

## Evaluation of Antidiabetic Potential of Eucalyptus globulus Plant Extract in Diabetic Rats

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### ABSTRACT:

Evaluation of Antidiabetic Potential of Eucalyptus globulus Plant Extract in Diabetic Rats.

**Method:** Methanolic leaves extract of Eucalyptus globulus plant was prepared by Soxhlet extraction method and stored in refrigerator at 4°C for two days before use. Male Albino Wistar rats were made diabetic at the dose of Alloxan (150mg/kg/day i.p.). Methanolic leaves extract

of Eucalyptus globulus plant (200mg/kg, 400mg/kg & 600mg/kg/day p.o.) was screened for antidiabetic activity. Standard drug Glibenclamide (0.5mg/kg/day i.p.) was administered to the second group of animals for 14 days. Blood glucose level and body weight of rats were recorded

on Initial & Final day of treatment. Further hypoglycemic & OGTT evaluation were done. At the end of treatment biochemical estimations & histopathological examination of pancreas were also carried out.

**Result:** The statistical data indicated, 14 Days oral administration of Methanolic leaves extract of Eucalyptus globulus plant caused a significant ( $P < 0.05$ ) reductions in blood glucose level, hypoglycemic potential, significant oral glucose tolerance & gain in body weight as compared with toxic control group. Further showed improvement in altered biochemical parameters associated with diabetes. Concurrent histopathological examination of pancreas of these animals showed regeneration by Methanolic leaves extract which were earlier necrosed by Alloxan.

**Conclusion:** Results obtained in this study substantiate the Antidiabetic potential of Methanolic leaves extract of Eucalyptus globulus plant the source of Ellagitannins bioactive polyphenol and could be considered for further evaluation in clinical studies and drug development.

**Keywords:** Antidiabetic potential, OGTT, Eucalyptus globulus, Alloxan, Insulin, Polyphenols.

### I. INTRODUCTION :

Diabetes mellitus is the chronic metabolic & pancreatic disorder mainly characterized by disruption in carbohydrates, protein, and fat metabolism caused by an inability to produce insulin or a defect in utilization. The hyperglycemia caused due to decreased insulin production is called Type-1 diabetes and hyperglycemia due to insufficient insulin utilization is called Type-

2 diabetes. The feature of diabetes mellitus is polyuria, polydipsia, weight gain and polyphagia. It is also characterized by chronic hyperglycemia and glucosuria, caused by

an absolute or relative deficiency of insulin. This may result into the development of further complications which include hypertension,

atherosclerosis, ketosis, gangrene and microcirculatory disorders. It is also associated with long-term complications including retinopathy, nephropathy, neuropathy and angiopathy<sup>[1]</sup>. The IDF (International Diabetes Federation) has subsequently released

estimates of the numbers of people with diabetes for 2003 and forecasts for 2025 of 194 million and 334 million, respectively. India leads the world with largest number of diabetic subjects earning of term "diabetes capital of the world"<sup>[2]</sup>. Hyperglycemia

can be handled initially with oral synthetic 2 Advances in Pharmaceutical Sciences agent and insulin therapy. Glucose lowering drugs usually succeed in lowering blood sugar levels, therapeutic agents like Insulin, Sulfonylureas, Meglitinides, Biguanides, Thiazolidinediones, DPP-4 inhibitors,  $\alpha$ -Glucosidase Inhibitors, Incretin agonists, D2 Agonist may reduce the risk of type 2 diabetes but healthy lifestyle choices remain essential<sup>[3]</sup>. However, on chronic usage most of these agents produced

several side effects including hypoglycemic coma, insulin resistance, hyper-sensitivity, jaundice, abdominal pain, anorexia and metallic taste. Because of the high mortality and morbidity arising from its attendant complications and problems associated with the use of conventional antidiabetic agents<sup>[4]</sup>. In the natural

system of medicine, many plants have been claimed to be useful for the treatment of diabetes mellitus. The dependence of larger rural population on medicinal plants for treatment of diabetes is because of its availability

and affordability. The current world wide trend towards utilization of plant-derived natural remedies have, therefore, created a dire need for accurate and up-to-date information on the properties, uses, efficacy, safety, quality & less cost of medicinal plant products than these semi-synthetics or synthetics. The plant kingdom has become a target for the search by multinational drug and

biologically active lead compounds. In this regard herbal, ayurvedic remedies can improve diabetic conditions without side effects<sup>[5]</sup>. Ellagitannins (ETs) and ellagic acid (EA) are polyphenols present in some fruits, nuts and seeds, such as pomegranates, black raspberries, raspberries, strawberries, walnuts, almonds & also present in „Eucalyptus globulus plant“.

Ellagitannins contain various numbers of hexahydroxydiphenoyl units, as well as galloyl units and/or sanguisorboyl units bounded to sugar moiety.

In order to determine the quantity of every individual unit, the hydrolysis of the extracts with trifluoroacetic acid in methanol/water system is performed. They form a diverse group of bioactive polyphenols with anti-inflammatory, anticancer, antioxidant and antimicrobial (antibacterial, antifungal and antiviral) activity<sup>[6]</sup>. So, the present

study was undertaken to Evaluate Antidiabetic Potential of Eucalyptus globulus plant Extract the source of Ellagitannins in Alloxan-induced Diabetic Rats.

## II. MATERIALS & METHODS

### Collection of Plant Material:

Eucalyptus globulus plant was collected from Local area of Kolhapur District, Maharashtra, India in January 2021 and authenticated as Eucalyptus globulus (Family: Myrtaceae) by Department of Botany, Yashwantrao Chavan College of Science, Satara, Maharashtra, India based on the taxonomical features of the whole plant material including Leaves.

### Preparation of Methanolic Extract:

Leaves of Eucalyptus globulus plant were shade dried for one week after proper cleaning. Eucalyptus globulus plant leaves were coarsely grounded & Methanolic leaves extract was prepared using Soxhlet apparatus by hot percolation method.

The obtained extract was concentrated to dryness using rotatory evaporator under reduced pressure & low pressure (<40°C). Extract was kept in air-tight container and stored at 4°C for further studies.

### Phytochemical Screening:

The extract was subjected to phytochemical analysis to test the presence of volatile oils, carbohydrates, alkaloids, glycosides, polyphenols, flavonoids, tannins, propanoids, sterolsterpenoids, ketones & alcohols in the leaves extract.

### Drugs and Chemicals:

Alloxan commonly known as Alloxan monohydrate procured from Merck/Dolphin Pharmacy Instruments

Pvt. Ltd. Mumbai. Glibenclamide, (GLB) obtained from Aventis Pharma, Ltd. Goa. ACCU-CHECK Active Glucometer procured from Roche Diabetes Care, India/Dolphin Pharmacy Instruments Pvt. Ltd. Mumbai.

### Animals & Housing Condition:

Male Albino Wistar Rats of (150-200 gm) were selected for experimental study. The animals were maintained under standard laboratory conditions in an animal house approved by Committee for the Purpose of Control and Supervision of Experiments on Animals (CPCSEA). The animals were kept and maintained under laboratory conditions of temperature  $22 \pm 2^\circ\text{C}$ , relative humidity  $50 \pm 15\%$  and 12 hrs. light/dark cycle. They were allowed free access to

food (standard pellets) and water ad libitum. Experimental protocols and procedures used in this study was approved by the Institutional Animal Ethics Committee (IAEC) of YSPM's, YTC, Faculty of Pharmacy, Satara, Maharashtra, India.

### Induction of Diabetes:

Male Albino Wistar Rats were made diabetic by a single intraperitoneal injection of Alloxan monohydrate (150 mg/kg/day) i.p. Alloxan monohydrate solution of 150 mg/kg/day prepared in 0.9% NaCl solution and was administered within 5 minutes at a dose of 150 mg/kg/day intraperitoneally. All the animals except control group were i.p. administered with Alloxan at a dose of 150 mg/kg once a day for 3 days. After 72 hours of Alloxan administration, rats with moderate diabetes having glyco

osuria and hyperglycemia (i.e., with a blood glucose of 200-300mg/dl) were taken for the experiment.

### Collection of Blood Samples, Blood Glucose & Body Weight Determination:

Blood samples were drawn from tail tip of rats. Fasting blood glucose estimation and body weight measurement were done on Initial & Final day of the study. Blood glucose estimation can be done by one touch ACCU-CHECK Active Glucometer using glucose test strips. On final day, blood was collected from retro-orbital plexus under mild ether anesthesia from overnight fasted rats and fasting blood sugar was estimated. After that body weight of animals was determined.

### Biochemical Estimation:

Blood samples were withdrawn for estimation of Blood glucose level, Serum Insulin level, Lipid profile (Total cholesterol, Triglycerides, HDL, LDL, VLDL) and Hormonal estimation (Testosterone) in the serum sample. After the end of respective treatment, animals were sacrificed with high dose of anaesthesia and the tests organs were removed, weighed and stored at -20°C for further Antioxidant and Histopathological studies.

## 1.1 Experimental Design:

### 1.1.1 Acute Toxicity Study:

Acute toxicity study was carried out for the Eucalyptus globulus plant by adapting fixed dose method of CPCSEA, OECD guidelines no. 423. Healthy Male Albino Wistar rats were randomly divided into 4 groups with 3 animals in each group. The animals were kept fasted overnight providing only water, after which the Methanolic leaves extract of Eucalyptus globulus plant were administered orally with increasing doses (100, 500, 1000 and 2000mg/kg/day) by intra gastric tube to determine the safe doses by up and down staircase method. The animals were observed continuously for 1 hr., then frequently for 4 hrs. and later at the end of 24hrs. For general neurological & behavioural autonomic profile. Further, one group was administered high dose of Eucalyptus globulus plant leaves extract orally once a day for 15 days and observed for any lethality and death.

### 1.1.2 Hypoglycemic Evaluation:

For Hypoglycemic evaluation, Male Albino Wistar Rats were used and divided into four groups

of six animals in each group. Animals were kept fasted overnight (14hrs.) before treatment.

#### Group I-

(Control) rats received vehicle that was 5% Tween 80 (10ml/kg/day p.o.).

#### Group II-

(Test 1) rats received Methanolic leaves extract of Eucalyptus globulus plant (200mg/kg/day p.o.) solubilized in 5% Tween 80 solution.

**Group III-** (Test 2) rats received Methanolic leaves extract of Eucalyptus globulus plant (400mg/kg/day p.o.) solubilized in 5% Tween 80 solution.

**Group IV-** (Test 3) rats received Methanolic leaves extract of Eucalyptus globulus plant (600mg/kg/day p.o.) solubilized in 5% Tween 80 solution.

Blood glucose was estimated on 0, 1, 2, 3 & 4<sup>th</sup> day of the treatment using the ACCU-CHECK Active Glucometer.

### 1.1.3 Oral Glucose Tolerance Test:

For OGTT evaluation, Male Albino Wistar Rats were used and divided into five groups of six animals in each group. Animals were kept fasted overnight (14hrs.) before treatment.

**Group I-** (Control) rats received vehicle that was D-Glucose (2gm/kg p.o.).

#### Group II-

(Standard) rats received Glibenclamide (0.5mg/kgi.p.)

**Group III-** (Test 1) rats received Methanolic leaves extract of Eucalyptus globulus plant (200mg/kg p.o.) solubilized in 5% Tween 80 solution.

**Group IV-** (Test 2) rats received Methanolic leaves extract of Eucalyptus globulus plant (400mg/kg p.o.) solubilized in 5% Tween 80 solution.

**Group V-** (Test 3) rats received Methanolic leaves extract of Eucalyptus globulus plant (600mg/kg p.o.) solubilized in 5% Tween 80 solution. D-glucose (2gm/kg p.o.) was administered to all the rats after one hour of administration of different treatments. Blood glucose was estimated at 30, 60, 90 & 120 min after D-Glucose treatment using the ACCU-CHECK Active Glucometer.

### 1.1.1 Alloxan-

#### Induced Rodent Model of Diabetes:

After 72 hours of Alloxan (150mg/kg/day i.p.) administration, rats with moderate diabetes having glycosuria and hyperglycemia (i.e., with a blood glucose of 200-300mg/dl) were taken for the experiment. The Male Albino Wistar rats were divided into six groups of six

ratsineach.Alltheanimalswerefastedovernight(14hrs.)beforethetreatmentoftestdrugtillend ofstudy.

#### Group I-

(Control)ratsreceivedvehiclethatwas5%Tween80solution(10ml/kg/dayp.o.).

**Group II-** (Toxic Control) rats received only vehicle that is5%Tween80solution(10ml/kg/dayp.o.).

#### Group III-

(Standard)ratsreceivedGlibenclamide(0.5mg/kg/dayi.p.).

**Group IV-** (Test1) rats received Methanolic leaves extractofEucalyptusglobulusplant(200mg/kg/dayp.o.)solubilized in5%Tween80solution.

**Group V-** (Test2) rats receivedMethanolic leavesextractofEucalyptusglobulusplant(400mg/kg/dayp.o.)solubilized in5%Tween80solution.

**Group VI-** (Test3) rats received Methanolic leaves extractofEucalyptusglobulusplant(600mg/kg/dayp.o.)solubilized in5%Tween80solution.

### 1.2 Statistical Analysis:

All values of results were presented as mean  $\pm$  standarderror of mean (SEM). The statistical analysis involving twogroups was evaluated by means of Student'st-test, whereasonewayanalysisofvariance(ANOVA)followed byDunnett'smultiplecomparisonposttestwasused forstatistical comparison between control and various treatedgroups.Statisticalsignificancewasacceptedat  $p < 0.05$ .

0.05values.

## III. RESULTS

### QuantitativePhytochemicalTest:

Theyieldofextractwasfoundtobe4.8%.ThephytochemicalanalysisrevealedthattheMethanolicleaves extractofEucalyptusglobulusplantcontainsasignificant amount of volatile oils, carbohydrates, alkaloids,glycosides,polyphenols,flavonoids,tannins,propanoids,sterolsandterpenoids,ketones, alcohols.

### AcuteToxicityStudy:

IntheLD50valuedetermination,weobserved thattheEucalyptusglobulusplantextractwassafetouse inanimals. There was no change in neurological, behaviouralor autonomic, no lethality or toxic reactions were foundwith the selected doses (100, 500, 1000 and 2000mg/kg/dayp.o.) until the end of study period. Therefore 200, 400 &600mg/kgwasselectedforallin vivoexperimentsas maximaldose.

### HypoglycemicEffectofMethanolicLeavesExtract of Eucalyptusglobulus PlantinNormalRats:

Theresultsfromthestudyclearlyindicatedthatthe administration of Methanolic leaves extract of Eucalyptusglobulus plant at the dose 200, 400 and 600mg/kg/day p.o.reduced the blood glucose level significantly on 4<sup>th</sup> day ascomparedwithnormalcontrolgroup.

**Table1:**HypoglycemicEffectofMethanolicLeavesExtractofEucalyptusglobulusPlantinNormalRats

| Sr.no. | Groups(n=6)                                            | FastingBloodGlucoseLevel(mg/dl) |                     |                     |                     |                     |
|--------|--------------------------------------------------------|---------------------------------|---------------------|---------------------|---------------------|---------------------|
|        |                                                        | 0 <sup>th</sup> day             | 1 <sup>st</sup> day | 2 <sup>nd</sup> day | 3 <sup>rd</sup> day | 4 <sup>th</sup> day |
| I      | Control                                                | 86.00 $\pm$ 0.73                | 85.16 $\pm$ 0.65    | 83.50 $\pm$ 1.05    | 82.83 $\pm$ 1.07    | 82.33 $\pm$ 0.49    |
| II     | TestgroupwithLowdose ofE.g.plant leaves extract        | 86.66 $\pm$ 1.05                | 85.16 $\pm$ 0.60    | 81.00 $\pm$ 0.57    | 79.33 $\pm$ 0.33    | 78.50 $\pm$ 0.42*   |
| III    | TestgroupwithIntermediatedoseof E.g.plantleavesextract | 85.83 $\pm$ 1.01                | 84.83 $\pm$ 0.79    | 81.65 $\pm$ 0.91    | 79.83 $\pm$ 0.70    | 78.62 $\pm$ 0.42*   |
| IV     | Test group with Highdose of E. g.plant leaves extract  | 86.16 $\pm$ 0.70                | 83.50 $\pm$ 0.67    | 80.16 $\pm$ 0.47    | 78.55 $\pm$ 0.67    | 75.33 $\pm$ 0.95*   |

Values are mean $\pm$ SEM, n = 6, when compared with normal by using one way ANOVA followed by Dunnette's multiple comparison test. (\*  $p < 0.05$ , \*\*  $p < 0.01$ ).

### Effect of Methanolic Leaves Extract of Eucalyptusglobulus Plant on the Oral Glucose Tolerance Test inNormalRats:

The results from the study clearly indicated that the administration of Methanolic leaves extract of Eucalyptus globulus plant at the dose 200, 400 and 600mg/kg p.o. and standard drug Glibenclamide

(0.5mg/kg i.p.) reduced the blood glucose level (hyperglycemia due to glucose load 2g/kg p.o.) significantly after 60 min of administration, as compared with control group.

**Table 2: Effect of Methanolic Leaves Extract of Eucalyptus globulus Plant on the Oral Glucose Tolerance Test in Normal Rats**

| Sr.no. | Groups (n=6)                                                   | Fasting Blood Glucose Level (mg/dl) in min |            |             |             |              |
|--------|----------------------------------------------------------------|--------------------------------------------|------------|-------------|-------------|--------------|
|        |                                                                | 0min                                       | 30min      | 60min       | 90min       | 120min       |
| I      | Control                                                        | 94.17±0.65                                 | 98.00±0.74 | 105.51±1.05 | 114.84±1.07 | 121.34±0.49  |
| II     | Standard                                                       | 93.51±0.67                                 | 96.17±0.70 | 89.17±0.47* | 88.51±0.67* | 85.34±0.95** |
| III    | Test group with Low dose of E.g. plant leaves extract          | 94.17±0.60                                 | 96.67±1.05 | 90.00±0.58  | 89.34±0.33  | 88.51±0.42*  |
| IV     | Test group with Intermediate dose of E.g. plant leaves extract | 94.84±0.79                                 | 95.87±1.01 | 90.67±0.91  | 89.84±0.70  | 88.63±0.42*  |
| V      | Test group with High dose of E.g. plant leaves extract         | 93.66±1.05                                 | 95.74±1.01 | 89.84±0.70  | 88.63±0.42  | 85.94±0.95*  |

Values are mean ± SEM, n=6, when compared with normal by using one-way ANOVA followed by Dunnett's multiple comparison test. (\* p<0.05, \*\* p<0.01).

**Effect of Methanolic Leaves Extract of Eucalyptus globulus Plant on Body Weight of Diabetic Rats:**

At the end of 14 days treatment, body weight was significantly decreased in toxic control group as compared with normal control group & significantly increased in Methanolic leaves extract of Eucalyptus globulus plant at the dose (200, 400 and 600mg/kg/day p.o.) and standard drug Glibenclamide (0.5mg/kg/day i.p.) treated group as compared with toxic control group.

**Table 3: Effect of Methanolic Leaves Extract of Eucalyptus globulus Plant on Body Weight of Diabetic Rats**

| Sr.no. | Groups (n=6)                                                   | Body Weight of Animals (gm)                                 |                               |
|--------|----------------------------------------------------------------|-------------------------------------------------------------|-------------------------------|
|        |                                                                | Initial (1 <sup>st</sup> day before treatment of test drug) | Final (Last day of treatment) |
| I      | Control                                                        | 157.67±0.77                                                 | 187.33±0.88                   |
| II     | Toxic control                                                  | 160.17±0.71                                                 | 141.00±0.78                   |
| III    | Standard                                                       | 160.00±0.78                                                 | 170.33±1.36**                 |
| IV     | Test group with Low dose of E.g. plant leaves extract          | 165.33±5.05                                                 | 177.17±1.38**                 |
| V      | Test group with Intermediate dose of E.g. plant leaves extract | 160.67±0.50                                                 | 175.50±1.15**                 |
| VI     | Test group with High dose of E.g. plant leaves extract         | 163.50±1.06                                                 | 171.33±1.56**                 |



Values are mean  $\pm$  SEM, n=6, when compared with normal by using one way ANOVA followed by Dunnett's multiple comparison test. (\* p<0.05, \*\* p<0.01).

#### Effect of Methanolic Leaves Extract of Eucalyptus globulus Plant on Fasting Blood Glucose Level in Diabetic Rats:

A marked rise in fasting blood glucose level was

observed in toxic control group as compared with normal control group. The Methanolic leaves extract of Eucalyptus globulus plant and standard drug Glibenclamide (0.5 mg/kg/day i.p.) treated group which produced a significant reduction in blood glucose level as compared with toxic control group. Methanolic leaves extract of Eucalyptus globulus plant at the dose (200, 400 and 600 mg/kg/day p.o.) exhibited a dose dependent significant antidiabetic potential on final (14<sup>th</sup>) day post treatment.

**Table 4:** Effect of Methanolic Leaves Extract of Eucalyptus globulus Plant on Fasting Blood Glucose Level in Diabetic Rats

| Sr.no. | Groups (n=6)                                                   | Fasting Blood Glucose Level (mg/dl)                         |                               |
|--------|----------------------------------------------------------------|-------------------------------------------------------------|-------------------------------|
|        |                                                                | Initial (1 <sup>st</sup> day before treatment to test drug) | Final (Last day of treatment) |
| I      | Control                                                        | 88.51 $\pm$ 2.08                                            | 89.17 $\pm$ 2.03              |
| II     | Toxic control                                                  | 255.01 $\pm$ 1.19                                           | 365.68 $\pm$ 2.84             |
| III    | Standard                                                       | 255.68 $\pm$ 1.34                                           | 117.84 $\pm$ 1.54**           |
| IV     | Test group with Low dose of E.g. plant leaves extract          | 255.84 $\pm$ 0.80                                           | 147.84 $\pm$ 0.80**           |
| V      | Test group with Intermediate dose of E.g. plant leaves extract | 256.34 $\pm$ 2.66                                           | 135.68 $\pm$ 2.26**           |
| VI     | Test group with High dose of E.g. plant leaves extract         | 257.40 $\pm$ 2.66                                           | 127.68 $\pm$ 2.02**           |

Values are mean  $\pm$  SEM, n=6, when compared with normal by using one way ANOVA followed by Dunnett's multiple comparison test. (\* p<0.05, \*\* p<0.01).

#### Effect of Methanolic Leaves Extract of Eucalyptus globulus plant on Biochemical Parameters in Diabetic Rats: Serum Insulin Level & Hormonal Estimation

After 14 days of treatment period it was observed that decreased serum insulin level & testosterone in toxic control group as compared with normal control group. A rat treated with Methanolic leaves extract of Eucalyptus globulus plant at the dose (200, 400 and 600 mg/kg/day p.o.) and standard drug Glibenclamide (0.5 mg/kg/day i.p.) treated group showed a significant increase in the serum insulin & testosterone level as compared with toxic control group.

**Table 5:** Serum Insulin Level & Hormonal Estimation

| Sr.no. | Groups (n=6)                                                   | Serum Insulin Level ( $\mu$ U/ml) | Testosterone Level (ng/ml) |
|--------|----------------------------------------------------------------|-----------------------------------|----------------------------|
| I      | Control                                                        | 18.18 $\pm$ 0.56                  | 9.88 $\pm$ 0.64            |
| II     | Toxic control                                                  | 7.15 $\pm$ 0.32                   | 3.95 $\pm$ 0.53            |
| III    | Standard                                                       | 16.68 $\pm$ 0.36**                | 8.49 $\pm$ 0.83*           |
| IV     | Test group with Low dose of E.g. plant leaves extract          | 12.35 $\pm$ 0.34**                | 5.32 $\pm$ 0.48*           |
| V      | Test group with Intermediate dose of E.g. plant leaves extract | 13.35 $\pm$ 0.38**                | 6.54 $\pm$ 0.65*           |
| VI     | Test group with High dose of E.g. plant leaves extract         | 15.35 $\pm$ 0.34**                | 8.33 $\pm$ 0.73*           |

Values are mean  $\pm$  SEM, n=6, when compared with normal by using one way ANOVA followed by Dunnett's multiple comparison test. (\* p<0.05, \*\* p<0.01).

#### Serum Lipid Profile:

After 14 days of treatment period it was observed that increased in level of CHL, LDL, VLDL, TG & decreased HDL level in toxic control group as

compared with normal control group. Animal treated with Methanolic leaves extract of Eucalyptus globulus plant at the dose (200, 400 and 600 mg/kg/day p.o.) and standard drug Glibenclamide (0.5 mg/kg/day i.p.) treated group showed significant reductions in CHL, LDL, VLDL, TG & increase in HDL level as compared with toxic control group.

**Table 6: Serum Lipid Profile**

| Sr. no. | Groups (n=6)                                           | Total Cholesterol (mg/dl) | LDL (mg/dl)        | HDL (mg/dl)        | VLDL (mg/dl)       | Triglycerides (mg/dl) |
|---------|--------------------------------------------------------|---------------------------|--------------------|--------------------|--------------------|-----------------------|
| I       | Control                                                | 67.17 $\pm$ 0.84          | 23.84 $\pm$ 0.88   | 16.01 $\pm$ 0.37   | 18.34 $\pm$ 0.67   | 67.51 $\pm$ 0.77      |
| II      | Toxic control                                          | 96.34 $\pm$ 0.72          | 98.34 $\pm$ 0.50   | 10.84 $\pm$ 0.31   | 23.17 $\pm$ 0.31   | 115.34 $\pm$ 1.48     |
| III     | Standard                                               | 70.67 $\pm$ 0.67**        | 37.01 $\pm$ 0.74** | 18.84 $\pm$ 0.48** | 19.17 $\pm$ 0.31** | 77.51 $\pm$ 0.77**    |
| IV      | Test group with Low dose of E.g. plant leaves extract  | 78.17 $\pm$ 0.61**        | 49.34 $\pm$ 0.43** | 14.75 $\pm$ 0.41** | 18.67 $\pm$ 0.22** | 89.55 $\pm$ 0.99**    |
| V       | Test group with Intermediate dose of E.g.              | 75.84 $\pm$ 0.61**        | 45.51 $\pm$ 0.78** | 15.84 $\pm$ 0.31** | 17.17 $\pm$ 0.17** | 85.51 $\pm$ 0.85**    |
| VI      | Test group with High dose of E.g. plant leaves extract | 71.80 $\pm$ 0.55**        | 39.50 $\pm$ 0.76** | 17.86 $\pm$ 0.33** | 15.17 $\pm$ 0.19** | 79.58 $\pm$ 0.65**    |

Values are mean  $\pm$  SEM, n=6, when compared with normal by using one way ANOVA followed by Dunnett's multiple comparison test. (\* p<0.05, \*\* p<0.01).

#### Antioxidant Activity:

##### For Pancreas

Diabetes mellitus significantly reduced antioxidant enzymes level of CAT, POD, SOD & GPx. After 14 days of treatment period it was observed that reductions in level of antioxidant enzymes in toxic control group as compared with normal control group. Animal treated with Methanolic leaves extract of Eucalyptus globulus plant at the dose (200, 400 and 600 mg/kg/day p.o.) and standard drug Glibenclamide (0.5 mg/kg/day i.p.) showed significant increase in level of antioxidant enzymes like CAT, POD, SOD & GPx as compared with toxic control group.

**Table7:AntioxidantActivity**

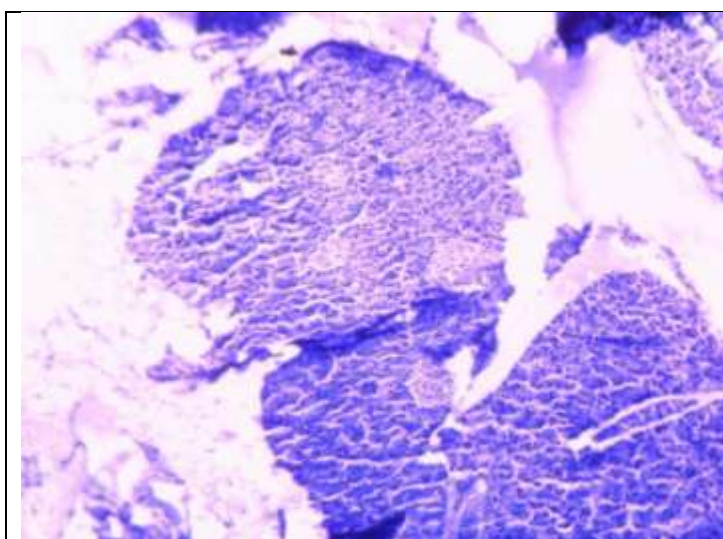
| Sr.no. | Groups(n=6)                                           | CAT(kU/mg Protein) | POD(U/mg Protein) | SOD(U/mg Protein) | GPx(U/mg Protein) |
|--------|-------------------------------------------------------|--------------------|-------------------|-------------------|-------------------|
| I      | Control                                               | 7.9±0.73           | 6.5±0.50          | 6.8±0.76          | 84.4±2.0          |
| II     | Toxiccontrol                                          | 2.6±0.22           | 2.0±0.25          | 1.8±0.16          | 40.0±1.5          |
| III    | Standard                                              | 6.5±0.45*          | 5.7±0.30*         | 5.9±0.20*         | 75.6±1.4*         |
| IV     | TestgroupwithLowdoseofE.g.plantleavesextract          | 3.8±0.30*          | 3.5±0.42*         | 4.0±0.11*         | 56.0±2.5*         |
| V      | TestgroupwithIntermediatedoseofE.g.plantleavesextract | 4.5±0.42*          | 3.9±0.25*         | 4.5±0.40*         | 61.0±2.7*         |
| VI     | TestgroupwithHighdoseofE.g.plantleavesextract         | 5.8±0.68*          | 5.5±0.33*         | 5.7±0.15*         | 72.0±2.4*         |

Valuesaremean±SEM, n=6,whencomparedwithnormalbyusingonewayANOVA followedbyDunnette'smultiplecomparisonstest.( \*p<0.05, \*\*p<0.01).

#### HistopathologicalStudy: PancreasHistopathology

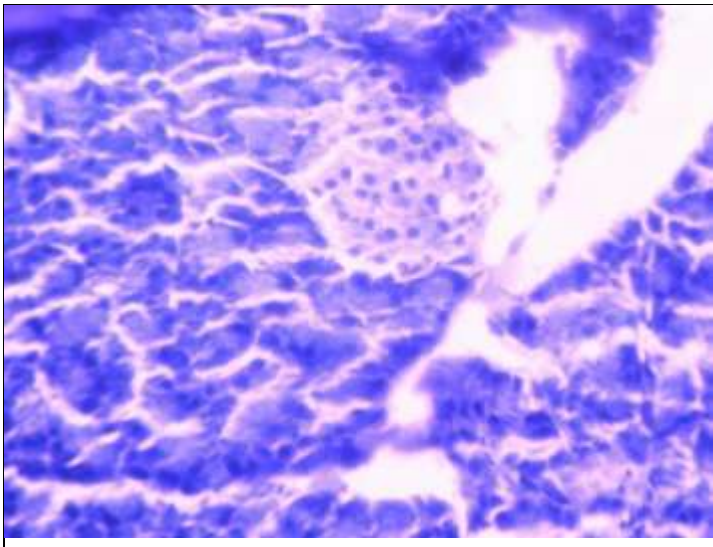
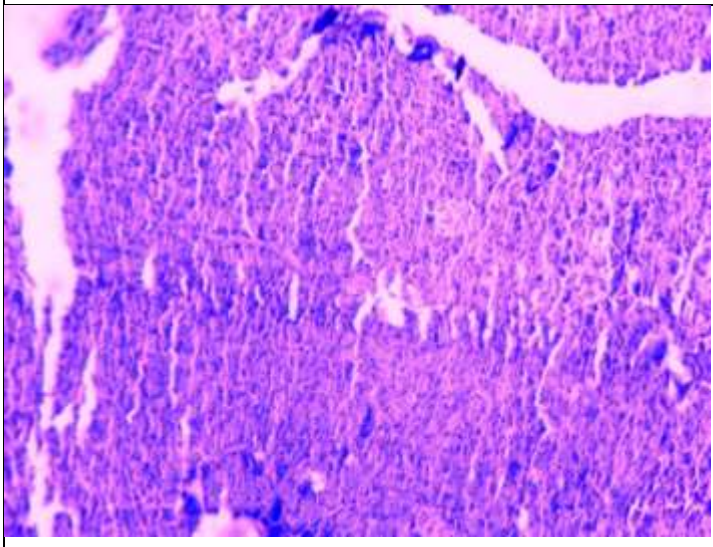
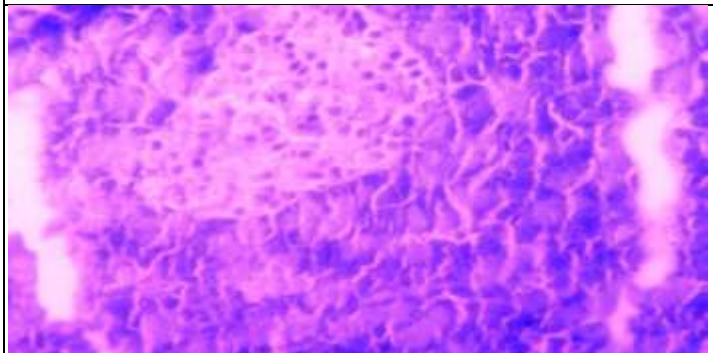
**Table8:PancreasHistopathology**

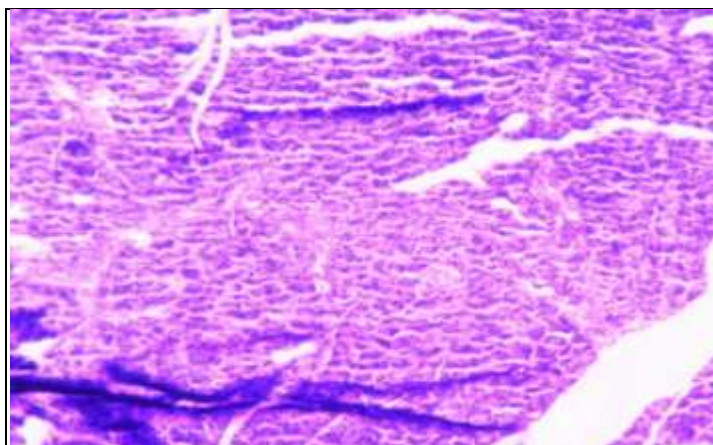
| Sr.no. | Group                                                 | Necrosis of islets | Cellular changes |
|--------|-------------------------------------------------------|--------------------|------------------|
| I      | Control                                               | 0                  | 0                |
| II     | Toxiccontrol                                          | +++                | +++              |
| III    | Standard                                              | ++                 | +                |
| IV     | TestgroupwithLowdoseofE.g.plantleavesextract          | +++                | ++               |
| V      | TestgroupwithIntermediatedoseofE.g.plantleavesextract | ++                 | ++               |
| VI     | TestgroupwithHighdoseofE.g.plant leavesextract        | ++                 | +                |



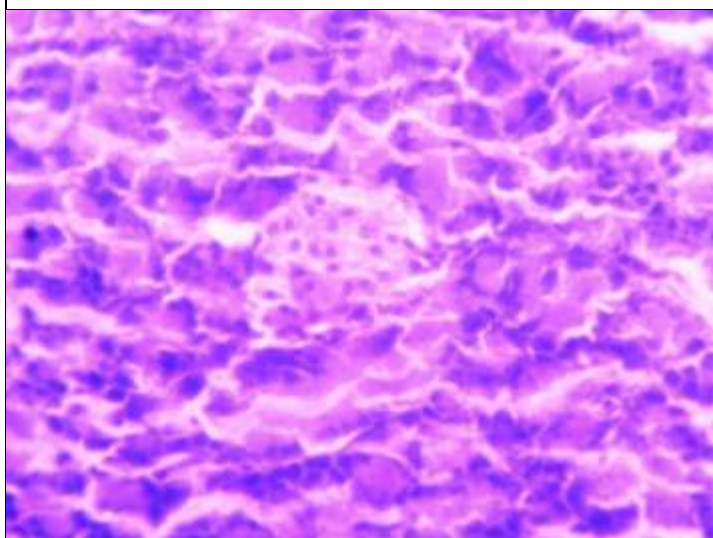
**NormalcontrolPancreas-  
H&Estain100X**



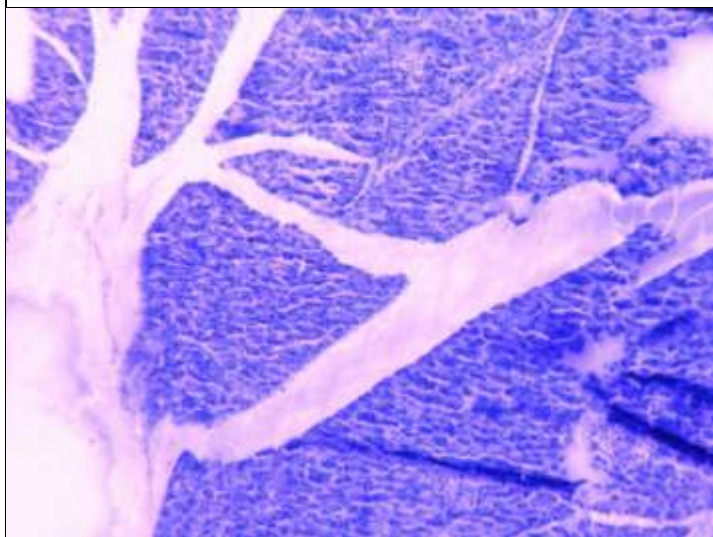
|                                                                                     |                                                                                                                                                           |
|-------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|
|    | <p>Normal control Pancreas- H &amp; E stain 400X</p>                                                                                                      |
|   | <p>Alloxan inducer group - Photograph showing necrosis of islets of Langerhans (black arrow), cellular infiltration (blue arrow) H &amp; E stain 100X</p> |
|  | <p>Alloxan inducer group - Photograph showing necrosis of islets of Langerhans (black arrow), cellular infiltration (blue arrow) H &amp; E stain 400X</p> |



**Standard-Photograph** showing necrosis of islets of Langerhans (black arrow), cellular infiltration (blue arrow) H&E stain 100X

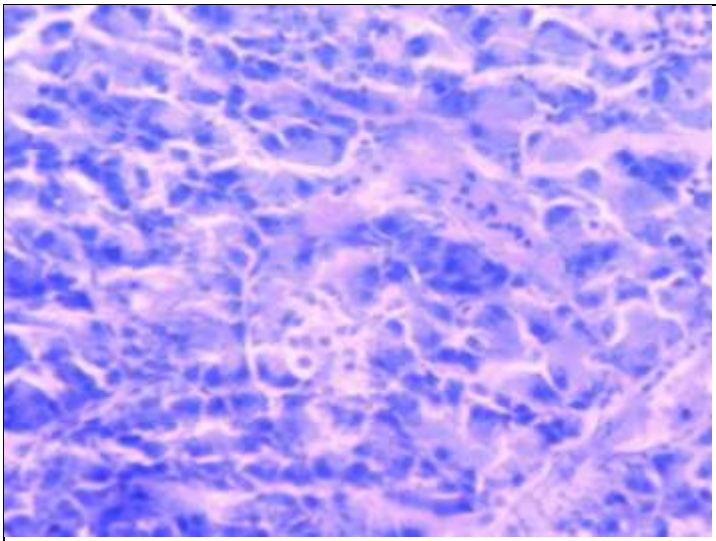


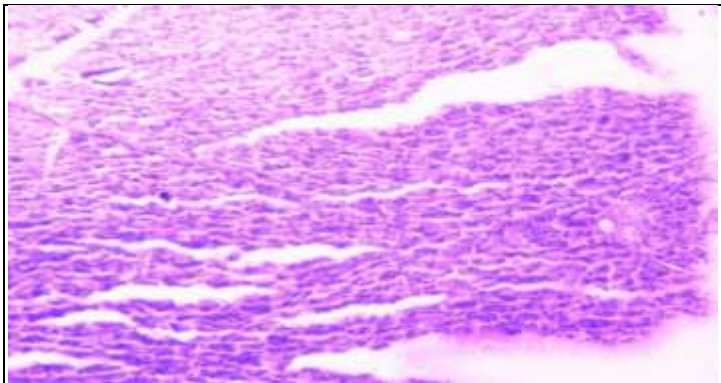
**Standard-Photograph** showing necrosis of islets of Langerhans (black arrow), cellular infiltration (blue arrow) H&E stain 400X



**Test - 1-Photograph** showing necrosis of islets of Langerhans (black arrow), cellular infiltration (blue arrow) H&E stain 100X



|                                                                                     |                                                                                                                                                 |
|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|
|    | <p><b>Test – 1-</b>Photograph showing necrosis of islets of Langerhans (black arrow), cellular infiltration (blue arrow) H&amp;E stain 400X</p> |
|   | <p><b>Test – 2-</b>Photograph showing necrosis of islets of Langerhans (black arrow), cellular infiltration (blue arrow) H&amp;E stain 100X</p> |
|  | <p><b>Test – 2-</b>Photograph showing necrosis of islets of Langerhans (black arrow), cellular infiltration (blue arrow) H&amp;E stain 400X</p> |

|                                                                                    |                                                                                                                                                 |
|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|
|   | <p><b>Test – 3-Photograph</b> showing necrosis of islets of Langerhans (black arrow), cellular infiltration (blue arrow) H&amp;E stain 100X</p> |
|  | <p><b>Test – 3-Photograph</b> showing necrosis of islets of Langerhans (black arrow), cellular infiltration (blue arrow) H&amp;E stain 400X</p> |

#### IV. DISCUSSION :

##### Acute Toxicity, Blood Glucose Level & Body Weight Determination:

Globally, the rapid increase in the incidence of type 2 DM poses a demand for the quest of novel therapeutic drugs necessitates addition of alternative medicine. As a result number of studies has been conducted to assess the utility of herbal medicine in type 2 DM. The present study was undertaken to evaluate the Antidiabetic Potential of Methanolic Leaves Extract of Eucalyptus globulus Plant in Alloxan-Induced Diabetic Albino Wistar Rats. In the LD<sub>50</sub> value determination, we observed that the Eucalyptus globulus plant extract was safe to use in animals. There was no change in neurological, behavioral or autonomic, no lethality or toxic reactions were found with the selected doses (100, 500, 1000 and 2000 mg/kg/day p.o.) until the end of study period. Therefore 200, 400 & 600 mg/kg was selected for all in vivo experiments as maximal dose.

The results of Hypoglycemic study have shown that the Methanolic leaves extract of Eucalyptus globulus plant at the dose 400, 600 mg/kg/day has a marked hypoglycemic potential as compared with control group (Table 1). The Oral glucose tolerance test in normoglycemic rats, blood glucose level was significantly greater in the glucose loaded control group. Methanolic leaves extract of Eucalyptus globulus plant at the dose 200, 400 and 600 mg/kg p.o. and Glibenclamide (0.5 mg/kg i.p.) reduced the blood glucose level and improved the impaired glucose tolerance (hyperglycemia due to glucose load 2 g/kg p.o.) significantly after 60 min of administration, as compared with control group (Table 2). Induction of diabetes by Alloxan leads to loss of body weight due to increased muscle wasting and loss of tissue proteins, whereas body weight of animals significantly increased in Methanolic leaves extract of Eucalyptus globulus plant at the dose 200, 400 and 600 mg/kg/day p.o. and standard drug Glibenclamide (0.5 mg/kg/day i.p.) treated group as compared with toxic control group (Table 3). Alloxan has two distinct pathological effects: Alloxan is a toxic glucose analogue that selectively inhibits glucose-induced insulin secretion through specific inhibition of glucokinase, the glucose sensor of the beta cell, and it causes a state of insulin-dependent diabetes through its ability to induce ROS formation leading to demolition of pancreatic beta cells & selective necrosis leading to hypoinsulinemia and hyperglycemia. The results of the antidiabetic study have

emicrats, blood glucose level was significantly greater in the glucose loaded control group. Methanolic leaves extract of Eucalyptus globulus plant at the dose 200, 400 and 600 mg/kg p.o. and Glibenclamide (0.5 mg/kg i.p.) reduced the blood glucose level and improved the impaired glucose tolerance (hyperglycemia due to glucose load 2 g/kg p.o.) significantly after 60 min of administration, as compared with control group (Table 2). Induction of diabetes by Alloxan leads to loss of body weight due to increased muscle wasting and loss of tissue proteins, whereas body weight of animals significantly increased in Methanolic leaves extract of Eucalyptus globulus plant at the dose 200, 400 and 600 mg/kg/day p.o. and standard drug Glibenclamide (0.5 mg/kg/day i.p.) treated group as compared with toxic control group (Table 3). Alloxan has two distinct pathological effects: Alloxan is a toxic glucose analogue that selectively inhibits glucose-induced insulin secretion through specific inhibition of glucokinase, the glucose sensor of the beta cell, and it causes a state of insulin-dependent diabetes through its ability to induce ROS formation leading to demolition of pancreatic beta cells & selective necrosis leading to hypoinsulinemia and hyperglycemia. The results of the antidiabetic study have

veshownasignificant( $p < 0.05$ )differencebetweentheinitialandfinalfastingbloodglucose levels of Methanolic leaves extract of Eucalyptus globulus plant at the dose 200, 400 and 600mg/kg/day p.o.andstandarddrugGlibenclamide(0.5mg/kg/dayi.p.)treated groupsas compared with toxic control group (Table4).ThepossiblemechanismofantidiabeticactionofMethanolicextractmaybebyincreasingthepancreaticsecretionofinsulinfromtheexistingbetacells,byitsrelease from the bound form & increase in muscle glucoseuptakebyincreasedliver glucosemetabolism.

#### BiochemicalParametersAnalysis:

In Alloxan-induced diabetes mellitus showed improvementinbiochemicalparameters.MethanolicleavesextractofEucalyptus globulus plant and standard drug treated groupshowedsignificantincreaseinseruminsulinlevel ascompared with toxic control group (Table 5). The possiblemechanism of action of Methanolic leaves extract may beby increasing the pancreatic secretion of insulin from theexistingbetacells,byitsreleasefromthe boundform.Diabetescauseshypogonadismthroughmultiplemechanisms.Thepathogenesisoflowtestosteroneinanimalmodelswithdiabetesincludesimpairedhypothalamicsignalingandhypogonadotropichypogonadismaswellasreducedtestosteroneproductionby testicular Leydig cells. In hormonal estimation, animalstreatedwithMethanolicleavesextractofEucalyptusglobulusplant&standarddrugtreatedgroupshowedsignificant increase in testosterone level as compared withtoxiccontrolgroup(Table 5).Theserumlipidlevelsaregenerallyhighindiabetes; mappingamajorriskfactorforcoronaryheartdisease.Chronic exposure to Alloxan leads to destruction in  $\beta$  cells of pancreas and insulin resistance promotes the increase ofhormonesensitivelipaseactivity.Duetoalterationin metabolicparametersleadstoanincreaseinfatty acidsmobilizationsfromadipocytesandincreaseinhepaticsynthesisoftriglycerides,whicharereleasedintothebloodstream as VLDL, LDL cholesterol. HDL cholesterolsenrichedwith triglycerideswhich are rapidly hydrolysedandbecauseoftheirincreasedcatabolism, thebloodlevelofHDLdecreases.Inaresultoflipidprofile,markeddecrease in total cholesterol, LDL, VLDL and triglycerideswasobserved,whileincreasein HDL cholesterolwhichreduces the risk of atherosclerosis has been observedinMethanolic leaves extractEucalyptus globulusplant andstandard drug

treatedgroup, which suggest that HDL isinversely related to the total body cholesterol as comparedwith toxic control group (Table 6). These results could

thusreflecttheabilityofplantextractimprovethe tissuesensitivity to insulin. Thus reducing the hormone sensitivelipase activity and increasing the lipoprotein lipase activity,resultinginadecreaseoflipolysistheseleading tohypolipidemicactivity.Flavonoidshavebeenshown toimprovedyslipidemia.Thusthehypolipidemic effect ofMethanolicleavesextractofEucalyptusglobulus plantcould be attribute to the flavonoids contained in the

plant.Furthertheseextractcouldeffectivelypreventcardiovascularcomplicationsrelatedtodiabeticdyslipidemia.

Inantioxidantsstudy,Diabetesmellitussignificantly reduced antioxidant enzymes level CAT, POD, SOD, GPxlevels. The increase in the levels of lipid peroxidation mightbe indicative of a decrease in the enzymaticantioxidantdefensemechanism.AnimalstratedwithMethanolicleavesextractofEucalyptusglobulusplantshowedsignificantincreaseinantioxidant enzymeslevelCAT,POD,SOD&GPxas comparedwithtoxiccontrolrats(Table 7).

#### HistopathologicalExamination:

Inhistopathologicalstudy,the fine section of Alloxan-induced diabetic rats pancreas on microscopic

examinationusingH&Estain,100&400Xshowed the presence of islets of Langerhans, blood vessels, connective tissues, interand arrangement of islets of Langerhans was normal withtightly arranged cells anduneven distribution throughoutthelob-necrosis.Theinterlobularandintralobularductshowed widening.InstandardGlibenclamideandMethanolicleavesextractofEucalyptusglobulusplanttreatedgroups itwasobservedthatalthoughthegapbetween the islets was more than lesser number of islets ascomparedtovehiclecontrolgroup,itwassignificantlymuchbetterthanthetoxiccontrolgroup.ThedoseofMethanolic leaves extract of Eucalyptus globulus plant

atthedose(200,400and600mg/kg/day)hadimmensely protectedandregeneratedthecells(Table8).Thusthe histopathological examination revealed good protective

andregenerativepropertyofthisherbalextract.

The results obtained with the Methanolic leaves extract

ofEucalyptusglobulusplanttreatmentinchronicdiabetic modelfurtherclarifiedtheantidiabeticpotentialofthe



extract. After 14 days of Methanolic leaves extract of *Eucalyptus globulus* plant treatment, reductions in elevated blood glucose level, gain in body weight, hypoglycemic potential, oral glucose tolerance, normalization in altered biochemical parameters & regeneration in damaged tissue of pancreas were observed, which comparable with that of the toxic control group as well as standard drug Glibenclamide treated group. These effects could be due to the potent bioactive Polyphenol Ellagitannins present in the plant.

## V. CONCLUSION

In conclusion, it can be stated that the Methanolic leaves extract of *Eucalyptus globulus* plant the source of Ellagitannins has beneficial effects in reducing the elevated blood glucose level as well as gained body weight, hypoglycemic potential, significant oral glucose tolerance & normalization in altered biochemical parameters of Alloxan-induced diabetic rats. *Eucalyptus globulus* plant the source of Ellagitannins associated with the stimulation of insulin secretion and enhancement of muscle glucose uptake and metabolism due to regeneration in damaged tissue of pancreas. These effects could be due to the potent bioactive Polyphenol Ellagitannins present in the plant. Thus justifying the claim made by ayurvedic classics. Therefore, *Eucalyptus globulus* plant the source of Ellagitannins represents an effective antidiabetic dietary adjunct for the treatment of diabetes and a potential source for discovery of new orally active agent for future diabetes therapy.

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