

## Formulation, development and evaluation of econazolenitrat nanoemulsion

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**ABSTRACT:** The aim of present research is to formulate and develop nanoemulsion of econazole nitrate as effective treatment for superficial fungal infection. Econazole nitrate is an imidazole antifungal drug. Which is historically used to treat infection caused by fungus or yeast such as tinea corporis, tinea pedis, tinea cruris; jock itch, tinea versicolor, candidiasis, Candida albicans. Econazole nitrate is classified as biopharmaceutical classification system IV (Low permeability, Low solubility) drug. The drug efficacy of topical formulation can be limited by its poor solubility and low permeability. Therefore, to overcome these problems nanoemulsions have been designed. Topical nanoemulsions containing 1% econazole nitrate with oil (oleic acid), surfactant (Tween 80), Co-surfactant (Propylene Glycol) are prepared by using ultrasonication method. The formulations that passed thermodynamic stability tests were evaluated for physical appearance, pH, viscosity, FTIR, drug content, drug release, pDI and stability study.

**KEYWORDS:** Econazole nitrate, Nanoemulsion, Ultrasonication, Thermodynamic stability, viscosity etc.

### I. INTRODUCTION

Nanoemulsion is an advanced mode of drug delivery system in which two immiscible liquid phases (oil and water) are mixed to form a single phase by means of emulsifying agent (surfactant, co-surfactant). One of these phases is called dispersed phase and other is continuous. Nanoemulsions are nano-sized formulations containing nano-sized droplets ranging from 20-500 nm and appear to be clear, transparent or translucent. These are thermodynamically stable and isotropic in nature, comprising of oil, surfactant, and co-surfactant. Due

to its submicron size nanoemulsions are greatly influenced as drug carrier for systemic, controlled, and target drug delivery system. They have the ability to incorporate various hydrophobic and hydrophilic drugs to improve the efficacy of drug at the site of action. Brownian motion of nanoemulsion avoids creaming, sedimentation and coalescing which is commonly associated with conventional dosage form, also small droplet size protects it from flocculation. Most of drug shows low solubility and permeability issues, less absorption and dose variations, to avoid such problem nanoemulsion is the best choice which provides increased surface area due to its smaller particle size and improves drug absorption. Nanoemulsion is a lipid-based system which can deliver both hydrophilic and lipophilic drugs through the skin for therapeutic effect.

In this formulation antifungal drug econazole nitrate is used to formulate nanoemulsion. Most of the topical dermatological formulations such as cream, and ointments, emulsion have the disadvantages of less spreading coefficient, sticky nature, creaming, cracking, sedimentation, coalescence. To overcome these problems econazole nitrate nanoemulsion is prepared. Econazole nitrate is an imidazole ring containing broad-spectrum antifungal agent, they inhibit C-14 $\alpha$ -demethylase (cytochrome P450 [CYP450]) enzyme which blocks methylation of lanosterol to ergosterol. Depletion of sterol leads to cell death.

### Objectives

- The main objective of study is to formulate and evaluate Econazole nitrate Nanoemulsion.
- To reduce dose frequency and side effect.
- To increase the solubility of econazole nitrate.
- To increase therapeutic effect.

## II. MATERIAL AND METHOD

Econazole nitrate sample is received from, Aarti pharmaceutical Pvt, Ltd. Mumbai, Tween 80, Propylene glycol are purchased from, Modern Industries Malegaon-sinnar, Dist-Nashik, and oleic acid purchased from, Research-lab finechem Industries, Mumbai 400002.

### Methods

#### Determination of melting points

Melting points of drug is determined by using capillary method. Drug is filled into capillary tube upto the height of 3 mm by sealing its one end. The capillary is introduced into the digital melting points apparatus and the points at which the drug starts melting not that point until the sample gets melted.

**Solubility study:** For the purpose of solubility, beyond saturation additional amount of drug is added in the solvent (either aqueous or non-aqueous) at room temperature and kept for 24 hrs. with reshaking. The supernatant was taken and evaluated by using Shimadzu UV 1800 double beam spectrophotometer.

**Identification of drug by FTIR:** The pure drug is mixed with IR grade solvent in a proper ratio and applying pressure on IR plate. The sample of drug is then scan over the range of 4000-400  $\text{cm}^{-1}$  in Perkin Elmer FTIR spectrometer. FTIR spectrum of Econazole nitrate shows the presence of the peaks which complies with the reference spectra.

#### Identification of drug by UV spectroscopy: A) standard stock solution

Exactly 100 mg of econazole nitrate was weighed and transferred to 100 ml volumetric flask. 70 ml of methanol was added and stirred until dissolved completely. Volume was made up to 100 ml with same solvent to obtain final concentration of 1000 mg/ml.

#### B) working stock solution

Standard stock solution was further diluted to get working stock solution of 100 mg/ml by pipetting out accurately 1 ml from the standard stock and diluted up to 10 ml with methanol. A series of dilution were made from the working stock solution of 100 mg/ml by pipetting out 0.5, 1, 1.5, 2, 2.5 ml respectively into separate 10 ml volumetric flask and diluted up to 10 ml with methanol to

produce concentration ranging from 5-25 mg/ml. the absorbance was measured with help of uv spectrometer at 271 nm against blank (methanol).

#### Drug excipient compatibility study

To determine the compatibility of drug with excipients, drug excipients study was carried out. Drug and excipient with ratio of 1:1 w/w was filled in the amber colored glass vials and sealed with aluminum cap. Sealed vial were kept at  $40^\circ\text{C} \pm 2^\circ\text{C} / 75\% \text{ RH} \pm 5\%$  for seven days in desiccator and desiccator filled with saturated solution of sodium chloride. It was kept in hot air oven for 7 days. The control and test samples were examined by FT-IR method and studied for any interactions that may occur between drug and excipient.

#### Construction of pseudo-ternary phase diagrams

Pseudo ternary phase diagram were constructed to determine the region of nanoemulsion existence and to study the effect of various surfactant/co-surfactant weight ratio on the extent of a stable nanoemulsion region. Water titration method was used to construct pseudo-ternary phase diagram. The optimized formulations are selected using centroid of nanoemulsion region. Various region of oil to surfactant-cosurfactant ratio were used. Three phase pseudo-ternary phase diagram were constructed for different surfactant-cosurfactant ratio of (1:1) and (2:1) by water titration method. For construction of each phase diagram oil, surfactant, and cosurfactant mixture were prepared. These mixtures were kept on magnetic stirrer at room temperature and water was added drop by drop. while adding water, a point is achieved where system becomes turbid that reading was noted. The % quantity of all ingredients were calculated for each diagram and pseudo-ternary phase diagrams were reconstructed. The physical data is plotted on a pseudo-three-component phase diagram with each axis represent the aqueous phase, oil phase, and third surfactant-cosurfactant ratio.

#### Preparation of econazole

**nitrate nanoemulsion by ultrasonic probe sonicator**  
Nanoemulsions (o/w) were prepared by ultrasonic probe sonicator. For this econazole nitrate 1%, oil 6%, surfactant-cosurfactant ratio of 30% (1:1), 35% (1:1), 30% (2:1), 35% (2:1), and distilled water with various concentrations were used. Accurately weighed 1% of Econazole nitrate and oleic acid oil 6%, were dissolved by using sonicator for 30 min at temperature  $40^\circ\text{C}$ . Tween 80 as surfactant was added to above mixture and dissolved by sonicator for 10 min at  $40^\circ\text{C}$ , similarly propylene

glycol added as co-surfactant. Water is added with continuous stirring, the solution was placed for homogenization process using probe sonicator. Total

time required to obtain complete transparent econazole nitrate nanoemulsion is 15-20 min.

Table 1 :Formulation of nanoemulsion

Srno	Formulations	Oil (%)	(Smix) (Tween80:PropyleneGlycol)	Water(%)	Drug(%)
1	ECZNE1	6	30%(1:1)	63%	1
2	ECZNE2	6	35%(1:1)	58%	1
3	ECZNE3	6	40%(1:1)	53%	1
4	ECZNE4	6	30%(2:1)	63%	1
5	ECZNE5	6	35%(2:1)	58%	1
6	ECZNE6	6	40%(2:1)	53%	1

### III. EVALUATION OF NANOEMULSION

#### Thermodynamic stability

Manufacturing batches of nanoemulsion is subjected to different stability tests.

#### Centrifugation

Prepared formulations were centrifuged for 30 min at 5000 rpm using centrifuge. And phase separation was analyzed visually. The formulation that did not undergo phase separation were selected for further tests.

#### Thermal-stability of nanoemulsion

Stability of optimized formulations were detected by placing the solution in amber color borosil vials at three different temperatures i.e., 4, 25, and 45°C in temperature-controlled oven for the duration of 48 hours. Samples were removed periodically for assessment to detect any physical changes like coalescence, clarity, and turbidity etc.

#### Clarity/dispersibility test

2 ml of each formulation was added to 500 ml of distilled water and 0.1 N HCL (separately) in USP dissolution apparatus (type 2). Temperature was maintained at  $37 \pm 0.5^\circ\text{C}$  and the speed of paddle was adjusted to 50 rpm for gentle agitation. The result of the in vitro performance of formulation was checked visually for any precipitation/turbidity. The formulations were examined by comparing it

using grades system.

#### Drug content

10 mg of equivalent of drug loaded nanoemulsion was diluted in 100 ml of solvent (methanol).

From this stock solution 1 ml is withdrawn and diluted with 10 ml of solvent (methanol). The absorbance was measured at 271 nm by UV spectroscopy and drug content is calculated by using the equation obtained from linear regression analysis of calibration curve.

#### In-vitro drug release

The formulations were placed on the surface of cellophane membrane which was placed between donor and receptor compartment of the Franz diffusion cell. Diffusion studies are carried out at  $37 \pm 1^\circ\text{C}$  using phosphate buffer (pH 7.4) as the dissolution medium. The whole assembly was kept on a magnetic stirrer and the solution was stirred continuously using magnetic bar. 5 ml of each sample was withdrawn periodically at 0.5, 1, 1.5, 2, 2.5, 3, 3.5, 4, 4.5, 5, 5.5, and 6 hrs. and each sample replaced with equal volume of fresh dissolution medium in order to maintain sink condition. Samples are analyzed by UV-spectrophotometer at 271 nm for drug release.

#### Measurement of pH

1 gram of nanoemulsion is dissolved in 100 ml of distilled water and pH was measured. The measurement of pH was taken in triplicate.

#### IV. RESULT AND DISCUSSION

##### Measurement of viscosity

Viscosity of formulation was determined by Brookfield viscometer.

##### Organoleptic properties

Organoleptic properties of Econazole nitrate are found to be similar to standard

Identification test	Observed result	Reported standard
Appearance	Amorphous	Amorphous
Colour	White	White
Odour	Odourless	Odourless

Table 2: Organoleptic properties of econazole nitrate

##### Melting point determination

The melting point of econazole nitrate was found to be 162°C which complies with melting range of standard 160-162°C.

##### Solubility

Solubility of econazole nitrate was found to be in different solvents given below.

Table 3: Solubility of econazole nitrate in different solvents

Sr.no	Solvent system	Standard	Observed
1	Methanol	Freely soluble	Freely soluble
1	Ethanol	Freely soluble	Freely soluble
3	Tween 80	Soluble	Soluble
4	Oleic acid	Soluble	Soluble
5	Propylene Glycol	Soluble	Soluble
6	Water	Slightly soluble	Slightly soluble
7	Chloroform	Insoluble	Insoluble

##### Identification of drug by UV spectroscopy

Table 4: Standard calibration curve of Econazole nitrate in methanol

Concentration	Absorbance
2	0.034
4	0.104
6	0.198
8	0.281
10	0.374

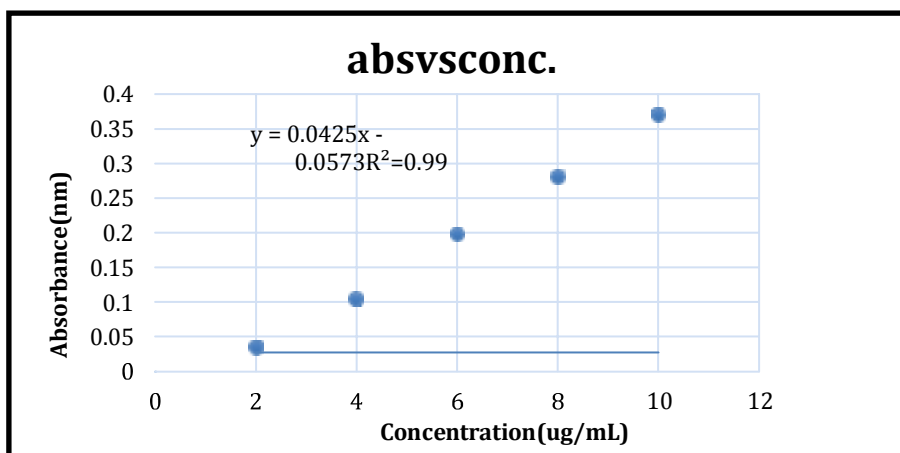


Fig1: Standard calibration curve of Econazole nitrate in methanol

Determination of drug excipient compatibility study

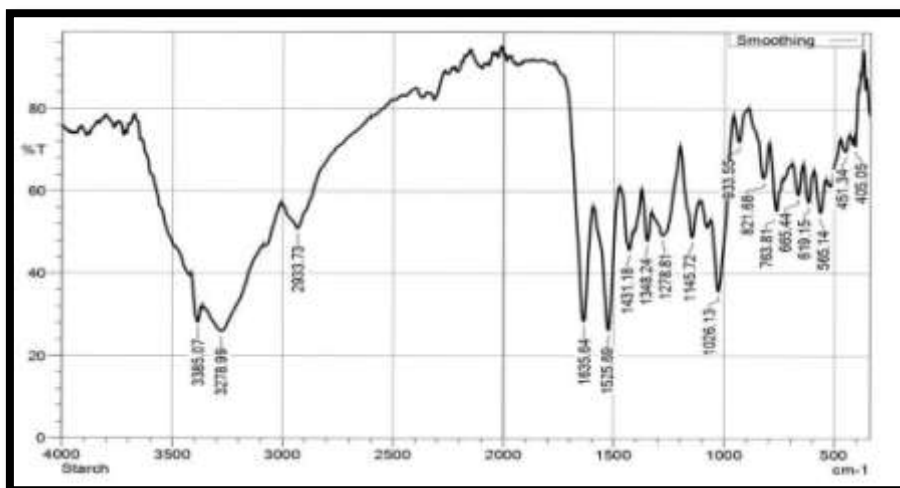


Fig2: FTIR of Econazole nitrate

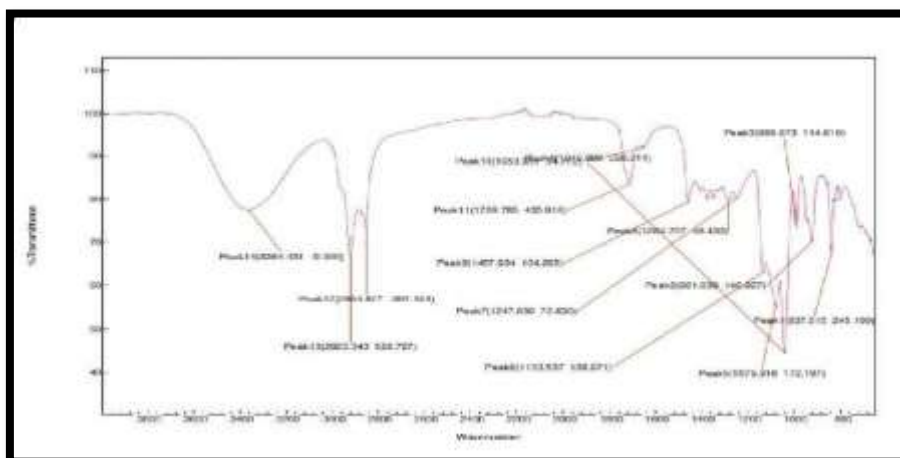


Fig3: FTIR of Econazole nitrate + oleic acid, Tween 80, Propylene glycol

After FTIR study functional group of drugs shows sharp peak at standard range. There is no change in spectra of drug with all excipients. Hence, Econazole nitrate is compatible with all excipients.

### Thermodynamic stability

Table 5: Observation of thermodynamic stability

Formulation code	Thermal-stability	Centrifugation
F1	Stable	No phase separation
F2	stable	No phase separation
F3	Not stable	phase separation
F4	stable	No phase separation
F5	stable	No phase separation
F6	Not stable	phase separation

After thermodynamic stability testing it was observed that formulation F1, F2, F4 and F5 are the stable mix ratios as they didn't show phase separation after thermodynamic stability tests. Hence, formulation F1, F2, F4, and F5 were selected for further tests with formulation code ECZNEI, ECZNEII, ECZNEIII, ECZNEIV.

### Clarity/dispersibility test

Table 6: Observation of clarity test

Formulation code	Visual observation	Grade	% Transmittance (420 nm)
ECZNEI	Disperse within 1 min and appear to be clear	A	93.75
ECZNE II	Disperse within 1 min and appear to be clear	A	85.31
ECZNEIII	Disperse within 1 min and appear to be clear	A	85.90
ECZNEIV	Disperse within 1 min and appear to be clear	A	88.51

### pH, Viscosity and % Drug content

Table 7: Characterization of nanoemulsion

Formulation code	pH	Viscosity (cp)	Drug content (%)
ECZNEI	6.2	1121.14	84.54
ECZNEII	5.9	1050.45	88.07
ECZNEIII	6.4	990.76	89
ECZNEIV	6.1	1020.48	88.16

pH of prepared nanoemulsion formulations was found in range of 5.9–6.4 and tabulated in table 7. The mean average viscosity was found to be 1000 to 1200 cp. ECZNEIII shows significant viscosity and highest % drug content value tabulated in table 7.

**In-vitro drug release**

Table 8: In-vitro drug release in (%)

Time in hours	ECZNE I	ECZNE II	ECZNE III	ECZNE IV	Marketed product
0.5	5.85	5.26	4.9	6.27	3.21
1	9.77	8.59	11.86	10.86	7.08
1.5	16.04	14.19	16.29	14.43	12.88
2	27.75	22.37	28.04	29.35	17.40
2.5	35.13	28.02	34.22	31.16	22.30
3	46.22	40.38	43.22	42.06	28.90
3.5	57.60	52.61	56.12	53.89	36.40
4	66.30	63.26	68.05	64.27	44.70
4.5	71.56	72.11	76.19	74.58	51.12
5	77.23	76.47	80.16	78.66	56.89
5.5	83.74	81.63	84.92	80.52	64.29
6	90.33	89.96	94.70	92.23	67.32

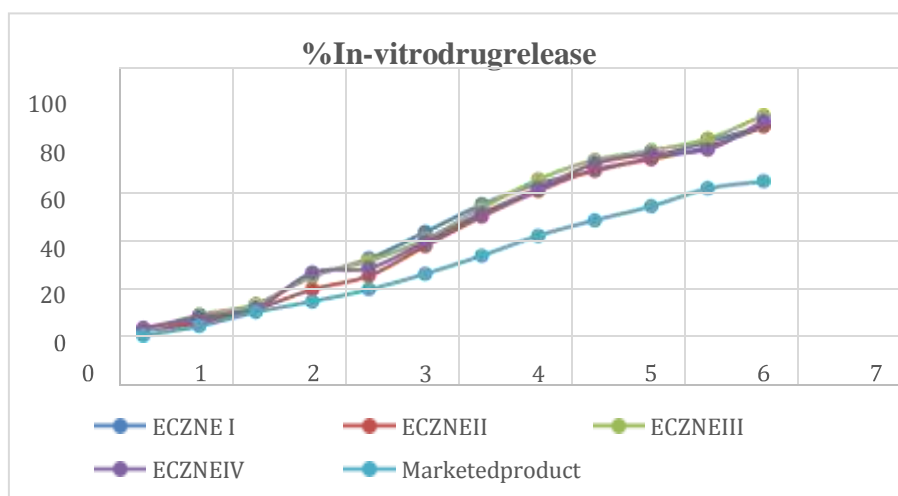


Fig 4: % In-vitro drug release

Result of in vitro drug release from different formulations are tabulated in **Table 8** and graphically shows in **fig.4**. All optimized batches show better drug release profile than marketed

formulation. The prepared formulation batch **ECZNE III** shows the better drug release profile as compared to other preparation ECZNE I, ECZNE II, and ECZNE IV.

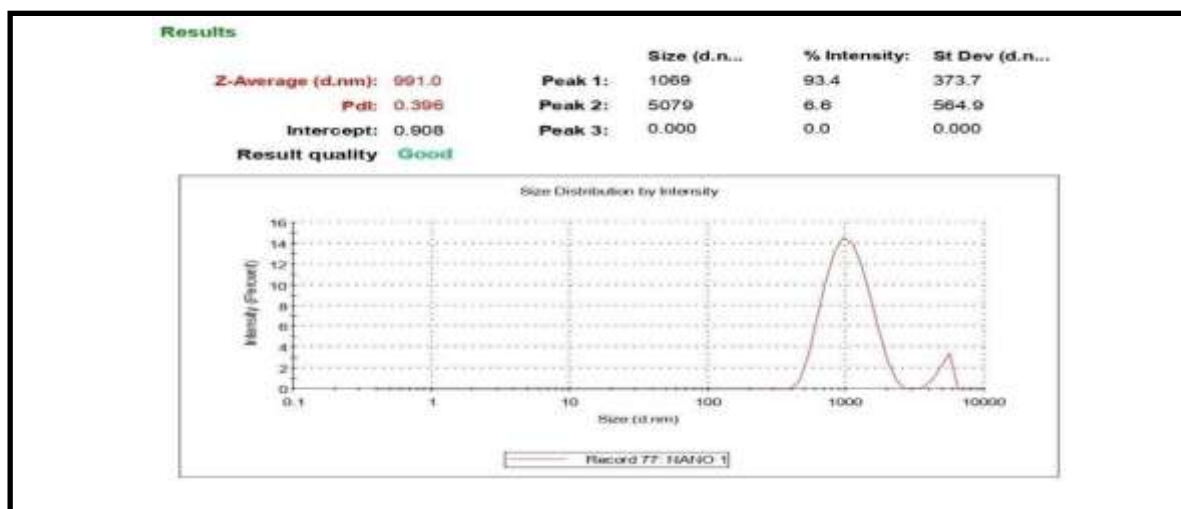


Fig5 :PdioptimizedbatchECZNE III

On the basis of nature of nanoemulsion formulation for the optimized batch ECZNE III was showed midrange Monodispersibility standard within range of polydispersity index (0.08-0.8). Hence the optimized batch of nanoemulsion is considered as stable.

### V. CONCLUSION

Econazole nitrate nanoemulsion was formulated and evaluated for topical treatment of superficial fungal infection. The optimized formulation **ECZNE III** showed good result as thermodynamic stability was found to be in standard, clear nanoemulsion, drug content 89%, drug release 94.70%, pH 6.4, viscosity 990.76 cp, pdi 0.396. Greater drug release profile in comparison with marketed formulation shows no change in physical characteristic over three-month period. Thus, main objective of this research was achieved.

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