEGRANATE



Fig no:3 Pomegranate

**Scientific Name:** Punica granatum  
**Family:** Lythraceae

### ➤ GRAPES



Fig no:4 Grapes

**Scientific Name:** Vitis vinifera L.  
**Family:** Vitaceae

### ➤ RED ONION

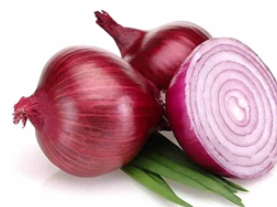


Fig no:5 Red onion

**Scientific Name:** Allium cepa  
**Family:** Amaryllidaceae

### ➤ DRAGON FRUIT



Fig no:6 Dragon fruit

**Scientific Name:** Hylocereus spp.  
**Family:** Cactaceae

## ANTHOCYANIN

The fundamental C skeleton that makes up anthocyanin structure is C6-C3-C6. The primary distinctions between the more than 600 different forms of anthocyanins are the number and location of hydroxyl groups, the degree of methylation of the hydroxyl groups, the type and quantity of sugar

molecules, and the acids that are attached to the sugars.

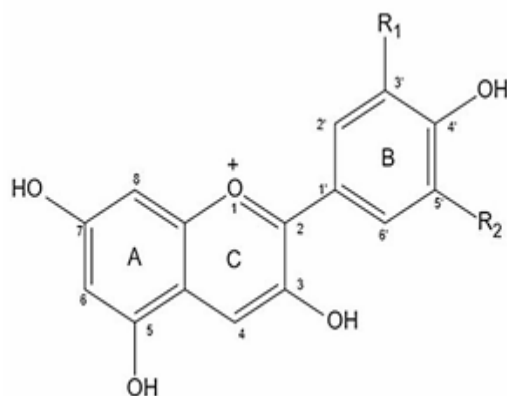


Fig no:7 Structure of Anthocyanin

The red, purple, and blue hues of fruits, vegetables, flowers, and red wine are caused by a class of water-soluble pigments called anthocyanins.

## II. METHODOLOGY

### Materials:

Hibiscus, Butterfly pea flower, Pomegranate, Conical flask, Beaker, Funnel, Mortar and pestle, Burette, Whatman filter paper, Tripod stand, Burner.

### Reagents:

Phenolphthalein, Sodium hydroxide, Hydrochloric acid, Acetic acid, Ammonia, Distilled water.

### Sample collection:

Hibiscus and Butterfly pea flower are collected from adjacent area of college. Pomegranate is collected from supermarket. Red onion is collected from vegetable stall.

### Preparation of extract:

#### ➤ For Hibiscus:

20 gm of fresh hibiscus was collected. Boiled it in 200 ml water and left overnight. On the following day, decanted into clean beaker.

#### ➤ For Butterfly pea flower:

20 gm of fresh butterfly pea was collected. Boiled it in 200 ml water and left overnight. On the following day, decanted into clean beaker.

#### ➤ For Pomegranate:

Hot water extraction: Collected 75gm of pomegranate arils. Transferred to mortar and pestle

and add 10ml of hot water. Triturated the mixture well. Filtered the mixture using Whatman filter paper.

#### ➤ For Red onion:

Hot water extraction: 100 gm of red onion was cut into small pieces. Transferred to mortar and pestle and add 15 ml hot water. Triturated the mixture well. Filtered the mixture using Whatman filter paper.

#### ➤ For Dragon fruit:

Collected 20 gm peels of fresh dragon fruit. Boiled in 100 ml distilled water and filtered using Whatman filter paper.

#### ➤ For Grapes:

Hot water extraction: 100 grams of grapes was cut into small pieces. Transferred to mortar and pestle and add 15 ml of hot water. Triturated the mixture well. Filtered the mixture using Whatman filter paper.

### TITRATION PROCEDURE:

#### ➤ HCl Vs NaOH

0.1 ml of natural indicators as indicator in the titration of HCl Vs NaOH and these titrations repeated for 3 times to get precise results. Same titrations are done using phenolphthalein as indicator then both results obtained from titration using plant extract and titration using phenolphthalein are compared.

#### ➤ HCl Vs NH<sub>3</sub>

0.1 ml of natural indicators as indicator in the titration of HCl Vs NH<sub>3</sub> and these titrations repeated for 3 times to get precise results. Same titrations are done using phenolphthalein as indicator then both results obtained from titration using plant extract and titration using phenolphthalein are compared.

#### ➤ CH<sub>3</sub>COOH Vs NaOH

0.1 ml of natural indicators as indicator in the titration of CH<sub>3</sub>COOH Vs NaOH and these titrations repeated for 3 times to get precise results. Same titrations are done using phenolphthalein as indicator then both results obtained from titration using plant extract and titration using phenolphthalein are compared.

#### ➤ CH<sub>3</sub>COOH Vs NH<sub>3</sub>

0.1 ml of natural indicators as indicator in the titration of CH<sub>3</sub>COOH Vs NH<sub>3</sub> and these titrations repeated for 3 times to get precise results.

Same titrations are done using phenolphthalein as indicator then both results obtained from titration using plant extract and titration using phenolphthalein are compared.

### III.

### IV. OBSERVATION

#### pH TESTING

SL NO	NATURAL pH INDICATOR	pH
1.	HIBISCUS	6.40
2.	BUTTERFLY PEA	7.14
3.	POMEGRANATE	4.76
4.	RED ONION	6.56
5.	DRAGON FRUIT	6.51
6.	GRAPES	4.76

Table no: 1 pH of natural indicators

## COLOR CHANGE

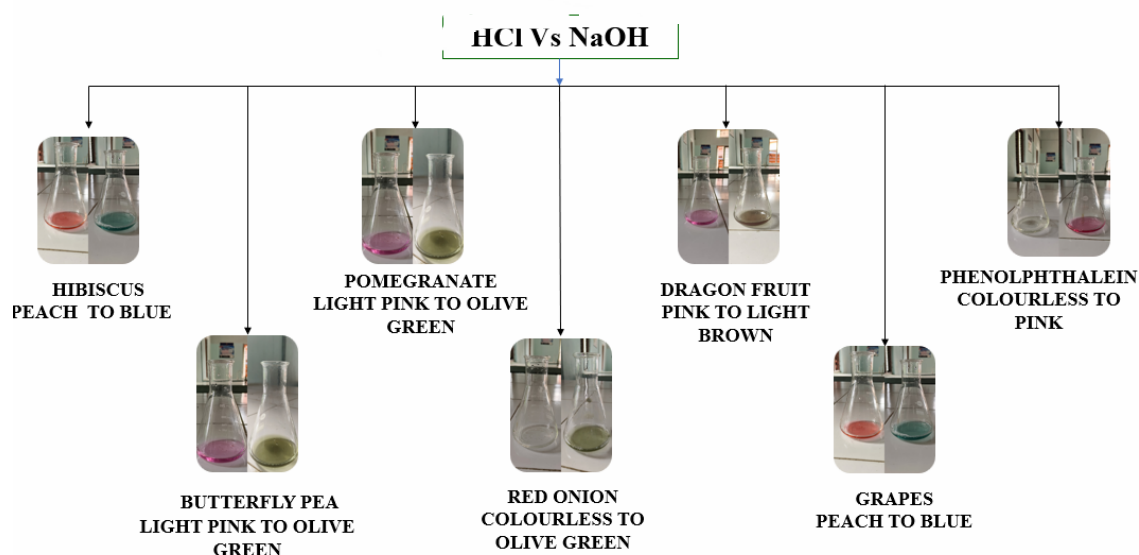


Fig no:8HCl Vs NaOH

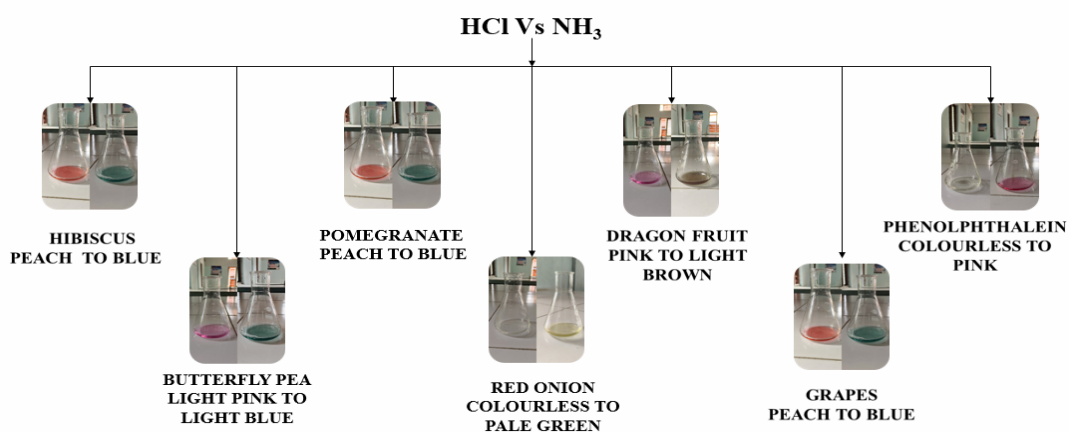


Fig no:9HCl Vs NH<sub>3</sub>

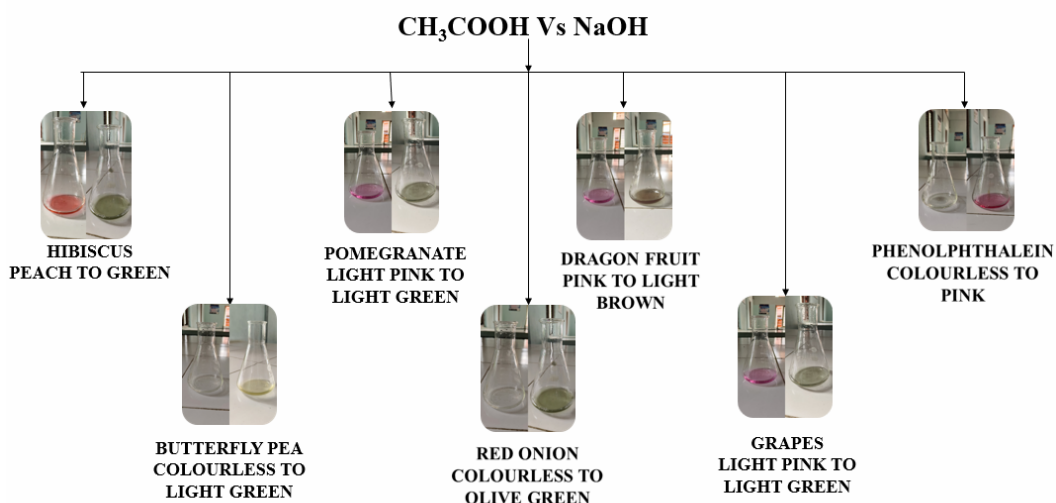


Fig no:10 CH<sub>3</sub>COOH Vs NaOH

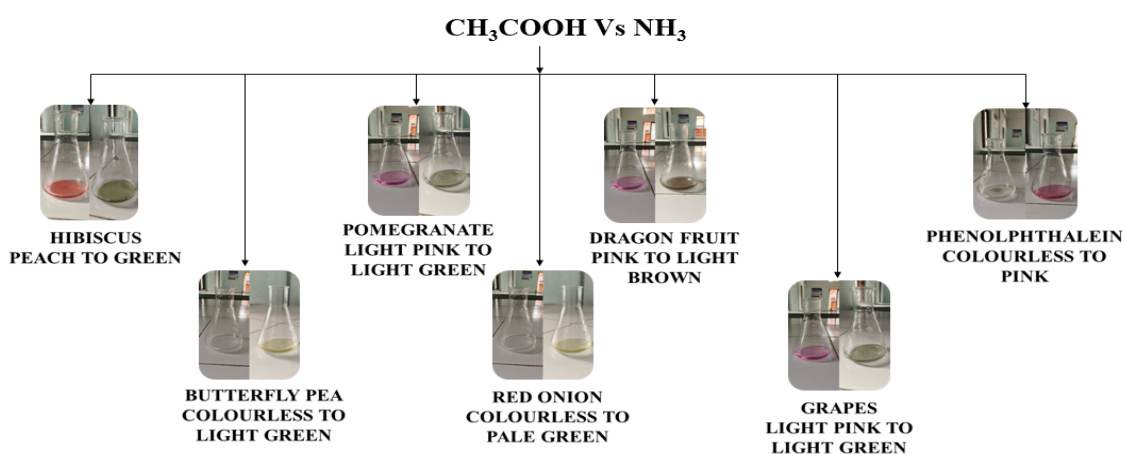


Fig no:11 CH<sub>3</sub>COOH Vs NH<sub>3</sub>



## TITRATION

SL NO	TITRATION	INDICATOR						
		PHENOLPH-THALEIN	HIBISCUS	BUTTERFLY PEA	POMEGRANATE	RED ONION	DRAGON FRUIT	GRAPES
1	HCl Vs NaOH	<u>8.6ml</u>	7.2ml	9.6ml	<u>8.9ml</u>	9.1ml	7.8ml	<u>8.3ml</u>
2	HCl Vs NH <sub>3</sub>	<u>9ml</u>	<u>9ml</u>	<u>9.4ml</u>	8.1ml	11.2ml	<u>9.4ml</u>	<u>9ml</u>
3	CH <sub>3</sub> COOH Vs NaOH	<u>8.9ml</u>	10.6ml	9.6ml	<u>8.9ml</u>	<u>9ml</u>	10.5ml	10.2ml
4	CH <sub>3</sub> COOH Vs NH <sub>3</sub>	<u>9.9ml</u>	11.4ml	<u>9.5ml</u>	<u>9.6ml</u>	12.1ml	12ml	12.8ml

Table no:2 Titration values of indicators



### ➤ HCl Vs NaOH

In HCl Vs NaOH titration, natural pH indicator pomegranate have nearest value to that of phenolphthalein.

### ➤ HCl Vs NH<sub>3</sub>

In HCl Vs NH<sub>3</sub> titration, natural pH indicators hibiscus and butterfly pea flower have nearest value to that of phenolphthalein.

### ➤ CH<sub>3</sub>COOH Vs NaOH

In CH<sub>3</sub>COOH Vs NaOH titration, natural pH indicators pomegranate have nearest value to that of phenolphthalein.

### ➤ CH<sub>3</sub>COOH Vs NH<sub>3</sub>

In CH<sub>3</sub>COOH Vs NH<sub>3</sub> titration, natural pH indicators pomegranate and butterfly pea flower have nearest value to that of phenolphthalein.

## V. CONCLUSION

- In case of strong acid Vs strong base titration [HCl Vs NaOH] the natural pH indicator pomegranate can be used instead of phenolphthalein.

- In case of strong acid Vs weak base titration [HCl Vs NH<sub>3</sub>] the natural pH indicators hibiscus and butterfly pea flower can be used instead of phenolphthalein.
- In case of weak acid Vs strong base titration [CH<sub>3</sub>COOH Vs NaOH] the natural pH indicator pomegranate can be used instead of phenolphthalein.
- In case of weak acid Vs weak base titration [CH<sub>3</sub>COOH Vs NH<sub>3</sub>] the natural pH indicators pomegranate and butterfly pea flower can be used instead of phenolphthalein.

## REFERENCE

- [1]. B. Bhuvaneshwari, G. Sivaelango, D. Parthiban, N. Arun, and P. Kumaravel, "Natural dyes as acid-base indicators from betavulgaris," Research Journal of Pharmacognosy and Phytochemistry, 2015; 7(2):65
- [2]. Choi, J. Y. Lee, M. Lacroix, and J. Han, "Intelligent pH indicator film composed of agar/potato starch and anthocyanin

- extracts from purple sweet potato,” Food Chem., 2017, 218: 122–128
- [3]. Kadam S, Yadav A, Raje V, Waghmare K. Comparative study of natural and synthetic indicators, Der Pharma Chem. 2013;5(1):296-299.
- [4]. Isolation of natural acid base indicator from the flower sap of Hibiscus rosa sinensis Poonam Gupta, Pushpa Jain, Pramod Kumar Jain, Journal of Chemical and Pharmaceutical Research, 2012, 4(12):4957-4960.
- [5]. [http://en.Wikipedia.org/wiki/\\_Clitoria\\_ternatea](http://en.Wikipedia.org/wiki/_Clitoria_ternatea), Accessed –27 January, 2013.
- [6]. <https://plantvillage.psu.edu/topics/grape/infos>.
- [7]. Morton, J. F. (1987). "Pomegranate, *Punica granatum* L". Fruits of Warm Climates. Purdue New Crops Profile, Archived from the original on 21 June 2012. Retrieved 14 June 2012:352
- [8]. Gennaro, Laura; Leonardi, Cherubino; Esposito, Fabrizio; Salucci, Monica; Maiani, Giuseppe; Quaglia, Giovanni; Fogliano, Vincenzo. "Flavonoid and Carbohydrate Contents in Tropea Red Onions: Effects of Homelike Peeling and Storage". Journal of Agricultural and Food Chemistry, 2002, 50 (7): 1904–1910.
- [9]. Janick, Jules; Paull, Robert E, The Encyclopedia of Fruit and Nuts. Cambridge, United Kingdom: CABI (Centre for Agriculture and Bioscience International). 2008: 215–216, 222–226.
- [10]. Hock Eng Khoo, Azrina Azlan, Sou Teng Tang & See Meng Lim , Anthocyanidins and anthocyanins: colored pigments as food, pharmaceutical ingredients, and the potential health benefits, Food & Nutrition Research, 2017; 61:1
- [11]. Castaneda-Ovando A et al. Chemical studies of anthocyanins: a review. Food Chem. 2009;113(4):859-871.
- [12]. He K, Li X, Chen X et al. Evaluation of antidiabetic potential of selected traditional Chinese medicine in STZ-induced diabetic mice J Ethnopharmacol 2011;137(3):1135-1142.
- [13]. Seeram NP, Momin RA, Nair MG et al. Cyclooxygenase inhibitory and antioxidant cyanidin glycosides in cherries and berries. Phytomedicine 2001;8(5):362-369.
- [14]. Katsumoto Y, Fukui Y et al. Engineering of the rose flavonoid biosynthetic pathway successfully generated blue-hued flowers accumulating delphinidin. Plant cell Physiology ,2007;48(11):1589-1600.
- [15]. Bakowska-Barczak A. Acylated anthocyanins as stable, natural food colorants – A Review. Pol J Food Science. 2005;14/55(2):107-116.
- [16]. Mazza G, Francis F J. Anthocyanins grapes and grape products. Crit Rev Food Sci Nutr. 1995;35(4):341-371.
- [17]. Barnard H, Dooley A N et al. Chemical evidence for wine production around 4000BCE in the late Chalcolithic near Eastern highlands. J Archaeol. 2011;38(5):977-984.
- [18]. Slimestad R, Solheim H. Anthocyanins from black currants (*Ribes nigrum* L.) J Agric Food Chem. 2002;50(11):3228-3231.
- [19]. Amar V Desai, Aishwarya P Bhosale. Flamingo flower as natural pH indicator, 2021, 1(11) ;38-40.



